

Resultater fra Saltenkarusell 8, Keiservarden downhill 17.08.2010

Det var totalt 50 startende.

Klasse A 4,0 km

34 påmeldt, 34 startende

1	Arild Hegreberg	Bodø og Omegn IF					(9,53min/km)		38:08	
	1:08 (2)	3:35 (2)	5:32 (2)	8:14 (2)	12:10 (2)	15:26 (2)	17:18 (2)	18:29 (2)	21:13 (2)	24:37 (2)
	1:08/41	2:27/42	1:57/43	2:42/44	3:56/45	3:16/46	1:52/47	1:11/48	2:44/49	3:24/50
	+0:05 (2)	+0:02 (2)	+0:18 (2)	+0:13 (3)	+0:00 (1)	+0:54 (9)	+0:13 (3)	+0:15 (3)	+0:03 (2)	+0:00 (1)
	27:25 (2)	33:09 (1)	35:29 (1)	37:08 (1)	38:08 (1)					
	2:48/51	5:44/52	2:20/53	1:39/54	1:00/150					
	+0:00 (1)	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:07 (4)					
2	Petter Jakola	Bodø og Omegn IF					(9,65min/km)		38:37 (+0:29)	
	1:03 (1)	3:28 (1)	5:07 (1)	7:36 (1)	11:57 (1)	14:19 (1)	15:58 (1)	16:54 (1)	19:35 (1)	23:32 (1)
	1:03/41	2:25/42	1:39/43	2:29/44	4:21/45	2:22/46	1:39/47	0:56/48	2:41/49	3:57/50
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:25 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:33 (4)
	26:54 (1)	33:21 (2)	35:38 (2)	37:29 (2)	38:37 (2)					
	3:22/51	6:27/52	2:17/53	1:51/54	1:08/150					
	+0:34 (8)	+0:43 (2)	+0:00 (1)	+0:12 (7)	+0:15 (10)					
3	Håvard Berg	Tverlandet IL					(10,50min/km)		42:01 (+3:53)	
	1:17 (6)	3:45 (3)	5:59 (3)	8:56 (3)	13:36 (5)	16:08 (3)	18:02 (3)	19:15 (3)	22:14 (3)	26:21 (3)
	1:17/41	2:28/42	2:14/43	2:57/44	4:40/45	2:32/46	1:54/47	1:13/48	2:59/49	4:07/50
	+0:14 (6)	+0:03 (3)	+0:35 (4)	+0:28 (4)	+0:44 (5)	+0:10 (2)	+0:15 (4)	+0:17 (4)	+0:18 (7)	+0:43 (6)
	29:34 (3)	36:45 (3)	39:09 (3)	40:56 (3)	42:01 (3)					
	3:13/51	7:11/52	2:24/53	1:47/54	1:05/150					
	+0:25 (6)	+1:27 (4)	+0:07 (3)	+0:08 (4)	+0:12 (7)					
4	Aviaja Kleist	Bodø og Omegn IF					(11,94min/km)		47:45 (+9:37)	
	1:22 (9)	4:33 (8)	7:30 (10)	10:45 (10)	15:40 (9)	18:41 (5)	21:34 (7)	22:55 (6)	25:46 (4)	30:10 (4)
	1:22/41	3:11/42	2:57/43	3:15/44	4:55/45	3:01/46	2:53/47	1:21/48	2:51/49	4:24/50
	+0:19 (9)	+0:46 (10)	+1:18 (18)	+0:46 (10)	+0:59 (9)	+0:39 (4)	+1:14 (15)	+0:25 (5)	+0:10 (4)	+1:00 (8)
	33:16 (4)	42:03 (4)	44:39 (4)	46:43 (4)	47:45 (4)					
	3:06/51	8:47/52	2:36/53	2:04/54	1:02/150					
	+0:18 (5)	+3:03 (16)	+0:19 (6)	+0:25 (16)	+0:09 (5)					
5	Eirill Pettersen Buvik	Bodø og Omegn IF					(12,15min/km)		48:37 (+10:29)	
	1:12 (4)	3:59 (5)	6:22 (5)	9:34 (6)	16:11 (11)	19:06 (7)	21:28 (6)	22:53 (5)	26:02 (5)	31:06 (6)
	1:12/41	2:47/42	2:23/43	3:12/44	6:37/45	2:55/46	2:22/47	1:25/48	3:09/49	5:04/50
	+0:09 (4)	+0:22 (6)	+0:44 (7)	+0:43 (8)	+2:41 (20)	+0:33 (3)	+0:43 (7)	+0:29 (7)	+0:28 (8)	+1:40 (13)
	34:52 (6)	42:33 (5)	45:26 (5)	47:26 (5)	48:37 (5)					
	3:46/51	7:41/52	2:53/53	2:00/54	1:11/150					
	+0:58 (15)	+1:57 (8)	+0:36 (12)	+0:21 (14)	+0:18 (13)					
6	Jakob Kalvig Skogan	Bodø og Omegn IF					(12,22min/km)		48:52 (+10:44)	
	1:18 (8)	5:02 (15)	7:44 (15)	10:56 (12)	15:36 (8)	21:33 (16)	24:36 (14)	26:23 (14)	29:51 (12)	33:55 (10)
	1:18/41	3:44/42	2:42/43	3:12/44	4:40/45	5:57/46	3:03/47	1:47/48	3:28/49	4:04/50
	+0:15 (8)	+1:19 (18)	+1:03 (13)	+0:43 (8)	+0:44 (5)	+3:35 (21)	+1:24 (17)	+0:51 (15)	+0:47 (11)	+0:40 (5)
	36:48 (10)	43:40 (8)	46:15 (7)	47:58 (7)	48:52 (6)					
	2:53/51	6:52/52	2:35/53	1:43/54	0:54/150					
	+0:05 (3)	+1:08 (3)	+0:18 (5)	+0:04 (2)	+0:01 (2)					
7	Jan Erik Paulsen	Bodø og Omegn IF					(12,24min/km)		48:58 (+10:50)	
	1:12 (4)	4:55 (12)	7:22 (9)	10:21 (9)	15:08 (7)	19:19 (8)	21:09 (5)	22:55 (6)	27:05 (7)	30:44 (5)
	1:12/41	3:43/42	2:27/43	2:59/44	4:47/45	4:11/46	1:50/47	1:46/48	4:10/49	3:39/50
	+0:09 (4)	+1:18 (17)	+0:48 (10)	+0:30 (7)	+0:51 (7)	+1:49 (15)	+0:11 (2)	+0:50 (13)	+1:29 (15)	+0:15 (2)
	33:34 (5)	43:23 (6)	46:04 (6)	47:55 (6)	48:58 (7)					
	2:50/51	9:49/52	2:41/53	1:51/54	1:03/150					
	+0:02 (2)	+4:05 (20)	+0:24 (8)	+0:12 (7)	+0:10 (6)					
8	Lay Martin Hafstad	Byåsen IL					(12,32min/km)		49:17 (+11:09)	
	1:29 (14)	4:49 (11)	7:34 (11)	10:55 (11)	16:55 (14)	19:56 (11)	22:23 (9)	24:04 (9)	27:20 (8)	31:57 (7)
	1:29/41	3:20/42	2:45/43	3:21/44	6:00/45	3:01/46	2:27/47	1:41/48	3:16/49	4:37/50
	+0:26 (14)	+0:55 (12)	+1:06 (14)	+0:52 (11)	+2:04 (16)	+0:39 (4)	+0:48 (9)	+0:45 (10)	+0:35 (9)	+1:13 (9)
	35:26 (7)	43:31 (7)	46:24 (8)	48:08 (8)	49:17 (8)					

