

# Resultater fra Saltenkarusell 3, Mørkvedbukta 20.05.2010

Det var totalt 100 deltagere.

## Klasse Nybegynner

29 påmeldt, 29 startende

Hamda Abdullah	Innstrandens IL	Disk
2:11 (19) 5:00 (22) 9:24 (23)	14:40 (25) 17:55 (25) 20:17 (25) 20:17 (24)	
2:11/31 2:49/32 4:24/33	5:16/35 3:15/36 2:22/249	
+1:25 (19) +2:11 (25) +3:22 (25)	+4:30 (25) +2:48 (22) +1:38 (15) +0:00 (1)	

Hamse Abdullah	Innstrandens IL	Disk
2:29 (21) 10:14 (25) 15:07 (25)	17:54 (25) 20:19 (25) 20:19 (25) 20:19 (24)	
2:29/31 7:45/33 4:53/35	2:47/36 2:25/249	
+1:43 (21) +7:07 (25) +3:51 (25)	+2:01 (19) +1:58 (19) +0:00 (1) +0:00 (1)	

Torje Bliksvær	Innstrandens IL	13:20
1:36 (15) 3:11 (14) 5:05 (12)	7:52 (14) 8:31 (12) 11:32 (13) 13:20 (18)	
1:36/31 1:35/32 1:54/33	2:47/34 0:39/35 3:01/36 1:48/249	
+0:50 (15) +0:57 (16) +0:52 (9)	+2:01 (19) +0:12 (11) +2:17 (20) +1:16 (22)	

Hedda Dekkerhus	Innstrandens IL	15:22
2:14 (19) 3:56 (19) 7:00 (20)	9:28 (21) 11:07 (20) 13:37 (20) 15:22 (21)	
2:14/31 1:42/32 3:04/33	2:28/34 1:39/35 2:30/36 1:45/249	
+1:28 (19) +1:04 (17) +2:02 (19)	+1:42 (15) +1:12 (17) +1:46 (16) +1:13 (21)	

Marius Ekrem Finstad	Bodø og Omegn IF	12:13
1:09 (11) 1:50 (8) 5:37 (16)	6:26 (9) 10:41 (19) 11:41 (14) 12:13 (13)	
1:09/31 0:41/32 3:47/33	0:49/34 4:15/35 1:00/36 0:32/249	
+0:23 (11) +0:03 (2) +2:45 (22)	+0:03 (3) +3:48 (24) +0:16 (5) +0:00 (1)	

Bendik Hansen	Bodø og Omegn IF	6:15
0:50 (5) 1:42 (5) 3:02 (4)	4:06 (4) 4:38 (4) 5:38 (5) 6:15 (5)	
0:50/31 0:52/32 1:20/33	1:04/34 0:32/35 1:00/36 0:37/249	
+0:04 (5) +0:14 (8) +0:18 (4)	+0:18 (8) +0:05 (5) +0:16 (5) +0:05 (10)	

Abdallah Hassan	Innstrandens IL	Disk
1:47 (17) 9:10 (25) 13:43 (25)	16:46 (25) 18:53 (25) 18:53 (24) 18:53 (22)	
1:47/31 7:23/33 4:33/35	3:03/36 2:07/249	
+1:01 (17) +6:45 (25) +3:31 (25)	+2:17 (20) +1:40 (18) +0:00 (1) +0:00 (1)	

Sondre J. Hegreberg	Ukjent	20:42
4:16 (24) 6:23 (23) 10:43 (23)	13:10 (23) 16:03 (23) 19:50 (24) 20:42 (24)	
4:16/31 2:07/32 4:20/33	2:27/34 2:53/35 3:47/36 0:52/249	
+3:30 (24) +1:29 (21) +3:18 (24)	+1:41 (14) +2:26 (21) +3:03 (24) +0:20 (17)	

Henrik Holm	Innstrandens IL	13:10
1:45 (16) 3:18 (15) 5:25 (13)	9:04 (17) 9:36 (14) 12:23 (16) 13:10 (15)	
1:45/31 1:33/32 2:07/33	3:39/34 0:32/35 2:47/36 0:47/249	
+0:59 (16) +0:55 (14) +1:05 (14)	+2:53 (24) +0:05 (5) +2:03 (17) +0:15 (14)	

Johan Mannvik Holm	Bodø og Omegn IF	12:40
1:09 (11) 2:15 (10) 4:23 (11)	6:55 (10) 10:10 (17) 12:04 (15) 12:40 (14)	
1:09/31 1:06/32 2:08/33	2:32/34 3:15/35 1:54/36 0:36/249	
+0:23 (11) +0:28 (11) +1:06 (15)	+1:46 (17) +2:48 (22) +1:10 (12) +0:04 (7)	

Lene Johnsen Ikdahl	Bodø og Omegn IF	19:01
4:04 (23) 6:47 (24) 11:03 (24)	13:19 (24) 16:09 (24) 18:04 (23) 19:01 (22)	
4:04/31 2:43/32 4:16/33	2:16/34 2:50/35 1:55/36 0:57/249	
+3:18 (23) +2:05 (24) +3:14 (23)	+1:30 (13) +2:23 (20) +1:11 (13) +0:25 (19)	

Hedda Sofie Wedege Irgens	Bodø og Omegn IF	13:11
2:01 (18) 3:50 (18) 5:52 (17)	9:17 (20) 9:47 (16) 12:37 (19) 13:11 (16)	
2:01/31 1:49/32 2:02/33	3:25/34 0:30/35 2:50/36 0:34/249	
+1:15 (18) +1:11 (20) +1:00 (13)	+2:39 (23) +0:03 (4) +2:06 (18) +0:02 (3)	

Marianne Johansen	Bodø og Omegn IF	9:35
0:47 (3) 1:36 (4) 3:26 (5)	4:28 (6) 7:45 (8) 8:58 (8) 9:35 (8)	
0:47/31 0:49/32 1:50/33	1:02/34 3:17/35 1:13/36 0:37/249	
+0:01 (3) +0:11 (6) +0:48 (6)	+0:16 (7) +2:50 (23) +0:29 (9) +0:05 (10)	