3:29/51	8:05/52	2:53/53	1:44/54	1:09/150						
+0:41 (11)	+2:21 (12)	+0:36 (12)	+0:05 (3)	+0:16 (12)						
9	Per Arne Engstad		BUL Tromsø		(12,45min/km)		49:47	(+11:39)		
1:24 (12)	4:10 (6)	6:33 (7)	10:02 (7)	14:56 (6)	18:02 (4)	20:10 (4)	22:30 (4)	26:08 (6)	32:41 (9)	
1:24/41	2:46/42	2:23/43	3:29/44	4:54/45	3:06/46	2:08/47	2:20/48	3:38/49	6:33/50	
+0:21 (12)	+0:21 (5)	+0:44 (7)	+1:00 (12)	+0:58 (8)	+0:44 (6)	+0:29 (5)	+1:24 (19)	+0:57 (12)	+3:09 (21)	
35:40 (8)	43:40 (9)	46:32 (9)	48:32 (9)	49:47 (9)						
2:59/51	8:00/52	2:52/53	2:00/54	1:15/150						
+0:11 (4)	+2:16 (10)	+0:35 (10)	+0:21 (14)	+0:22 (18)						
10	Bjørn Godal		Bodø og Omegn IF		(12,59min/km)		50:22	(+12:14)		
1:23 (10)	4:10 (6)	6:26 (6)	9:07 (5)	13:32 (3)	19:30 (9)	24:08 (13)	25:31 (11)	28:29 (9)	34:08 (11)	
1:23/41	2:47/42	2:16/43	2:41/44	4:25/45	5:58/46	4:38/47	1:23/48	2:58/49	5:39/50	
+0:20 (10)	+0:22 (6)	+0:37 (5)	+0:12 (2)	+0:29 (3)	+3:36 (22)	+2:59 (26)	+0:27 (6)	+0:17 (5)	+2:15 (17)	
37:22 (11)	44:37 (10)	47:32 (10)	49:28 (10)	50:22 (10)						
3:14/51	7:15/52	2:55/53	1:56/54	0:54/150						
+0:26 (7)	+1:31 (5)	+0:38 (14)	+0:17 (11)	+0:01 (2)						
11	Lars Reitan		Bodø og Omegn IF		(12,69min/km)		50:45	(+12:37)		
1:17 (6)	3:57 (4)	6:06 (4)	9:03 (4)	13:32 (3)	18:56 (6)	23:00 (10)	25:52 (12)	28:38 (10)	32:29 (8)	
1:17/41	2:40/42	2:09/43	2:57/44	4:29/45	5:24/46	4:04/47	2:52/48	2:46/49	3:51/50	
+0:14 (6)	+0:15 (4)	+0:30 (3)	+0:28 (4)	+0:33 (4)	+3:02 (19)	+2:25 (25)	+1:56 (26)	+0:05 (3)	+0:27 (3)	
36:44 (9)	44:47 (11)	47:44 (11)	49:31 (11)	50:45 (11)						
4:15/51	8:03/52	2:57/53	1:47/54	1:14/150						
+1:27 (20)	+2:19 (11)	+0:40 (15)	+0:08 (4)	+0:21 (15)						
12	Roy Solbakk		Valnesfjord IL		(13,23min/km)		52:56	(+14:48)		
1:39 (17)	4:43 (9)	7:09 (8)	10:07 (8)	15:43 (10)	20:28 (12)	26:48 (18)	27:51 (18)	30:49 (14)	35:57 (14)	
1:39/41	3:04/42	2:26/43	2:58/44	5:36/45	4:45/46	6:20/47	1:03/48	2:58/49	5:08/50	
+0:36 (17)	+0:39 (8)	+0:47 (9)	+0:29 (6)	+1:40 (12)	+2:23 (17)	+4:41 (28)	+0:07 (2)	+0:17 (5)	+1:44 (15)	
39:29 (14)	46:50 (13)	49:57 (13)	52:03 (13)	52:56 (12)						
3:32/51	7:21/52	3:07/53	2:06/54	0:53/150						
+0:44 (12)	+1:37 (6)	+0:50 (16)	+0:27 (17)	+0:00 (1)						
13	Per Rekkedal		Bodø og Omegn IF		(13,27min/km)		53:06	(+14:58)		
1:26 (13)	4:57 (13)	8:00 (17)	11:52 (17)	17:53 (17)	21:00 (14)	23:55 (12)	25:23 (10)	29:36 (11)	34:23 (13)	
1:26/41	3:31/42	3:03/43	3:52/44	6:01/45	3:07/46	2:55/47	1:28/48	4:13/49	4:47/50	
+0:23 (13)	+1:06 (14)	+1:24 (20)	+1:23 (17)	+2:05 (17)	+0:45 (7)	+1:16 (16)	+0:32 (8)	+1:32 (17)	+1:23 (10)	
38:20 (13)	47:01 (14)	49:53 (12)	51:52 (12)	53:06 (13)						
3:57/51	8:41/52	2:52/53	1:59/54	1:14/150						
+1:09 (17)	+2:57 (15)	+0:35 (10)	+0:20 (13)	+0:21 (15)						
14	Torkel J. K. Irgens		Bodø og Omegn IF		(13,39min/km)		53:34	(+15:26)		
1:44 (20)	5:29 (21)	8:29 (19)	12:33 (19)	18:21 (19)	22:28 (18)	24:54 (16)	26:37 (15)	29:57 (13)	34:08 (12)	
1:44/41	3:45/42	3:00/43	4:04/44	5:48/45	4:07/46	2:26/47	1:43/48	3:20/49	4:11/50	
+0:41 (20)	+1:20 (19)	+1:21 (19)	+1:35 (19)	+1:52 (14)	+1:45 (14)	+0:47 (8)	+0:47 (11)	+0:39 (10)	+0:47 (7)	
37:53 (12)	46:29 (12)	50:00 (14)	52:29 (14)	53:34 (14)						
3:45/51	8:36/52	3:31/53	2:29/54	1:05/150						
+0:57 (14)	+2:52 (14)	+1:14 (21)	+0:50 (20)	+0:12 (7)						
15	Tore Jakola		Bodø og Omegn IF		(14,42min/km)		57:40	(+19:32)		
1:23 (10)	4:59 (14)	7:39 (13)	11:14 (13)	17:26 (15)	20:59 (13)	23:40 (11)	26:14 (13)	31:00 (15)	35:59 (15)	
1:23/41	3:36/42	2:40/43	3:35/44	6:12/45	3:33/46	2:41/47	2:34/48	4:46/49	4:59/50	
+0:20 (10)	+1:11 (15)	+1:01 (12)	+1:06 (14)	+2:16 (18)	+1:11 (11)	+1:02 (11)	+1:38 (21)	+2:05 (22)	+1:35 (11)	
40:36 (16)	50:27 (15)	53:48 (15)	56:18 (15)	57:40 (15)						
4:37/51	9:51/52	3:21/53	2:30/54	1:22/150						
+1:49 (22)	+4:07 (21)	+1:04 (19)	+0:51 (21)	+0:29 (21)						
16	Heidi Mørkved		Bodø og Omegn IF		(14,56min/km)		58:14	(+20:06)		
1:10 (3)	5:18 (19)	7:49 (16)	12:21 (18)	18:05 (18)	23:51 (19)	27:06 (19)	29:53 (20)	34:18 (19)	40:13 (18)	
1:10/41	4:08/42	2:31/43	4:32/44	5:44/45	5:46/46	3:15/47	2:47/48	4:25/49	5:55/50	
+0:07 (3)	+1:43 (23)	+0:52 (11)	+2:03 (21)	+1:48 (13)	+3:24 (20)	+1:36 (21)	+1:51 (23)	+1:44 (18)	+2:31 (18)	
43:46 (18)	52:52 (17)	55:19 (16)	57:07 (16)	58:14 (16)						
3:33/51	9:06/52	2:27/53	1:48/54	1:07/150						
+0:45 (13)	+3:22 (17)	+0:10 (4)	+0:09 (6)	+0:14 (9)						
17	Jan Fredrik Prytz		Bodø og Omegn IF		(14,59min/km)		58:21	(+20:13)		
1:29 (14)	5:17 (18)	7:37 (12)	11:23 (14)	16:52 (13)	21:32 (15)	24:36 (14)	27:12 (17)	34:42 (20)	41:26 (20)	