Øyvind Johansen			Bodø og Omegn IF				<b>7:44</b>
0:57 (6)	1:48 (7)	3:41 (7)	5:30 (8)	6:03 (6)	7:11 (6)	7:44 (6)	
0:57/31	0:51/32	1:53/33	1:49/34	0:33/35	1:08/36	0:33/249	
+0:11 (6)	+0:13 (7)	+0:51 (8)	+1:03 (11)	+0:06 (7)	+0:24 (8)	+0:01 (2)	
Øyvind Johansen			Bodø og Omegn IF				<b>5:11</b>
0:46 (1)	1:24 (1)	2:26 (1)	3:13 (1)	3:46 (1)	4:36 (2)	5:11 (2)	
0:46/31	0:38/32	1:02/33	0:47/34	0:33/35	0:50/36	0:35/249	
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:06 (7)	+0:06 (3)	+0:03 (4)	
Stian K. Jusnes			Innstrandens IL				<b>11:59</b>
1:20 (13)	2:22 (11)	4:16 (10)	7:35 (12)	8:10 (9)	11:13 (11)	11:59 (12)	
1:20/31	1:02/32	1:54/33	3:19/34	0:35/35	3:03/36	0:46/249	
+0:34 (13)	+0:24 (10)	+0:52 (9)	+2:33 (20)	+0:08 (10)	+2:19 (22)	+0:14 (13)	
Sunniva Jørgensen			Innstrandens IL				<b>15:10</b>
2:14 (19)	3:59 (20)	6:46 (18)	9:15 (19)	11:27 (21)	13:49 (21)	15:10 (20)	
2:14/31	1:45/32	2:47/33	2:29/34	2:12/35	2:22/36	1:21/249	
+1:28 (19)	+1:07 (19)	+1:45 (17)	+1:43 (16)	+1:45 (18)	+1:38 (15)	+0:49 (20)	
Trygve Bø Kongsbakk			Bodø og Omegn IF				<b>5:38</b>
0:46 (1)	1:31 (2)	2:35 (3)	3:28 (3)	3:56 (3)	4:48 (3)	5:38 (3)	
0:46/31	0:45/32	1:04/33	0:53/34	0:28/35	0:52/36	0:50/249	
+0:00 (1)	+0:07 (5)	+0:02 (3)	+0:07 (4)	+0:01 (3)	+0:08 (4)	+0:18 (16)	
Adler Kringhaug			Innstrandens IL				<b>10:55</b>
1:29 (14)	2:56 (13)	5:32 (14)	7:20 (11)	8:13 (10)	10:00 (9)	10:55 (9)	
1:29/31	1:27/32	2:36/33	1:48/34	0:53/35	1:47/36	0:55/249	
+0:43 (14)	+0:49 (13)	+1:34 (16)	+1:02 (10)	+0:26 (13)	+1:03 (10)	+0:23 (18)	
Leonora E. Kristiansen			Innstrandens IL				<b>13:19</b>
1:52 (17)	3:34 (17)	5:34 (15)	8:58 (16)	9:31 (13)	12:32 (18)	13:19 (17)	
1:52/31	1:42/32	2:00/33	3:24/34	0:33/35	3:01/36	0:47/249	
+1:06 (17)	+1:04 (17)	+0:58 (12)	+2:38 (21)	+0:06 (7)	+2:17 (20)	+0:15 (14)	
Sunniva Limstrand			Bodø og Omegn IF				<b>19:15</b>
2:42 (21)	5:23 (22)	8:56 (22)	11:30 (22)	13:59 (22)	17:25 (22)	19:15 (23)	
2:42/31	2:41/32	3:33/33	2:34/34	2:29/35	3:26/36	1:50/249	
+1:56 (21)	+2:03 (23)	+2:31 (21)	+1:48 (18)	+2:02 (19)	+2:42 (23)	+1:18 (23)	
Ørjan Mannsverk			Bodø og Omegn IF				<b>Disk</b>
1:42 (16)	2:46 (13)	4:41 (12)	13:19 (24)	14:16 (23)	16:34 (22)	18:02 (22)	
1:42/31	1:04/32	1:55/33	8:38/51	0:57/35	2:18/36	1:28/249	
+0:56 (16)	+0:26 (11)	+0:53 (12)	+7:52 (25)	+0:30 (14)	+1:34 (15)	+0:56 (21)	
Jens Pedersen			Bodø og Omegn IF				<b>Disk</b>
2:20 (21)	2:59 (14)	7:05 (21)	10:54 (22)	12:28 (22)	13:07 (20)	13:07 (15)	
2:20/31	0:39/32	4:06/34	3:49/35	1:34/36	0:39/249		
+1:34 (21)	+0:01 (2)	+3:04 (23)	+3:03 (25)	+1:07 (16)	+0:00 (1)	+0:00 (1)	
Espen Skiri			Bodø og Omegn IF				<b>5:06</b>
0:48 (4)	1:32 (3)	2:34 (2)	3:20 (2)	3:47 (2)	4:31 (1)	5:06 (1)	
0:48/31	0:44/32	1:02/33	0:46/34	0:27/35	0:44/36	0:35/249	
+0:02 (4)	+0:06 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:03 (4)	
Kaja Skiri			Bodø og Omegn IF				<b>8:06</b>
0:59 (7)	2:00 (9)	3:54 (8)	4:53 (7)	6:29 (7)	7:30 (7)	8:06 (7)	
0:59/31	1:01/32	1:54/33	0:59/34	1:36/35	1:01/36	0:36/249	
+0:13 (7)	+0:23 (9)	+0:52 (9)	+0:13 (6)	+1:09 (16)	+0:17 (7)	+0:04 (7)	
August Skogvoll			Innstrandens IL				<b>11:56</b>
1:08 (10)	2:22 (11)	4:14 (9)	7:38 (13)	8:19 (11)	11:11 (10)	11:56 (10)	
1:08/31	1:14/32	1:52/33	3:24/34	0:41/35	2:52/36	0:45/249	
+0:22 (10)	+0:36 (12)	+0:50 (7)	+2:38 (21)	+0:14 (12)	+2:08 (19)	+0:13 (12)	
Håvard Solbakken			Bodø og Omegn IF				<b>6:11</b>
1:02 (9)	1:43 (6)	3:28 (6)	4:22 (5)	4:49 (5)	5:35 (4)	6:11 (4)	
1:02/31	0:41/32	1:45/33	0:54/34	0:27/35	0:46/36	0:36/249	
+0:16 (9)	+0:03 (2)	+0:43 (5)	+0:08 (5)	+0:00 (1)	+0:02 (2)	+0:04 (7)	
Ukjent			Ukjent				<b>14:37</b>
2:44 (22)	4:18 (21)	7:06 (21)	9:08 (18)	10:27 (18)	12:23 (16)	14:37 (19)	
2:44/31	1:34/32	2:48/33	2:02/34	1:19/35	1:56/36	2:14/249	

+1:58 (22) +0:56 (15) +1:46 (18) +1:16 (12) +0:52 (15) +1:12 (14) +1:42 (24)

Eivind Lindahl Valle						Bodø og Omegn IF		<b>11:58</b>	
1:01 (8)	3:22 (16)	6:51 (19)	8:34 (15)	9:36 (14)	11:23 (12)	11:58 (11)			
1:01/31	2:21/32	3:29/33	1:43/34	1:02/35	1:47/36	0:35/249			
+0:15 (8)	+1:43 (22)	+2:27 (20)	+0:57 (9)	+0:35 (14)	+1:03 (10)	+0:03 (4)			

## Klasse 1,5 km 1,5 km

11 påmeldt, 11 startende

1	Espen Skiri						Bodø og Omegn IF		<i>(13,27min/km)</i>		<b>19:54</b>	
	2:43 (2)	3:40 (1)	4:49 (1)	6:17 (1)	8:14 (1)	13:58 (2)	15:52 (1)	17:40 (1)	19:20 (1)	19:54 (1)		
	2:43/40	0:57/41	1:09/42	1:28/43	1:57/44	5:44/45	1:54/39	1:48/48	1:40/36	0:34/249		
	+0:32 (2)	+0:07 (2)	+0:08 (2)	+0:28 (8)	+0:00 (1)	+2:48 (5)	+0:00 (1)	+0:11 (4)	+0:32 (4)	+0:12 (3)		
2	Amund Kleist Godal						Bodø og Omegn IF		<i>(14,79min/km)</i>		<b>22:11 (+2:17)</b>	
	3:11 (4)	4:56 (3)	5:57 (3)	7:11 (3)	9:25 (2)	13:17 (1)	18:28 (2)	20:29 (2)	21:37 (2)	22:11 (2)		
	3:11/40	1:45/41	1:01/42	1:14/43	2:14/44	3:52/45	5:11/39	2:01/48	1:08/36	0:34/249		
	+1:00 (4)	+0:55 (7)	+0:00 (1)	+0:14 (5)	+0:17 (2)	+0:56 (2)	+3:17 (10)	+0:24 (5)	+0:00 (1)	+0:12 (3)		
3	Martine Paulsen Limstrand						Bodø og Omegn IF		<i>(17,31min/km)</i>		<b>25:58 (+6:04)</b>	
	2:54 (3)	5:22 (4)	6:48 (4)	8:07 (4)	11:35 (3)	17:06 (3)	20:52 (3)	23:36 (3)	25:20 (3)	25:58 (3)		
	2:54/40	2:28/41	1:26/42	1:19/43	3:28/44	5:31/45	3:46/39	2:44/48	1:44/36	0:38/249		
	+0:43 (3)	+1:38 (9)	+0:25 (5)	+0:19 (6)	+1:31 (3)	+2:35 (3)	+1:52 (5)	+1:07 (6)	+0:36 (5)	+0:16 (8)		
4	Håvard Solbakken						Bodø og Omegn IF		<i>(18,96min/km)</i>		<b>28:26 (+8:32)</b>	
	5:55 (7)	6:54 (5)	8:55 (5)	10:00 (5)	14:14 (4)	20:48 (4)	24:25 (5)	26:02 (4)	27:52 (4)	28:26 (4)		
	5:55/40	0:59/41	2:01/42	1:05/43	4:14/44	6:34/45	3:37/39	1:37/48	1:50/36	0:34/249		
	+3:44 (7)	+0:09 (3)	+1:00 (9)	+0:05 (2)	+2:17 (6)	+3:38 (7)	+1:43 (4)	+0:00 (1)	+0:42 (6)	+0:12 (3)		
5	Marius Ekrem Finstad						Bodø og Omegn IF		<i>(19,26min/km)</i>		<b>28:53 (+8:59)</b>	
	5:52 (6)	7:09 (6)	9:04 (6)	10:04 (6)	14:41 (5)	21:20 (5)	24:22 (4)	26:05 (5)	28:17 (5)	28:53 (5)		
	5:52/40	1:17/41	1:55/42	1:00/43	4:37/44	6:39/45	3:02/39	1:43/48	2:12/36	0:36/249		
	+3:41 (6)	+0:27 (4)	+0:54 (8)	+0:00 (1)	+2:40 (8)	+3:43 (8)	+1:08 (2)	+0:06 (2)	+1:04 (10)	+0:14 (6)		
6	Marianne Johansen						Bodø og Omegn IF		<i>(20,06min/km)</i>		<b>30:05 (+10:11)</b>	
	7:43 (9)	9:12 (8)	10:35 (8)	11:40 (8)	16:02 (7)	22:16 (7)	26:13 (7)	27:56 (6)	29:32 (6)	30:05 (6)		
	7:43/40	1:29/41	1:23/42	1:05/43	4:22/44	6:14/45	3:57/39	1:43/48	1:36/36	0:33/249		
	+5:32 (9)	+0:39 (5)	+0:22 (4)	+0:05 (2)	+2:25 (7)	+3:18 (6)	+2:03 (6)	+0:06 (2)	+0:28 (2)	+0:11 (2)		
7	Adler Kringhaug						Bodø og Omegn IF		<i>(20,89min/km)</i>		<b>31:20 (+11:26)</b>	
	5:55 (7)	7:55 (7)	9:28 (7)	10:48 (7)	14:51 (6)	22:03 (6)	25:27 (6)	28:53 (7)	30:29 (7)	31:20 (7)		
	5:55/40	2:00/41	1:33/42	1:20/43	4:03/44	7:12/45	3:24/39	3:26/48	1:36/36	0:51/249		
	+3:44 (7)	+1:10 (8)	+0:32 (6)	+0:20 (7)	+2:06 (5)	+4:16 (9)	+1:30 (3)	+1:49 (7)	+0:28 (2)	+0:29 (9)		
8	Kaja Skiri						Bodø og Omegn IF		<i>(23,29min/km)</i>		<b>34:56 (+15:02)</b>	
	9:43 (10)	10:33 (10)	11:43 (9)	14:12 (9)	17:52 (8)	23:31 (8)	28:33 (8)	32:15 (8)	34:20 (8)	34:56 (8)		
	9:43/40	0:50/41	1:10/42	2:29/43	3:40/44	5:39/45	5:02/39	3:42/48	2:05/36	0:36/249		
	+7:32 (10)	+0:00 (1)	+0:09 (3)	+1:29 (9)	+1:43 (4)	+2:43 (4)	+3:08 (9)	+2:05 (10)	+0:57 (8)	+0:14 (6)		
9	Øyvind Johansen						Bodø og Omegn IF		<i>(24,33min/km)</i>		<b>36:30 (+16:36)</b>	
	2:11 (1)	3:49 (2)	5:37 (2)	6:44 (2)	22:52 (10)	25:48 (9)	30:24 (9)	34:02 (9)	36:08 (9)	36:30 (9)		
	2:11/40	1:38/41	1:48/42	1:07/43	16:08/44	2:56/45	4:36/39	3:38/48	2:06/36	0:22/249		
	+0:00 (1)	+0:48 (6)	+0:47 (7)	+0:07 (4)	+14:11 (10)	+0:00 (1)	+2:42 (8)	+2:01 (9)	+0:58 (9)	+0:00 (1)		
10	Hege Mannsverk						Bodø og Omegn IF		<i>(26,58min/km)</i>		<b>39:52 (+19:58)</b>	
	4:59 (5)	9:30 (9)	12:03 (10)	15:03 (10)	20:24 (9)	28:22 (10)	32:36 (10)	36:10 (10)	38:12 (10)	39:52 (10)		
	4:59/40	4:31/41	2:33/42	3:00/43	5:21/44	7:58/45	4:14/39	3:34/48	2:02/36	1:40/249		
	+2:48 (5)	+3:41 (10)	+1:32 (10)	+2:00 (10)	+3:24 (9)	+5:02 (10)	+2:20 (7)	+1:57 (8)	+0:54 (7)	+1:18 (10)		
	Jens Pedersen						Bodø og Omegn IF		<i>(0,00min/km)</i>			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)		
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		

## Klasse Damer 2,0 km

22 påmeldt, 22 startende

1	Eirill Pettersen Buvik						Korgen IL		<i>(7,43min/km)</i>		<b>14:51</b>	
	0:51 (4)	2:16 (2)	3:19 (2)	4:07 (2)	4:55 (2)	6:33 (2)	8:17 (2)	9:37 (2)	10:38 (2)	11:53 (2)		
	0:51/39	1:25/40	1:03/41	0:48/42	0:48/43	1:38/44	1:44/45	1:20/47	1:01/48	1:15/49		

+0:04 (3)	+0:00 (1)	+0:07 (2)	+0:00 (1)	+0:03 (2)	+0:06 (3)	+0:00 (1)	+0:06 (2)	+0:00 (1)	+0:03 (2)
12:40 (2)	13:19 (2)	14:08 (2)	14:51 (2)						
0:47/51	0:39/52	0:49/53	0:43/249						
+0:03 (2)	+0:05 (2)	+0:05 (2)	+0:04 (2)						
<b>2</b>	<b>Marit Johnsen</b>		<b>Bodø og Omegn IF</b>		<b>(8,07min/km)</b>			<b>16:08</b>	<b>(+1:17)</b>
0:53 (7)	2:30 (5)	3:36 (5)	4:28 (6)	5:24 (5)	6:57 (4)	9:23 (6)	10:37 (3)	11:43 (3)	13:02 (3)
0:53/39	1:37/40	1:06/41	0:52/42	0:56/43	1:33/44	2:26/45	1:14/47	1:06/48	1:19/49
+0:06 (6)	+0:12 (4)	+0:10 (4)	+0:04 (4)	+0:11 (5)	+0:01 (2)	+0:42 (6)	+0:00 (1)	+0:05 (2)	+0:07 (3)
13:46 (3)	14:25 (3)	15:21 (3)	16:08 (3)						
0:44/51	0:39/52	0:56/53	0:47/249						
+0:00 (1)	+0:05 (2)	+0:12 (6)	+0:08 (4)						
<b>3</b>	<b>Heidi Mørkved</b>		<b>Bodø og Omegn IF</b>		<b>(8,07min/km)</b>			<b>16:09</b>	<b>(+1:18)</b>
0:47 (2)	2:17 (3)	3:25 (4)	4:22 (4)	5:15 (4)	7:21 (6)	9:17 (5)	10:44 (5)	11:53 (4)	13:12 (4)
0:47/39	1:30/40	1:08/41	0:57/42	0:53/43	2:06/44	1:56/45	1:27/47	1:09/48	1:19/49
+0:00 (1)	+0:05 (2)	+0:12 (5)	+0:09 (6)	+0:08 (4)	+0:34 (7)	+0:12 (3)	+0:13 (3)	+0:08 (3)	+0:07 (3)
13:59 (4)	14:42 (4)	15:26 (4)	16:09 (4)						
0:47/51	0:43/52	0:44/53	0:43/249						
+0:03 (2)	+0:09 (4)	+0:00 (1)	+0:04 (2)						
<b>4</b>	<b>Aviaja Kleist</b>		<b>Bodø og Omegn IF</b>		<b>(8,24min/km)</b>			<b>16:29</b>	<b>(+1:38)</b>
0:51 (4)	2:23 (4)	3:19 (2)	4:10 (3)	5:32 (7)	7:04 (5)	8:59 (3)	10:37 (3)	12:05 (6)	13:17 (5)
0:51/39	1:32/40	0:56/41	0:51/42	1:22/43	1:32/44	1:55/45	1:38/47	1:28/48	1:12/49
+0:04 (3)	+0:07 (3)	+0:00 (1)	+0:03 (3)	+0:37 (12)	+0:00 (1)	+0:11 (2)	+0:24 (7)	+0:27 (8)	+0:00 (1)
14:24 (6)	14:58 (5)	15:50 (5)	16:29 (5)						
1:07/51	0:34/52	0:52/53	0:39/249						
+0:23 (8)	+0:00 (1)	+0:08 (3)	+0:00 (1)						
<b>5</b>	<b>Marthe Limstrand</b>		<b>Bodø og Omegn IF</b>		<b>(8,58min/km)</b>			<b>17:10</b>	<b>(+2:19)</b>
0:53 (7)	2:33 (6)	3:37 (6)	4:26 (5)	5:11 (3)	6:49 (3)	9:05 (4)	10:44 (5)	11:54 (5)	13:20 (6)
0:53/39	1:40/40	1:04/41	0:49/42	0:45/43	1:38/44	2:16/45	1:39/47	1:10/48	1:26/49
+0:06 (6)	+0:15 (5)	+0:08 (3)	+0:01 (2)	+0:00 (1)	+0:06 (3)	+0:32 (4)	+0:25 (8)	+0:09 (4)	+0:14 (5)
14:19 (5)	15:09 (6)	16:15 (6)	17:10 (6)						
0:59/51	0:50/52	1:06/53	0:55/249						
+0:15 (4)	+0:16 (6)	+0:22 (8)	+0:16 (7)						
<b>6</b>	<b>Unni Rekkedal</b>		<b>Bodø og Omegn IF</b>		<b>(9,33min/km)</b>			<b>18:39</b>	<b>(+3:48)</b>
0:51 (4)	2:33 (7)	3:47 (7)	4:41 (7)	5:31 (6)	7:31 (7)	9:51 (7)	11:36 (7)	12:53 (7)	14:30 (7)
0:51/39	1:42/40	1:14/41	0:54/42	0:50/43	2:00/44	2:20/45	1:45/47	1:17/48	1:37/49
+0:04 (3)	+0:17 (6)	+0:18 (8)	+0:06 (5)	+0:05 (3)	+0:28 (6)	+0:36 (5)	+0:31 (10)	+0:16 (5)	+0:25 (8)
15:34 (7)	16:29 (7)	17:35 (7)	18:39 (7)						
1:04/51	0:55/52	1:06/53	1:04/249						
+0:20 (7)	+0:21 (8)	+0:22 (8)	+0:25 (12)						
<b>7</b>	<b>Elisabeth Kongsbakk</b>		<b>Bodø og Omegn IF</b>		<b>(10,23min/km)</b>			<b>20:28</b>	<b>(+5:37)</b>
0:49 (3)	2:52 (8)	4:01 (8)	5:04 (8)	6:25 (8)	8:12 (8)	11:25 (8)	13:01 (8)	14:26 (8)	15:58 (8)
0:49/39	2:03/40	1:09/41	1:03/42	1:21/43	1:47/44	3:13/45	1:36/47	1:25/48	1:32/49
+0:02 (2)	+0:38 (8)	+0:13 (6)	+0:15 (7)	+0:36 (11)	+0:15 (5)	+1:29 (11)	+0:22 (6)	+0:24 (7)	+0:20 (6)
17:00 (8)	17:49 (8)	19:29 (8)	20:28 (8)						
1:02/51	0:49/52	1:40/53	0:59/249						
+0:18 (5)	+0:15 (5)	+0:56 (17)	+0:20 (10)						
<b>8</b>	<b>Anita Eriksen</b>		<b>Bodø og Omegn IF</b>		<b>(12,97min/km)</b>			<b>25:57</b>	<b>(+11:06)</b>
0:59 (10)	2:56 (9)	4:16 (9)	5:24 (9)	7:23 (9)	9:32 (9)	12:20 (9)	13:49 (9)	20:30 (12)	22:02 (11)
0:59/39	1:57/40	1:20/41	1:08/42	1:59/43	2:09/44	2:48/45	1:29/47	6:41/48	1:32/49
+0:12 (9)	+0:32 (7)	+0:24 (9)	+0:20 (10)	+1:14 (17)	+0:37 (8)	+1:04 (7)	+0:15 (4)	+5:40 (19)	+0:20 (6)
23:10 (10)	24:07 (9)	25:02 (9)	25:57 (9)						
1:08/51	0:57/52	0:55/53	0:55/249						
+0:24 (9)	+0:23 (10)	+0:11 (4)	+0:16 (7)						
<b>9</b>	<b>Elin Marie Wedege Irgens</b>		<b>Bodø og Omegn IF</b>		<b>(13,60min/km)</b>			<b>27:12</b>	<b>(+12:21)</b>
1:20 (13)	3:42 (12)	5:29 (12)	6:33 (11)	7:44 (12)	10:23 (11)	13:25 (11)	15:25 (11)	17:03 (10)	22:14 (12)
1:20/39	2:22/40	1:47/41	1:04/42	1:11/43	2:39/44	3:02/45	2:00/47	1:38/48	5:11/49
+0:33 (12)	+0:57 (10)	+0:51 (16)	+0:16 (8)	+0:26 (7)	+1:07 (11)	+1:18 (8)	+0:46 (12)	+0:37 (10)	+3:59 (19)
23:31 (12)	24:38 (11)	26:01 (10)	27:12 (10)						
1:17/51	1:07/52	1:23/53	1:11/249						
+0:33 (12)	+0:33 (11)	+0:39 (14)	+0:32 (15)						