1:29/41	3:48/42	2:20/43	3:46/44	5:29/45	4:40/46	3:04/47	2:36/48	7:30/49	6:44/50
+0:26 (14)	+1:23 (20)	+0:41 (6)	+1:17 (15)	+1:33 (11)	+2:18 (16)	+1:25 (18)	+1:40 (22)	+4:49 (26)	+3:20 (22)
45:14 (19)	52:39 (16)	55:21 (17)	57:13 (17)	58:21 (17)					
3:48/51	7:25/52	2:42/53	1:52/54	1:08/150					
+1:00 (16)	+1:41 (7)	+0:25 (9)	+0:13 (9)	+0:15 (10)					
18 Anne Marthe Limstrand	Bodø og Omegn IF					(14,97min/km)	59:53 (+21:45)		
1:38 (16)	4:47 (10)	7:42 (14)	11:30 (15)	16:43 (12)	19:51 (10)	22:12 (8)	23:49 (8)	31:48 (17)	39:16 (17)
1:38/41	3:09/42	2:55/43	3:48/44	5:13/45	3:08/46	2:21/47	1:37/48	7:59/49	7:28/50
+0:35 (16)	+0:44 (9)	+1:16 (16)	+1:19 (16)	+1:17 (10)	+0:46 (8)	+0:42 (6)	+0:41 (9)	+5:18 (27)	+4:04 (24)
43:18 (17)	53:22 (18)	56:31 (18)	58:27 (18)	59:53 (18)					
4:02/51	10:04/52	3:09/53	1:56/54	1:26/150					
+1:14 (18)	+4:20 (22)	+0:52 (17)	+0:17 (11)	+0:33 (22)					
19 Anders Kure	Bodø og Omegn IF					(15,28min/km)	1:01:07 (+22:59)		
1:48 (21)	5:07 (16)	8:52 (20)	13:24 (20)	19:46 (20)	26:39 (21)	29:22 (21)	31:36 (21)	36:21 (21)	41:25 (19)
1:48/41	3:19/42	3:45/43	4:32/44	6:22/45	6:53/46	2:43/47	2:14/48	4:45/49	5:04/50
+0:45 (21)	+0:54 (11)	+2:06 (23)	+2:03 (21)	+2:26 (19)	+4:31 (26)	+1:04 (13)	+1:18 (18)	+2:04 (21)	+1:40 (13)
46:47 (21)	54:46 (19)	57:56 (19)	59:51 (19)	1:01:07 (19)					
5:22/51	7:59/52	3:10/53	1:55/54	1:16/150					
+2:34 (24)	+2:15 (9)	+0:53 (18)	+0:16 (10)	+0:23 (19)					
20 Ivar Aanerød	Bodø og Omegn IF					(15,42min/km)	1:01:41 (+23:33)		
1:43 (18)	5:23 (20)	8:09 (18)	11:41 (16)	17:39 (16)	22:26 (17)	25:08 (17)	26:54 (16)	31:30 (16)	36:59 (16)
1:43/41	3:40/42	2:46/43	3:32/44	5:58/45	4:47/46	2:42/47	1:46/48	4:36/49	5:29/50
+0:40 (18)	+1:15 (16)	+1:07 (15)	+1:03 (13)	+2:02 (15)	+2:25 (18)	+1:03 (12)	+0:50 (13)	+1:55 (20)	+2:05 (16)
40:27 (15)	55:45 (21)	58:23 (20)	1:00:29 (20)	1:01:41 (20)					
3:28/51	15:18/52	2:38/53	2:06/54	1:12/150					
+0:40 (9)	+9:34 (27)	+0:21 (7)	+0:27 (17)	+0:19 (14)					
21 Marit Wenseth Kure	Bodø og Omegn IF					(15,80min/km)	1:03:13 (+25:05)		
1:50 (23)	5:50 (22)	10:06 (23)	15:23 (25)	22:48 (23)	26:49 (22)	29:39 (22)	32:30 (22)	36:41 (22)	41:44 (21)
1:50/41	4:00/42	4:16/43	5:17/44	7:25/45	4:01/46	2:50/47	2:51/48	4:11/49	5:03/50
+0:47 (23)	+1:35 (21)	+2:37 (25)	+2:48 (26)	+3:29 (24)	+1:39 (13)	+1:11 (14)	+1:55 (24)	+1:30 (16)	+1:39 (12)