9	Mathilde Jonsen		Ukjent		(13,60min/km)		<b>27:12</b>	(+12:21)		
	1:37 (16)	5:03 (16)	6:40 (16)	7:47 (16)	9:01 (15)	11:15 (13)	16:59 (15)	18:43 (14)	20:59 (14)	23:00 (13)
	1:37/39	3:26/40	1:37/41	1:07/42	1:14/43	2:14/44	5:44/45	1:44/47	2:16/48	2:01/49
	+0:50 (15)	+2:01 (16)	+0:41 (11)	+0:19 (9)	+0:29 (9)	+0:42 (9)	+4:00 (18)	+0:30 (9)	+1:15 (17)	+0:49 (10)
	24:02 (13)	24:56 (12)	26:08 (12)	27:12 (11)						
	1:02/51	0:54/52	1:12/53	1:04/249						
	+0:18 (5)	+0:20 (7)	+0:28 (11)	+0:25 (12)						
11	Oda Furuholmen		Bodø og Omegn IF		(13,76min/km)		<b>27:31</b>	(+12:40)		
	0:57 (9)	3:07 (10)	4:49 (10)	6:06 (10)	7:26 (10)	10:20 (10)	13:22 (10)	15:14 (10)	16:38 (9)	20:13 (9)
	0:57/39	2:10/40	1:42/41	1:17/42	1:20/43	2:54/44	3:02/45	1:52/47	1:24/48	3:35/49
	+0:10 (8)	+0:45 (9)	+0:46 (14)	+0:29 (14)	+0:35 (10)	+1:22 (13)	+1:18 (8)	+0:38 (11)	+0:23 (6)	+2:23 (17)
	23:11 (11)	25:38 (13)	26:33 (13)	27:31 (12)						
	2:58/51	2:27/52	0:55/53	0:58/249						
	+2:14 (19)	+1:53 (19)	+0:11 (4)	+0:19 (9)						
12	Camilla Nordhei		Bodø og Omegn IF		(13,79min/km)		<b>27:35</b>	(+12:44)		
	1:14 (12)	3:41 (11)	5:23 (11)	6:37 (12)	7:38 (11)	11:05 (12)	14:26 (12)	17:08 (12)	18:57 (11)	21:30 (10)
	1:14/39	2:27/40	1:42/41	1:14/42	1:01/43	3:27/44	3:21/45	2:42/47	1:49/48	2:33/49
	+0:27 (11)	+1:02 (11)	+0:46 (14)	+0:26 (12)	+0:16 (6)	+1:55 (16)	+1:37 (12)	+1:28 (15)	+0:48 (11)	+1:21 (12)
	22:56 (9)	24:30 (10)	26:01 (11)	27:35 (13)						
	1:26/51	1:34/52	1:31/53	1:34/249						
	+0:42 (13)	+1:00 (13)	+0:47 (15)	+0:55 (18)						
13	Jeanette Støvset		Skjærstad IL		(14,50min/km)		<b>29:00</b>	(+14:09)		
	1:46 (18)	8:11 (20)	9:36 (20)	10:51 (19)	13:56 (20)	16:36 (19)	19:44 (17)	21:14 (16)	23:08 (16)	25:05 (15)
	1:46/39	6:25/40	1:25/41	1:15/42	3:05/43	2:40/44	3:08/45	1:30/47	1:54/48	1:57/49
	+0:59 (17)	+5:00 (19)	+0:29 (10)	+0:27 (13)	+2:20 (18)	+1:08 (12)	+1:24 (10)	+0:16 (5)	+0:53 (13)	+0:45 (9)
	26:16 (15)	27:12 (15)	28:08 (14)	29:00 (14)						
	1:11/51	0:56/52	0:56/53	0:52/249						
	+0:27 (11)	+0:22 (9)	+0:12 (6)	+0:13 (5)						
14	Marianne Eilertsen		Bodø og Omegn IF		(15,47min/km)		<b>30:56</b>	(+16:05)		
	1:21 (14)	4:09 (13)	5:49 (14)	7:00 (13)	8:36 (13)	11:51 (15)	16:46 (14)	19:35 (15)	21:45 (15)	25:26 (16)
	1:21/39	2:48/40	1:40/41	1:11/42	1:36/43	3:15/44	4:55/45	2:49/47	2:10/48	3:41/49
	+0:34 (13)	+1:23 (14)	+0:44 (12)	+0:23 (11)	+0:51 (13)	+1:43 (15)	+3:11 (17)	+1:35 (16)	+1:09 (15)	+2:29 (18)
	26:35 (16)	28:22 (16)	29:42 (15)	30:56 (15)						
	1:09/51	1:47/52	1:20/53	1:14/249						
	+0:25 (10)	+1:13 (15)	+0:36 (12)	+0:35 (16)						
15	Ingun Arctander Jakola		Bodø og Omegn IF		(15,97min/km)		<b>31:57</b>	(+17:06)		
	1:39 (17)	4:17 (14)	5:30 (13)	7:13 (14)	13:16 (19)	15:44 (18)	19:53 (18)	21:53 (17)	23:27 (17)	26:04 (17)
	1:39/39	2:38/40	1:13/41	1:43/42	6:03/43	2:28/44	4:09/45	2:00/47	1:34/48	2:37/49
	+0:52 (16)	+1:13 (13)	+0:17 (7)	+0:55 (17)	+5:18 (19)	+0:56 (10)	+2:25 (15)	+0:46 (12)	+0:33 (9)	+1:25 (14)
	27:33 (17)	29:49 (17)	30:55 (16)	31:57 (16)						
	1:29/51	2:16/52	1:06/53	1:02/249						
	+0:45 (14)	+1:42 (18)	+0:22 (8)	+0:23 (11)						
16	Anne Grete Olsen		Bodø og Omegn IF		(16,31min/km)		<b>32:37</b>	(+17:46)		
	1:35 (15)	4:41 (15)	6:21 (15)	7:42 (15)	8:53 (14)	11:50 (14)	15:42 (13)	18:22 (13)	20:31 (13)	23:07 (14)
	1:35/39	3:06/40	1:40/41	1:21/42	1:11/43	2:57/44	3:52/45	2:40/47	2:09/48	2:36/49
	+0:48 (14)	+1:41 (15)	+0:44 (12)	+0:33 (16)	+0:26 (7)	+1:25 (14)	+2:08 (13)	+1:26 (14)	+1:08 (14)	+1:24 (13)
	24:50 (14)	26:55 (14)	31:33 (17)	32:37 (17)						
	1:43/51	2:05/52	4:38/53	1:04/249						
	+0:59 (17)	+1:31 (17)	+3:54 (19)	+0:25 (12)						
17	Regula Hösli		Bodø og Omegn IF		(16,42min/km)		<b>32:51</b>	(+18:00)		
	3:56 (20)	6:32 (19)	8:20 (18)	9:38 (17)	11:17 (16)	14:52 (16)	18:55 (16)	22:23 (18)	24:34 (18)	26:47 (18)
	3:56/39	2:36/40	1:48/41	1:18/42	1:39/43	3:35/44	4:03/45	3:28/47	2:11/48	2:13/49
	+3:09 (19)	+1:11 (12)	+0:52 (17)	+0:30 (15)	+0:54 (15)	+2:03 (18)	+2:19 (14)	+2:14 (18)	+1:10 (16)	+1:01 (11)
	28:28 (18)	30:14 (18)	31:36 (18)	32:51 (18)						
	1:41/51	1:46/52	1:22/53	1:15/249						
	+0:57 (16)	+1:12 (14)	+0:38 (13)	+0:36 (17)						
18	Karen Merete Bjørseth		Bodø og Omegn IF		(17,47min/km)		<b>34:56</b>	(+20:05)		
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