45:51 (20)	55:15 (20)	58:50 (21)	1:01:29 (21)	1:03:13 (21)					
4:07/51	9:24/52	3:35/53	2:39/54	1:44/150					
+1:19 (19)	+3:40 (19)	+1:18 (22)	+1:00 (22)	+0:51 (27)					
22 Kenneth Viken	Tverlandet IL					(16,58min/km)	1:06:19 (+28:11)		
6:05 (28)	11:20 (28)	14:16 (28)	18:12 (27)	25:02 (25)	28:26 (24)	30:53 (23)	33:44 (24)	37:25 (24)	45:15 (23)
6:05/41	5:15/42	2:56/43	3:56/44	6:50/45	3:24/46	2:27/47	2:51/48	3:41/49	7:50/50
+5:02 (28)	+2:50 (28)	+1:17 (17)	+1:27 (18)	+2:54 (22)	+1:02 (10)	+0:48 (9)	+1:55 (24)	+1:00 (13)	+4:26 (25)
48:43 (23)	57:14 (22)	1:01:05 (22)	1:04:37 (22)	1:06:19 (22)					
3:28/51	8:31/52	3:51/53	3:32/54	1:42/150					
+0:40 (9)	+2:47 (13)	+1:34 (23)	+1:53 (28)	+0:49 (25)					
23 Arne Kristian Nordhei	Bodø og Omegn IF					(16,67min/km)	1:06:40 (+28:32)		
1:49 (22)	6:06 (23)	9:29 (21)	14:44 (22)	21:57 (22)	28:10 (23)	31:19 (24)	33:13 (23)	37:18 (23)	43:45 (22)
1:49/41	4:17/42	3:23/43	5:15/44	7:13/45	6:13/46	3:09/47	1:54/48	4:05/49	6:27/50
+0:46 (22)	+1:52 (24)	+1:44 (21)	+2:46 (25)	+3:17 (23)	+3:51 (24)	+1:30 (19)	+0:58 (16)	+1:24 (14)	+3:03 (20)
48:16 (22)	57:36 (23)	1:02:02 (23)	1:05:04 (23)	1:06:40 (23)					
4:31/51	9:20/52	4:26/53	3:02/54	1:36/150					
+1:43 (21)	+3:36 (18)	+2:09 (24)	+1:23 (25)	+0:43 (24)					
24 Joar Klæboe Henriksen	Bodø og Omegn IF					(18,27min/km)	1:13:06 (+34:58)		
1:43 (18)	5:09 (17)	9:32 (22)	14:16 (21)	21:01 (21)	24:43 (20)	27:52 (20)	29:37 (19)	34:08 (18)	49:53 (24)
1:43/41	3:26/42	4:23/43	4:44/44	6:45/45	3:42/46	3:09/47	1:45/48	4:31/49	15:45/50
+0:40 (18)	+1:01 (13)	+2:44 (26)	+2:15 (24)	+2:49 (21)	+1:20 (12)	+1:30 (19)	+0:49 (12)	+1:50 (19)	+12:21 (28)
55:24 (24)	1:05:45 (24)	1:09:13 (24)	1:11:52 (24)	1:13:06 (24)					
5:31/51	10:21/52	3:28/53	2:39/54	1:14/150					
+2:43 (25)	+4:37 (23)	+1:11 (20)	+1:00 (22)	+0:21 (15)					
25 Odd-Ivar Søvik	Bodø og Omegn IF					(20,43min/km)	1:21:43 (+43:35)		
2:34 (26)	7:17 (26)	10:58 (26)	17:28 (26)	25:02 (25)	31:07 (25)	34:41 (25)	38:18 (25)	44:06 (25)	55:49 (26)
2:34/41	4:43/42	3:41/43	6:30/44	7:34/45	6:05/46	3:34/47	3:37/48	5:48/49	11:43/50
+1:31 (26)	+2:18 (26)	+2:02 (22)	+4:01 (28)	+3:38 (25)	+3:43 (23)	+1:55 (22)	+2:41 (28)	+3:07 (24)	+8:19 (27)
1:00:54 (26)	1:12:15 (25)	1:16:41 (25)	1:19:50 (25)	1:21:43 (25)					
5:05/51	11:21/52	4:26/53	3:09/54	1:53/150					

+2:17 (23) +5:37 (24) +2:09 (24) +1:30 (26) +1:00 (28)

26 Ronny Johnsen	Bodø og Omegn IF					<i>(21,74min/km)</i>	1:26:57 (+48:49)		
2:15 (24)	6:33 (25)	10:33 (24)	14:47 (23)	30:48 (27)	37:16 (27)	41:18 (27)	44:17 (27)	50:24 (27)	58:55 (27)
2:15/41	4:18/42	4:00/43	4:14/44	16:01/45	6:28/46	4:02/47	2:59/48	6:07/49	8:31/50
+1:12 (24)	+1:53 (25)	+2:21 (24)	+1:45 (20)	+12:05 (28)	+4:06 (25)	+2:23 (24)	+2:03 (27)	+3:26 (25)	+5:07 (26)
1:04:37 (27)	1:18:42 (27)	1:23:31 (27)	1:25:40 (27)	1:26:57 (26)					
5:42/51	14:05/52	4:49/53	2:09/54	1:17/150					
+2:54 (26)	+8:21 (26)	+2:32 (26)	+0:30 (19)	+0:24 (20)					

27 Morten Selnes	Bodø og Omegn IF					<i>(21,76min/km)</i>	1:27:02 (+48:54)		
2:15 (24)	6:20 (24)	10:46 (25)	15:21 (24)	23:13 (24)	33:45 (26)	37:19 (26)	39:23 (26)	44:22 (26)	50:48 (25)
2:15/41	4:05/42	4:26/43	4:35/44	7:52/45	10:32/46	3:34/47	2:04/48	4:59/49	6:26/50
+1:12 (24)	+1:40 (22)	+2:47 (27)	+2:06 (23)	+3:56 (26)	+8:10 (28)	+1:55 (22)	+1:08 (17)	+2:18 (23)	+3:02 (19)
57:14 (25)	1:15:13 (26)	1:22:49 (26)	1:25:28 (26)	1:27:02 (27)					
6:26/51	17:59/52	7:36/53	2:39/54	1:34/150					
+3:38 (27)	+12:15 (28)	+5:19 (28)	+1:00 (22)	+0:41 (23)					

28 Ingun Arctander Jakola	Bodø og Omegn IF					<i>(23,74min/km)</i>	1:34:58 (+56:50)		
3:06 (27)	8:08 (27)	12:46 (27)	18:53 (28)	30:56 (28)	39:16 (28)	43:58 (28)	46:29 (28)	57:17 (28)	1:04:33 (28)
3:06/41	5:02/42	4:38/43	6:07/44	12:03/45	8:20/46	4:42/47	2:31/48	10:48/49	7:16/50
+2:03 (27)	+2:37 (27)	+2:59 (28)	+3:38 (27)	+8:07 (27)	+5:58 (27)	+3:03 (27)	+1:35 (20)	+8:07 (28)	+3:52 (23)
1:11:06 (28)	1:23:08 (28)	1:30:00 (28)	1:33:16 (28)	1:34:58 (28)					
6:33/51	12:02/52	6:52/53	3:16/54	1:42/150					
+3:45 (28)	+6:18 (25)	+4:35 (27)	+1:37 (27)	+0:49 (25)					

Anita Eriksen	Bodø og Omegn IF					<i>(18,67min/km)</i>	Disk (+36:32)		
1:34 (16)	5:31 (22)	8:25 (19)	12:12 (18)	22:25 (23)	37:41 (28)	40:24 (27)	42:37 (27)	46:29 (27)	52:13 (26)
1:34/41	3:57/42	2:54/43	3:47/44	10:13/45	15:16/46	2:43/47	2:13/48	3:52/49	5:44/50
+0:31 (16)	+1:32 (21)	+1:15 (16)	+1:18 (16)	+6:17 (27)	+12:54 (29)	+1:04 (13)	+1:17 (18)	+1:11 (14)	+2:20 (18)
57:17 (26)	1:06:48 (25)	1:11:17 (25)	1:13:30 (25)	1:14:40 (25)					
5:04/51	9:31/52	4:29/53	2:13/55	1:10/150					
+2:16 (23)	+3:47 (20)	+2:12 (26)	+0:34 (20)	+0:17 (13)					

Heidi Jensen	Bodø og Omegn IF					<i>(4,18min/km)</i>	Brutt		
2:13 (24)	6:37 (26)	11:06 (27)	16:42 (26)	16:42 (12)	16:42 (4)	16:42 (2)	16:42 (1)	16:42 (1)	16:42 (1)
2:13/41	4:24/42	4:29/43	5:36/44						
+1:10 (24)	+1:59 (26)	+2:50 (28)	+3:07 (27)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
16:42 (1)	16:42 (1)	16:42 (1)	16:42 (1)	16:42 (1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Geir Moen	Bodø og Omegn IF					<i>(0,00min/km)</i>	Brutt		
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)	(1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Tormod Skålvik	Bodø og Omegn IF					<i>(0,00min/km)</i>	Brutt		
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)	(1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Katrine Kalvig	Bodø og Omegn IF					<i>(7,94min/km)</i>	Brutt		
2:40 (27)	7:58 (27)	14:17 (29)	21:44 (29)	31:45 (29)	31:45 (26)	31:45 (25)	31:45 (22)	31:45 (17)	31:45 (7)
2:40/41	5:18/42	6:19/43	7:27/44	10:01/45					
+1:37 (27)	+2:53 (29)	+4:40 (29)	+4:58 (29)	+6:05 (27)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
31:45 (4)	31:45 (1)	31:45 (1)	31:45 (1)	31:45 (1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Carl B. Bjørseth	Bodø og Omegn IF					<i>(15,24min/km)</i>	Brutt (+22:50)		
2:10 (24)	6:32 (25)	10:49 (26)	15:59 (26)	26:22 (27)	31:52 (26)	34:59 (26)	37:17 (25)	44:47 (27)	58:28 (27)
2:10/41	4:22/42	4:17/43	5:10/44	10:23/45	5:30/46	3:07/47	2:18/48	7:30/49	13:41/54

+1:07 (24)	+1:57 (26)	+2:38 (26)	+2:41 (25)	+6:27 (27)	+3:08 (20)	+1:28 (19)	+1:22 (19)	+4:49 (26)	+10:17 (28)
1:00:58 (27)	1:00:58 (24)	1:00:58 (22)	1:00:58 (21)	1:00:58 (19)					
2:30/150									
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Klasse B 2,5 km