(1)	(1)	(1)	(1)						
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						
<b>19 Siv Byberg</b>				<b>Bodø og Omegn IF</b>		<b>(17,79min/km)</b>		<b>35:35</b>	<b>(+20:44)</b>
2:00 (19)	5:48 (17)	8:10 (17)	10:32 (18)	12:08 (17)	15:39 (17)	19:55 (19)	23:02 (19)	25:32 (19)	28:36 (19)
2:00/39	3:48/40	2:22/41	2:22/42	1:36/43	3:31/44	4:16/45	3:07/47	2:30/48	3:04/49
+1:13 (18)	+2:23 (17)	+1:26 (18)	+1:34 (19)	+0:51 (13)	+1:59 (17)	+2:32 (16)	+1:53 (17)	+1:29 (18)	+1:52 (15)
30:27 (19)	31:56 (19)	33:35 (19)	35:35 (19)						
1:51/51	1:29/52	1:39/53	2:00/249						
+1:07 (18)	+0:55 (12)	+0:55 (16)	+1:21 (19)						
<b>20 Martha Kalvig Skogan</b>				<b>Bodø og Omegn IF</b>		<b>(19,85min/km)</b>		<b>39:42</b>	<b>(+24:51)</b>
1:10 (11)	6:09 (18)	9:04 (19)	10:53 (20)	12:40 (18)	17:12 (20)	24:26 (20)	28:07 (20)	29:59 (20)	33:11 (20)
1:10/39	4:59/40	2:55/41	1:49/42	1:47/43	4:32/44	7:14/45	3:41/47	1:52/48	3:12/49
+0:23 (10)	+3:34 (18)	+1:59 (19)	+1:01 (18)	+1:02 (16)	+3:00 (19)	+5:30 (19)	+2:27 (19)	+0:51 (12)	+2:00 (16)
34:41 (20)	36:31 (20)	38:50 (20)	39:42 (20)						
1:30/51	1:50/52	2:19/53	0:52/249						
+0:46 (15)	+1:16 (16)	+1:35 (18)	+0:13 (5)						
<b>Vivian Selfors</b>				<b>Bodø og Omegn IF</b>		<b>(0,00min/km)</b>		<b>Disk</b>	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)						
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)						
<b>Corinna Lau</b>				<b>Bodø og Omegn IF</b>		<b>(18,93min/km)</b>		<b>Disk</b>	<b>(+23:01)</b>
0:57 (9)	4:13 (14)	6:24 (16)	7:24 (15)	11:17 (16)	14:57 (17)	20:52 (20)	23:24 (20)	30:37 (21)	34:17 (21)
0:57/39	3:16/40	2:11/41	1:00/42	3:53/43	3:40/44	5:55/45	2:32/47	7:13/48	3:40/51
+0:10 (8)	+1:51 (16)	+1:15 (18)	+0:12 (7)	+3:08 (19)	+2:08 (19)	+4:11 (19)	+1:18 (14)	+6:12 (20)	+2:28 (18)
35:59 (21)	36:59 (21)	37:52 (20)	37:52 (20)						
1:42/52	1:00/53	0:53/249							
+0:58 (17)	+0:26 (11)	+0:09 (4)	+0:00 (1)						

## Klasse Herrer 2,0 km

38 påmeldt, 38 startende

<b>1 Arild Hegreberg</b>				<b>Bodø og Omegn IF</b>		<b>(6,48min/km)</b>		<b>12:57</b>	
0:38 (2)	1:59 (2)	2:48 (2)	3:36 (2)	4:10 (1)	5:26 (1)	7:12 (1)	8:14 (1)	9:07 (1)	10:19 (1)
0:38/39	1:21/40	0:49/41	0:48/42	0:34/43	1:16/44	1:46/45	1:02/47	0:53/48	1:12/49
+0:02 (2)	+0:02 (3)	+0:01 (2)	+0:06 (4)	+0:03 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:10 (8)
10:59 (1)	11:33 (1)	12:16 (1)	12:57 (1)						
0:40/51	0:34/52	0:43/53	0:41/249						
+0:00 (1)	+0:02 (4)	+0:03 (3)	+0:08 (9)						
<b>2 Håvard Wedege Irgens</b>				<b>Bodø og Omegn IF</b>		<b>(6,80min/km)</b>		<b>13:36</b>	<b>(+0:39)</b>
0:36 (1)	1:56 (1)	2:47 (1)	3:35 (1)	4:14 (2)	5:35 (2)	7:27 (2)	8:32 (2)	9:41 (2)	10:52 (2)
0:36/39	1:20/40	0:51/41	0:48/42	0:39/43	1:21/44	1:52/45	1:05/47	1:09/48	1:11/49
+0:00 (1)	+0:01 (2)	+0:03 (3)	+0:06 (4)	+0:08 (4)	+0:05 (2)	+0:06 (4)	+0:03 (2)	+0:16 (11)	+0:09 (5)
11:33 (2)	12:08 (2)	12:55 (2)	13:36 (2)						
0:41/51	0:35/52	0:47/53	0:41/249						
+0:01 (2)	+0:03 (5)	+0:07 (6)	+0:08 (9)						
<b>3 Bjørn Godal</b>				<b>Bodø og Omegn IF</b>		<b>(7,06min/km)</b>		<b>14:07</b>	<b>(+1:10)</b>
0:46 (6)	2:20 (7)	3:13 (6)	4:02 (6)	4:42 (5)	6:07 (3)	7:56 (3)	9:14 (3)	10:11 (3)	11:19 (3)
0:46/39	1:34/40	0:53/41	0:49/42	0:40/43	1:25/44	1:49/45	1:18/47	0:57/48	1:08/49
+0:10 (6)	+0:15 (8)	+0:05 (5)	+0:07 (6)	+0:09 (5)	+0:09 (4)	+0:03 (3)	+0:16 (7)	+0:04 (2)	+0:06 (3)
12:17 (3)	12:49 (3)	13:31 (3)	14:07 (3)						
0:58/51	0:32/52	0:42/53	0:36/249						
+0:18 (12)	+0:00 (1)	+0:02 (2)	+0:03 (2)						
<b>4 Jan Erik Paulsen</b>				<b>Bodø og Omegn IF</b>		<b>(7,30min/km)</b>		<b>14:36</b>	<b>(+1:39)</b>
0:39 (3)	2:08 (4)	3:06 (4)	4:01 (5)	4:52 (6)	6:15 (5)	8:07 (5)	9:29 (6)	10:29 (4)	11:40 (4)
0:39/39	1:29/40	0:58/41	0:55/42	0:51/43	1:23/44	1:52/45	1:22/47	1:00/48	1:11/49
+0:03 (3)	+0:10 (4)	+0:10 (6)	+0:13 (10)	+0:20 (10)	+0:07 (3)	+0:06 (4)	+0:20 (9)	+0:07 (4)	+0:09 (5)