10 påmeldt, 10 startende

1 Erling Pedersen	SISO IL						(16,51min/km)		41:17	
1:56 (1)	6:10 (1)	10:14 (1)	14:21 (1)	16:11 (1)	20:25 (1)	34:54 (2)	37:53 (1)	39:58 (1)	41:17 (1)	
1:56/42	4:14/43	4:04/44	4:07/47	1:50/48	4:14/49	14:29/52	2:59/53	2:05/54	1:19/150	
+0:00 (1)	+0:19 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+7:19 (7)	+0:00 (1)	+0:00 (1)	+0:00 (1)	
2 Per Dalhaug	Bodø og Omegn IF						(17,52min/km)		43:48 (+2:31)	
2:32 (3)	6:29 (2)	11:06 (2)	17:46 (2)	21:54 (3)	28:04 (3)	36:40 (3)	39:58 (3)	42:19 (3)	43:48 (2)	
2:32/42	3:57/43	4:37/44	6:40/47	4:08/48	6:10/49	8:36/52	3:18/53	2:21/54	1:29/150	
+0:36 (3)	+0:02 (2)	+0:33 (2)	+2:33 (3)	+2:18 (4)	+1:56 (5)	+1:26 (3)	+0:19 (2)	+0:16 (2)	+0:10 (3)	
3 Morten Tjønndal	Bodø og Omegn IF						(17,79min/km)		44:28 (+3:11)	
2:51 (4)	6:46 (4)	12:16 (4)	17:58 (3)	21:35 (2)	27:08 (2)	34:47 (1)	38:40 (2)	42:02 (2)	44:28 (3)	
2:51/42	3:55/43	5:30/44	5:42/47	3:37/48	5:33/49	7:39/52	3:53/53	3:22/54	2:26/150	
+0:55 (4)	+0:00 (1)	+1:26 (4)	+1:35 (2)	+1:47 (3)	+1:19 (3)	+0:29 (2)	+0:54 (3)	+1:17 (6)	+1:07 (7)	
4 Karen Merete Bjørseth	Bodø og Omegn IF						(19,06min/km)		47:39 (+6:22)	
3:51 (5)	8:27 (5)	13:27 (5)	21:08 (4)	23:59 (4)	29:53 (4)	38:35 (4)	43:07 (4)	46:08 (4)	47:39 (4)	
3:51/42	4:36/43	5:00/44	7:41/47	2:51/48	5:54/49	8:42/52	4:32/53	3:01/54	1:31/150	
+1:55 (5)	+0:41 (5)	+0:56 (3)	+3:34 (4)	+1:01 (2)	+1:40 (4)	+1:32 (4)	+1:33 (5)	+0:56 (5)	+0:12 (4)	
5 Mariell Pedersen Eide	SISO IL						(21,51min/km)		53:47 (+12:30)	
2:30 (2)	6:39 (3)	12:15 (3)	28:10 (6)	32:51 (6)	38:15 (5)	45:25 (5)	49:51 (5)	52:21 (5)	53:47 (5)	
2:30/42	4:09/43	5:36/44	15:55/47	4:41/48	5:24/49	7:10/52	4:26/53	2:30/54	1:26/150	
+0:34 (2)	+0:14 (3)	+1:32 (5)	+11:48 (9)	+2:51 (6)	+1:10 (2)	+0:00 (1)	+1:27 (4)	+0:25 (3)	+0:07 (2)	
6 Regula Hösli	Bodø og Omegn IF						(24,63min/km)		1:01:35 (+20:18)	
5:07 (7)	10:59 (7)	17:33 (6)	27:16 (5)	32:10 (5)	40:21 (6)	52:23 (6)	57:02 (6)	59:53 (6)	1:01:35 (6)	
5:07/42	5:52/43	6:34/44	9:43/47	4:54/48	8:11/49	12:02/52	4:39/53	2:51/54	1:42/150	
+3:11 (7)	+1:57 (7)	+2:30 (6)	+5:36 (7)	+3:04 (7)	+3:57 (6)	+4:52 (6)	+1:40 (6)	+0:46 (4)	+0:23 (5)	
7 Esten S. Kringhaug	Bodø og Omegn IF						(31,14min/km)		1:17:51 (+36:34)	
5:09 (8)	11:18 (8)	21:42 (8)	30:52 (8)	36:43 (8)	49:02 (7)	1:05:17 (8)	1:10:39 (7)	1:15:14 (7)	1:17:51 (7)	
5:09/42	6:09/43	10:24/44	9:10/47	5:51/48	12:19/49	16:15/52	5:22/53	4:35/54	2:37/150	
+3:13 (8)	+2:14 (8)	+6:20 (9)	+5:03 (5)	+4:01 (9)	+8:05 (7)	+9:05 (9)	+2:23 (7)	+2:30 (8)	+1:18 (8)	
8 Anne Berit Vikhals	Bodø og Omegn IF						(31,73min/km)		1:19:20 (+38:03)	
4:07 (6)	9:58 (6)	18:15 (7)	29:33 (7)	33:55 (7)	54:14 (9)	1:04:54 (7)	1:11:45 (8)	1:17:14 (9)	1:19:20 (8)	
4:07/42	5:51/43	8:17/44	11:18/47	4:22/48	20:19/49	10:40/52	6:51/53	5:29/54	2:06/150	
+2:11 (6)	+1:56 (6)	+4:13 (7)	+7:11 (8)	+2:32 (5)	+16:05 (9)	+3:30 (5)	+3:52 (9)	+3:24 (9)	+0:47 (6)	
9 Adler S. Kringhaug	Bodø og Omegn IF						(31,85min/km)		1:19:38 (+38:21)	
6:07 (9)	12:54 (9)	22:48 (9)	32:09 (9)	37:52 (9)	50:21 (8)	1:06:33 (9)	1:11:56 (9)	1:16:27 (8)	1:19:38 (9)	
6:07/42	6:47/43	9:54/44	9:21/47	5:43/48	12:29/49	16:12/52	5:23/53	4:31/54	3:11/150	
+4:11 (9)	+2:52 (9)	+5:50 (8)	+5:14 (6)	+3:53 (8)	+8:15 (8)	+9:02 (8)	+2:24 (8)	+2:26 (7)	+1:52 (9)	
Martha Kalvig Skogan	Bodø og Omegn IF						(24,64min/km)		Brutt (+20:19)	
7:45 (10)	1:01:36 (10)	1:01:36 (10)	1:01:36 (10)	1:01:36 (10)	1:01:36 (10)	1:01:36 (7)	1:01:36 (7)	1:01:36 (7)	1:01:36 (7)	
7:45/42	53:51/150									
+5:49 (10)	+49:56 (10)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