12:28 (4)	13:05 (4)	13:58 (4)	14:36 (4)						
0:48/51	0:37/52	0:53/53	0:38/249						
+0:08 (6)	+0:05 (9)	+0:13 (16)	+0:05 (3)						
<b>5</b>	<b>Bjørn Are Stensland</b>		<b>Bodø og Omegn IF</b>		<b>(7,38min/km)</b>		<b>14:45</b>	<b>(+1:48)</b>	
0:42 (4)	2:12 (5)	3:04 (3)	3:55 (3)	4:36 (4)	6:12 (4)	8:14 (6)	9:25 (5)	10:31 (5)	11:56 (5)
0:42/39	1:30/40	0:52/41	0:51/42	0:41/43	1:36/44	2:02/45	1:11/47	1:06/48	1:25/49
+0:06 (4)	+0:11 (5)	+0:04 (4)	+0:09 (8)	+0:10 (6)	+0:20 (7)	+0:16 (8)	+0:09 (3)	+0:13 (6)	+0:23 (11)
12:41 (5)	13:16 (5)	14:06 (5)	14:45 (5)						
0:45/51	0:35/52	0:50/53	0:39/249						
+0:05 (4)	+0:03 (5)	+0:10 (8)	+0:06 (5)						
<b>6</b>	<b>Øystein Østeraas</b>		<b>Trollelg</b>		<b>(7,72min/km)</b>		<b>15:27</b>	<b>(+2:30)</b>	
0:45 (5)	2:04 (3)	3:11 (5)	3:56 (4)	4:27 (3)	6:15 (5)	8:02 (4)	9:24 (4)	10:57 (6)	12:37 (7)
0:45/39	1:19/40	1:07/41	0:45/42	0:31/43	1:48/44	1:47/45	1:22/47	1:33/48	1:40/49
+0:09 (5)	+0:00 (1)	+0:19 (10)	+0:03 (3)	+0:00 (1)	+0:32 (14)	+0:01 (2)	+0:20 (9)	+0:40 (24)	+0:38 (20)
13:26 (6)	13:58 (6)	14:45 (6)	15:27 (6)						
0:49/51	0:32/52	0:47/53	0:42/249						
+0:09 (7)	+0:00 (1)	+0:07 (6)	+0:09 (12)						
<b>7</b>	<b>Per Rekkedal</b>		<b>Bodø og Omegn IF</b>		<b>(7,93min/km)</b>		<b>15:52</b>	<b>(+2:55)</b>	
0:49 (9)	2:19 (6)	3:29 (7)	4:20 (7)	5:05 (7)	6:44 (7)	8:51 (7)	10:16 (7)	11:22 (7)	12:49 (8)
0:49/39	1:30/40	1:10/41	0:51/42	0:45/43	1:39/44	2:07/45	1:25/47	1:06/48	1:27/49
+0:13 (9)	+0:11 (5)	+0:22 (14)	+0:09 (8)	+0:14 (7)	+0:23 (8)	+0:21 (10)	+0:23 (11)	+0:13 (6)	+0:25 (12)
13:35 (7)	14:16 (7)	15:08 (7)	15:52 (7)						
0:46/51	0:41/52	0:52/53	0:44/249						
+0:06 (5)	+0:09 (13)	+0:12 (13)	+0:11 (14)						
<b>8</b>	<b>Jakob Kalvig Skogan</b>		<b>Bodø og Omegn IF</b>		<b>(7,94min/km)</b>		<b>15:53</b>	<b>(+2:56)</b>	
0:58 (14)	2:31 (11)	3:41 (10)	4:23 (8)	5:24 (8)	7:05 (8)	9:16 (9)	10:34 (9)	11:38 (9)	12:52 (9)
0:58/39	1:33/40	1:10/41	0:42/42	1:01/43	1:41/44	2:11/45	1:18/47	1:04/48	1:14/49
+0:22 (14)	+0:14 (7)	+0:22 (14)	+0:00 (1)	+0:30 (20)	+0:25 (9)	+0:25 (11)	+0:16 (7)	+0:11 (5)	+0:12 (9)
13:42 (8)	14:27 (8)	15:13 (8)	15:53 (8)						
0:50/51	0:45/52	0:46/53	0:40/249						
+0:10 (9)	+0:13 (18)	+0:06 (5)	+0:07 (6)						
<b>9</b>	<b>Ask Kleist Godal</b>		<b>Bodø og Omegn IF</b>		<b>(8,19min/km)</b>		<b>16:23</b>	<b>(+3:26)</b>	
0:53 (13)	2:28 (9)	3:33 (8)	4:36 (9)	5:36 (10)	7:11 (9)	9:11 (8)	10:28 (8)	11:25 (8)	12:27 (6)
0:53/39	1:35/40	1:05/41	1:03/42	1:00/43	1:35/44	2:00/45	1:17/47	0:57/48	1:02/49
+0:17 (13)	+0:16 (10)	+0:17 (8)	+0:21 (19)	+0:29 (17)	+0:19 (6)	+0:14 (6)	+0:15 (6)	+0:04 (2)	+0:00 (1)
14:28 (9)	15:03 (9)	15:43 (9)	16:23 (9)						
2:01/51	0:35/52	0:40/53	0:40/249						
+1:21 (33)	+0:03 (5)	+0:00 (1)	+0:07 (6)						
<b>10</b>	<b>Torkel Irgens</b>		<b>Bodø og Omegn IF</b>		<b>(8,68min/km)</b>		<b>17:22</b>	<b>(+4:25)</b>	
0:59 (15)	2:33 (12)	3:43 (11)	4:42 (10)	5:31 (9)	7:16 (10)	10:09 (12)	11:38 (12)	12:44 (11)	14:13 (10)
0:59/39	1:34/40	1:10/41	0:59/42	0:49/43	1:45/44	2:53/45	1:29/47	1:06/48	1:29/49
+0:23 (15)	+0:15 (8)	+0:22 (14)	+0:17 (13)	+0:18 (9)	+0:29 (13)	+1:07 (19)	+0:27 (14)	+0:13 (6)	+0:27 (14)
15:02 (10)	15:45 (10)	16:36 (10)	17:22 (10)						
0:49/51	0:43/52	0:51/53	0:46/249						
+0:09 (7)	+0:11 (14)	+0:11 (10)	+0:13 (15)						
<b>11</b>	<b>Tore Jakola</b>		<b>Bodø og Omegn IF</b>		<b>(8,83min/km)</b>		<b>17:40</b>	<b>(+4:43)</b>	
0:49 (9)	2:30 (10)	3:48 (12)	4:47 (11)	5:46 (13)	7:27 (11)	9:48 (10)	11:32 (11)	13:04 (12)	14:15 (12)
0:49/39	1:41/40	1:18/41	0:59/42	0:59/43	1:41/44	2:21/45	1:44/47	1:32/48	1:11/49
+0:13 (9)	+0:22 (12)	+0:30 (22)	+0:17 (13)	+0:28 (16)	+0:25 (9)	+0:35 (14)	+0:42 (19)	+0:39 (22)	+0:09 (5)
15:23 (12)	16:01 (12)	16:51 (11)	17:40 (11)						
1:08/51	0:38/52	0:50/53	0:49/249						
+0:28 (21)	+0:06 (11)	+0:10 (8)	+0:16 (19)						
<b>12</b>	<b>Bjørnar Hegreberg</b>		<b>Bodø og Omegn IF</b>		<b>(8,94min/km)</b>		<b>17:53</b>	<b>(+4:56)</b>	
0:51 (12)	2:44 (13)	3:56 (13)	4:51 (13)	5:44 (12)	7:45 (13)	10:01 (11)	11:30 (10)	12:42 (10)	14:15 (11)
0:51/39	1:53/40	1:12/41	0:55/42	0:53/43	2:01/44	2:16/45	1:29/47	1:12/48	1:33/49
+0:15 (12)	+0:34 (15)	+0:24 (21)	+0:13 (10)	+0:22 (11)	+0:45 (19)	+0:30 (12)	+0:27 (14)	+0:19 (13)	+0:31 (16)
15:15 (11)	16:00 (11)	17:00 (12)	17:53 (12)						
1:00/51	0:45/52	1:00/53	0:53/249						
+0:20 (14)	+0:13 (18)	+0:20 (21)	+0:20 (22)						

<b>13 Erlend Elveos Kjelstrup</b>	<b>Bodø og Omegn IF</b>						<b>(9,23min/km)</b>	<b>18:28</b>	<b>(+5:31)</b>
0:50 (11)	3:58 (27)	4:46 (18)	5:30 (16)	6:07 (15)	7:49 (14)	10:47 (14)	12:12 (13)	13:22 (13)	14:32 (13)
0:50/39	3:08/40	0:48/41	0:44/42	0:37/43	1:42/44	2:58/45	1:25/47	1:10/48	1:10/49
+0:14 (11)	+1:49 (32)	+0:00 (1)	+0:02 (2)	+0:06 (3)	+0:26 (11)	+1:12 (21)	+0:23 (11)	+0:17 (12)	+0:08 (4)
16:14 (13)	16:51 (13)	17:48 (14)	18:28 (13)						
1:42/51	0:37/52	0:57/53	0:40/249						
+1:02 (30)	+0:05 (9)	+0:17 (18)	+0:07 (6)						
<b>14 Jan Prytz</b>	<b>Bodø og Omegn IF</b>						<b>(9,27min/km)</b>	<b>18:33</b>	<b>(+5:36)</b>
1:47 (32)	3:39 (18)	4:47 (19)	5:37 (18)	7:31 (22)	9:03 (18)	11:03 (16)	12:15 (14)	13:23 (14)	14:45 (14)
1:47/39	1:52/40	1:08/41	0:50/42	1:54/43	1:32/44	2:00/45	1:12/47	1:08/48	1:22/49
+1:11 (32)	+0:33 (14)	+0:20 (11)	+0:08 (7)	+1:23 (28)	+0:16 (5)	+0:14 (6)	+0:10 (4)	+0:15 (9)	+0:20 (10)
16:17 (14)	16:52 (14)	17:43 (13)	18:33 (14)						
1:32/51	0:35/52	0:51/53	0:50/249						
+0:52 (27)	+0:03 (5)	+0:11 (10)	+0:17 (20)						
<b>15 Steve Samuelsen</b>	<b>Bodø og Omegn IF</b>						<b>(9,43min/km)</b>	<b>18:52</b>	<b>(+5:55)</b>
1:15 (24)	3:51 (24)	5:15 (23)	6:21 (24)	7:33 (23)	9:16 (20)	11:20 (17)	12:34 (16)	13:55 (16)	15:56 (17)
1:15/39	2:36/40	1:24/41	1:06/42	1:12/43	1:43/44	2:04/45	1:14/47	1:21/48	2:01/49
+0:39 (24)	+1:17 (24)	+0:36 (25)	+0:24 (22)	+0:41 (23)	+0:27 (12)	+0:18 (9)	+0:12 (5)	+0:28 (15)	+0:59 (26)
16:37 (15)	17:29 (16)	18:14 (15)	18:52 (15)						
0:41/51	0:52/52	0:45/53	0:38/249						
+0:01 (2)	+0:20 (21)	+0:05 (4)	+0:05 (3)						
<b>16 Jørgen Jakola</b>	<b>Bodø og Omegn IF</b>						<b>(9,63min/km)</b>	<b>19:16</b>	<b>(+6:19)</b>
1:02 (16)	2:50 (14)	4:01 (14)	6:00 (21)	6:54 (17)	8:54 (16)	11:58 (19)	13:24 (18)	14:32 (17)	15:35 (15)
1:02/39	1:48/40	1:11/41	1:59/42	0:54/43	2:00/44	3:04/45	1:26/47	1:08/48	1:03/49
+0:26 (16)	+0:29 (13)	+0:23 (18)	+1:17 (34)	+0:23 (13)	+0:44 (17)	+1:18 (24)	+0:24 (13)	+0:15 (9)	+0:01 (2)
17:17 (17)	17:49 (17)	18:43 (17)	19:16 (16)						
1:42/51	0:32/52	0:54/53	0:33/249						
+1:02 (30)	+0:00 (1)	+0:14 (17)	+0:00 (1)						
<b>17 Øyvind Bjerkås</b>	<b>Bodø og Omegn IF</b>						<b>(9,69min/km)</b>	<b>19:23</b>	<b>(+6:26)</b>
0:47 (7)	2:26 (8)	3:37 (9)	4:48 (12)	5:41 (11)	7:44 (12)	10:33 (13)	12:20 (15)	13:41 (15)	15:47 (16)
0:47/39	1:39/40	1:11/41	1:11/42	0:53/43	2:03/44	2:49/45	1:47/47	1:21/48	2:06/49
+0:11 (7)	+0:20 (11)	+0:23 (18)	+0:29 (24)	+0:22 (11)	+0:47 (20)	+1:03 (17)	+0:45 (20)	+0:28 (15)	+1:04 (28)
16:44 (16)	17:28 (15)	18:20 (16)	19:23 (17)						
0:57/51	0:44/52	0:52/53	1:03/249						
+0:17 (11)	+0:12 (15)	+0:12 (13)	+0:30 (27)						
<b>18 Frode Ikdahl</b>	<b>Bodø og Omegn IF</b>						<b>(10,33min/km)</b>	<b>20:39</b>	<b>(+7:42)</b>
1:06 (19)	3:20 (17)	4:40 (17)	5:36 (17)	6:33 (16)	9:02 (17)	11:21 (18)	13:27 (19)	14:53 (18)	16:29 (18)
1:06/39	2:14/40	1:20/41	0:56/42	0:57/43	2:29/44	2:19/45	2:06/47	1:26/48	1:36/49
+0:30 (19)	+0:55 (20)	+0:32 (23)	+0:14 (12)	+0:26 (15)	+1:13 (25)	+0:33 (13)	+1:04 (25)	+0:33 (18)	+0:34 (18)
17:30 (18)	18:44 (18)	19:51 (18)	20:39 (18)						
1:01/51	1:14/52	1:07/53	0:48/249						
+0:21 (15)	+0:42 (30)	+0:27 (24)	+0:15 (17)						
<b>19 Arne Kristian Nordhei</b>	<b>Bodø og Omegn IF</b>						<b>(10,42min/km)</b>	<b>20:50</b>	<b>(+7:53)</b>
0:48 (8)	3:53 (25)	5:18 (26)	6:22 (25)	7:22 (21)	9:22 (21)	12:04 (20)	13:55 (20)	15:13 (20)	16:48 (20)
0:48/39	3:05/40	1:25/41	1:04/42	1:00/43	2:00/44	2:42/45	1:51/47	1:18/48	1:35/49
+0:12 (8)	+1:46 (31)	+0:37 (26)	+0:22 (21)	+0:29 (17)	+0:44 (17)	+0:56 (16)	+0:49 (21)	+0:25 (14)	+0:33 (17)
17:53 (19)	18:58 (20)	19:57 (19)	20:50 (19)						
1:05/51	1:05/52	0:59/53	0:53/249						
+0:25 (18)	+0:33 (27)	+0:19 (20)	+0:20 (22)						
<b>20 Joar Klæboe Henriksen</b>	<b>Ukjent</b>						<b>(11,01min/km)</b>	<b>22:01</b>	<b>(+9:04)</b>
1:03 (17)	3:03 (15)	4:08 (15)	5:08 (14)	7:21 (20)	9:25 (23)	13:11 (22)	15:13 (21)	16:43 (22)	18:40 (22)
1:03/39	2:00/40	1:05/41	1:00/42	2:13/43	2:04/44	3:46/45	2:02/47	1:30/48	1:57/49
+0:27 (17)	+0:41 (18)	+0:17 (8)	+0:18 (16)	+1:42 (32)	+0:48 (21)	+2:00 (28)	+1:00 (24)	+0:37 (21)	+0:55 (24)
19:42 (21)	20:21 (21)	21:13 (20)	22:01 (20)						
1:02/51	0:39/52	0:52/53	0:48/249						
+0:22 (16)	+0:07 (12)	+0:12 (13)	+0:15 (17)						
<b>21 Erling Pedersen</b>	<b>SISO IL</b>						<b>(11,27min/km)</b>	<b>22:33</b>	<b>(+9:36)</b>
1:09 (20)	3:06 (16)	4:16 (16)	5:15 (15)	6:02 (14)	7:52 (15)	10:52 (15)	12:43 (17)	15:09 (19)	16:47 (19)
1:09/39	1:57/40	1:10/41	0:59/42	0:47/43	1:50/44	3:00/45	1:51/47	2:26/48	1:38/49
+0:33 (20)	+0:38 (16)	+0:22 (14)	+0:17 (13)	+0:16 (8)	+0:34 (15)	+1:14 (23)	+0:49 (21)	+1:33 (31)	+0:36 (19)