Klasse Nybegynner 2,2 km

6 påmeldt, 6 startende

Oskar Bakke	Bodø og Omegn IF						(16,57min/km)		36:27	
1:12 (3)	6:39 (2)	15:51 (3)	18:50 (2)	25:38 (2)	32:24 (3)	34:52 (2)	36:27 (2)			
1:12/55	5:27/56	9:12/57	2:59/58	6:48/59	6:46/60	2:28/61	1:35/150			
+0:06 (3)	+1:43 (2)	+3:37 (4)	+0:02 (2)	+0:16 (3)	+1:36 (2)	+0:03 (2)	+0:00 (1)			
Lene Johnsen Ikdahl	Bodø og Omegn IF						(27,35min/km)		1:00:10	
3:22 (5)	11:32 (5)	25:09 (5)	29:46 (4)	41:20 (4)	49:39 (4)	56:08 (5)	1:00:10 (5)			
3:22/55	8:10/56	13:37/57	4:37/58	11:34/59	8:19/60	6:29/61	4:02/150			
+2:16 (5)	+4:26 (5)	+8:02 (5)	+1:40 (4)	+5:02 (6)	+3:09 (5)	+4:04 (6)	+2:27 (5)			

Trygve Bø Kongsbakk			Bodø og Omegn IF			<i>(16,53min/km)</i>		36:22
1:06 (1)	6:39 (2)	15:46 (2)	18:43 (1)	25:29 (1)	32:18 (2)	34:43 (1)	36:22 (1)	
1:06/55	5:33/56	9:07/57	2:57/58	6:46/59	6:49/60	2:25/61	1:39/150	
+0:00 (1)	+1:49 (3)	+3:32 (3)	+0:00 (1)	+0:14 (2)	+1:39 (4)	+0:00 (1)	+0:04 (2)	
Sunniva Limstrand			Bodø og Omegn IF			<i>(17,27min/km)</i>		37:59
2:11 (4)	7:47 (4)	16:41 (4)	20:07 (3)	27:01 (3)	32:11 (1)	35:25 (3)	37:59 (3)	
2:11/55	5:36/56	8:54/57	3:26/58	6:54/59	5:10/60	3:14/61	2:34/150	
+1:05 (4)	+1:52 (4)	+3:19 (2)	+0:29 (3)	+0:22 (4)	+0:00 (1)	+0:49 (4)	+0:59 (4)	
Jens Pedersen			Bodø og Omegn IF			<i>(25,46min/km)</i>		56:01
1:10 (2)	4:54 (1)	10:29 (1)	38:28 (5)	45:00 (5)	51:46 (5)	54:18 (4)	56:01 (4)	
1:10/55	3:44/56	5:35/57	27:59/58	6:32/59	6:46/60	2:32/61	1:43/150	
+0:04 (2)	+0:00 (1)	+0:00 (1)	+25:02 (6)	+0:00 (1)	+1:36 (2)	+0:07 (3)	+0:08 (3)	
Anna Elisabeth Skålsvik			Bodø og Omegn IF			<i>(37,33min/km)</i>		1:22:07
3:26 (6)	25:42 (6)	41:57 (6)	48:41 (6)	1:00:03 (6)	1:11:08 (6)	1:15:32 (6)	1:22:07 (6)	
3:26/55	22:16/56	16:15/57	6:44/58	11:22/59	11:05/60	4:24/61	6:35/150	
+2:20 (6)	+18:32 (6)	+10:40 (6)	+3:47 (5)	+4:50 (5)	+5:55 (6)	+1:59 (5)	+5:00 (6)	