18:05 (20)	18:54 (19)	21:42 (21)	22:33 (21)						
1:18/51	0:49/52	2:48/53	0:51/249						
+0:38 (24)	+0:17 (20)	+2:08 (35)	+0:18 (21)						
<b>22 Carl B. Bjørseth</b>	<b>Bodø og Omegn IF</b>					<b>(11,40min/km)</b>	<b>22:48 (+9:51)</b>		
1:03 (17)	3:54 (26)	4:55 (21)	5:55 (20)	8:47 (28)	11:18 (27)	13:47 (24)	15:29 (24)	16:56 (23)	18:38 (21)
1:03/39	2:51/40	1:01/41	1:00/42	2:52/43	2:31/44	2:29/45	1:42/47	1:27/48	1:42/49
+0:27 (17)	+1:32 (28)	+0:13 (7)	+0:18 (16)	+2:21 (33)	+1:15 (26)	+0:43 (15)	+0:40 (18)	+0:34 (19)	+0:40 (22)
19:42 (22)	20:38 (22)	21:44 (22)	22:48 (22)						
1:04/51	0:56/52	1:06/53	1:04/249						
+0:24 (17)	+0:24 (24)	+0:26 (23)	+0:31 (28)						
<b>23 Eirik Alst</b>	<b>Bodø og Omegn IF</b>					<b>(12,20min/km)</b>	<b>24:24 (+11:27)</b>		
1:26 (29)	3:40 (19)	4:48 (20)	5:50 (19)	9:03 (29)	11:08 (26)	14:06 (25)	16:44 (25)	18:12 (25)	20:42 (24)
1:26/39	2:14/40	1:08/41	1:02/42	3:13/43	2:05/44	2:58/45	2:38/47	1:28/48	2:30/49
+0:50 (29)	+0:55 (20)	+0:20 (11)	+0:20 (18)	+2:42 (34)	+0:49 (22)	+1:12 (21)	+1:36 (32)	+0:35 (20)	+1:28 (31)
21:48 (24)	22:32 (24)	23:30 (24)	24:24 (23)						
1:06/51	0:44/52	0:58/53	0:54/249						
+0:26 (19)	+0:12 (15)	+0:18 (19)	+0:21 (24)						
<b>24 Edvin Berg</b>	<b>Bodø og Omegn IF</b>					<b>(12,25min/km)</b>	<b>24:30 (+11:33)</b>		
1:40 (31)	4:33 (31)	6:03 (31)	7:14 (29)	8:26 (27)	10:43 (24)	13:34 (23)	15:25 (23)	16:57 (24)	20:20 (23)
1:40/39	2:53/40	1:30/41	1:11/42	1:12/43	2:17/44	2:51/45	1:51/47	1:32/48	3:23/49
+1:04 (31)	+1:34 (29)	+0:42 (29)	+0:29 (24)	+0:41 (23)	+1:01 (24)	+1:05 (18)	+0:49 (21)	+0:39 (22)	+2:21 (33)
21:18 (23)	22:14 (23)	23:22 (23)	24:30 (24)						
0:58/51	0:56/52	1:08/53	1:08/249						
+0:18 (12)	+0:24 (24)	+0:28 (25)	+0:35 (31)						
<b>25 Per Fosshy</b>	<b>Bodø og Omegn IF</b>					<b>(13,85min/km)</b>	<b>27:42 (+14:45)</b>		
1:25 (28)	3:46 (20)	5:34 (27)	6:48 (26)	8:01 (24)	11:23 (28)	14:50 (26)	17:36 (26)	19:18 (26)	21:34 (26)
1:25/39	2:21/40	1:48/41	1:14/42	1:13/43	3:22/44	3:27/45	2:46/47	1:42/48	2:16/49
+0:49 (28)	+1:02 (22)	+1:00 (32)	+0:32 (27)	+0:42 (25)	+2:06 (32)	+1:41 (27)	+1:44 (34)	+0:49 (25)	+1:14 (30)
23:42 (26)	24:50 (25)	26:31 (25)	27:42 (25)						
2:08/51	1:08/52	1:41/53	1:11/249						
+1:28 (34)	+0:36 (28)	+1:01 (32)	+0:38 (34)						
<b>26 Bendik Storvik Nilsen</b>	<b>Bodø og Omegn IF</b>					<b>(14,02min/km)</b>	<b>28:02 (+15:05)</b>		
1:12 (22)	3:59 (28)	6:43 (32)	9:00 (33)	10:09 (31)	12:54 (30)	18:45 (31)	20:53 (31)	22:56 (28)	24:28 (28)
1:12/39	2:47/40	2:44/41	2:17/42	1:09/43	2:45/44	5:51/45	2:08/47	2:03/48	1:32/49
+0:36 (22)	+1:28 (27)	+1:56 (34)	+1:35 (35)	+0:38 (21)	+1:29 (28)	+4:05 (31)	+1:06 (27)	+1:10 (28)	+0:30 (15)
25:36 (28)	26:30 (27)	27:21 (27)	28:02 (26)						
1:08/51	0:54/52	0:51/53	0:41/249						
+0:28 (21)	+0:22 (22)	+0:11 (10)	+0:08 (9)						
<b>27 Terje Johansen</b>	<b>Bodø og Omegn IF</b>					<b>(14,04min/km)</b>	<b>28:05 (+15:08)</b>		
2:33 (35)	5:46 (33)	7:44 (33)	8:59 (32)	11:03 (32)	15:10 (33)	18:05 (30)	19:42 (29)	21:39 (27)	23:44 (27)
2:33/39	3:13/40	1:58/41	1:15/42	2:04/43	4:07/44	2:55/45	1:37/47	1:57/48	2:05/49
+1:57 (35)	+1:54 (33)	+1:10 (33)	+0:33 (28)	+1:33 (30)	+2:51 (33)	+1:09 (20)	+0:35 (16)	+1:04 (27)	+1:03 (27)
24:57 (27)	26:00 (26)	27:19 (26)	28:05 (27)						
1:13/51	1:03/52	1:19/53	0:46/249						
+0:33 (23)	+0:31 (26)	+0:39 (30)	+0:13 (15)						
<b>28 Odd-Ivar Søvik</b>	<b>Bodø og Omegn IF</b>					<b>(15,03min/km)</b>	<b>30:04 (+17:07)</b>		
1:12 (22)	3:50 (23)	4:58 (22)	6:05 (22)	7:16 (19)	9:15 (19)	19:47 (33)	22:00 (33)	24:16 (30)	25:57 (29)
1:12/39	2:38/40	1:08/41	1:07/42	1:11/43	1:59/44	10:32/45	2:13/47	2:16/48	1:41/49
+0:36 (22)	+1:19 (25)	+0:20 (11)	+0:25 (23)	+0:40 (22)	+0:43 (16)	+8:46 (36)	+1:11 (29)	+1:23 (30)	+0:39 (21)
26:52 (29)	27:46 (28)	28:54 (28)	30:04 (28)						
0:55/51	0:54/52	1:08/53	1:10/249						
+0:15 (10)	+0:22 (22)	+0:28 (25)	+0:37 (33)						
<b>29 Bjørn Wiggo Hansen</b>	<b>Bodø og Omegn IF</b>					<b>(15,39min/km)</b>	<b>30:47 (+17:50)</b>		
2:36 (36)	4:33 (31)	5:44 (28)	7:00 (28)	8:14 (25)	13:08 (31)	17:39 (29)	20:05 (30)	25:10 (32)	26:37 (31)
2:36/39	1:57/40	1:11/41	1:16/42	1:14/43	4:54/44	4:31/45	2:26/47	5:05/48	1:27/49
+2:00 (36)	+0:38 (16)	+0:23 (18)	+0:34 (29)	+0:43 (26)	+3:38 (36)	+2:45 (29)	+1:24 (30)	+4:12 (35)	+0:25 (12)
28:07 (31)	28:51 (30)	30:05 (30)	30:47 (29)						
1:30/51	0:44/52	1:14/53	0:42/249						
+0:50 (26)	+0:12 (15)	+0:34 (28)	+0:09 (12)						

<b>30</b>	<b>Asbjørn Pedersen</b>		<b>SISO IL</b>		<b>(15,40min/km)</b>		<b>30:48</b>	<b>(+17:51)</b>		
	1:15 (24)	3:49 (22)	5:16 (24)	6:19 (23)	7:15 (18)	9:23 (22)	12:40 (21)	15:19 (22)	16:42 (21)	20:56 (25)
	1:15/39	2:34/40	1:27/41	1:03/42	0:56/43	2:08/44	3:17/45	2:39/47	1:23/48	4:14/49
	+0:39 (24)	+1:15 (23)	+0:39 (27)	+0:21 (19)	+0:25 (14)	+0:52 (23)	+1:31 (25)	+1:37 (33)	+0:30 (17)	+3:12 (35)
	22:03 (25)	28:37 (29)	29:46 (29)	30:48 (30)						
	1:07/51	6:34/52	1:09/53	1:02/249						
	+0:27 (20)	+6:02 (36)	+0:29 (27)	+0:29 (26)						
<b>31</b>	<b>Christian Søvik</b>		<b>Bodø og Omegn IF</b>		<b>(15,92min/km)</b>		<b>31:50</b>	<b>(+18:53)</b>		
	1:34 (30)	3:47 (21)	5:16 (25)	6:48 (27)	11:09 (33)	13:50 (32)	17:16 (28)	19:23 (27)	24:08 (29)	26:06 (30)
	1:34/39	2:13/40	1:29/41	1:32/42	4:21/43	2:41/44	3:26/45	2:07/47	4:45/48	1:58/49
	+0:58 (30)	+0:54 (19)	+0:41 (28)	+0:50 (32)	+3:50 (35)	+1:25 (27)	+1:40 (26)	+1:05 (26)	+3:52 (34)	+0:56 (25)
	27:50 (30)	29:36 (31)	30:41 (31)	31:50 (31)						
	1:44/51	1:46/52	1:05/53	1:09/249						
	+1:04 (32)	+1:14 (34)	+0:25 (22)	+0:36 (32)						
<b>32</b>	<b>Arve Pedersen</b>		<b>Innstrandens IL</b>		<b>(16,21min/km)</b>		<b>32:25</b>	<b>(+19:28)</b>		
	1:18 (26)	4:18 (30)	5:58 (30)	7:21 (31)	8:21 (26)	11:06 (25)	19:16 (32)	20:54 (32)	25:02 (31)	26:57 (32)
	1:18/39	3:00/40	1:40/41	1:23/42	1:00/43	2:45/44	8:10/45	1:38/47	4:08/48	1:55/49
	+0:42 (26)	+1:41 (30)	+0:52 (30)	+0:41 (30)	+0:29 (17)	+1:29 (28)	+6:24 (35)	+0:36 (17)	+3:15 (33)	+0:53 (23)
	28:36 (32)	30:05 (32)	31:20 (32)	32:25 (32)						
	1:39/51	1:29/52	1:15/53	1:05/249						
	+0:59 (29)	+0:57 (32)	+0:35 (29)	+0:32 (30)						
<b>33</b>	<b>Geir Moen</b>		<b>Bodø og Omegn IF</b>		<b>(17,45min/km)</b>		<b>34:54</b>	<b>(+21:57)</b>		
	1:10 (21)	9:27 (36)	10:47 (36)	11:59 (35)	14:08 (35)	16:55 (34)	23:24 (34)	25:35 (34)	27:38 (33)	29:44 (33)
	1:10/39	8:17/40	1:20/41	1:12/42	2:09/43	2:47/44	6:29/45	2:11/47	2:03/48	2:06/49
	+0:34 (21)	+6:58 (36)	+0:32 (23)	+0:30 (26)	+1:38 (31)	+1:31 (30)	+4:43 (33)	+1:09 (28)	+1:10 (28)	+1:04 (28)
	31:10 (33)	32:18 (33)	33:50 (33)	34:54 (33)						
	1:26/51	1:08/52	1:32/53	1:04/249						
	+0:46 (25)	+0:36 (28)	+0:52 (31)	+0:31 (28)						
<b>34</b>	<b>Dag Skogan</b>		<b>Bodø og Omegn IF</b>		<b>(20,63min/km)</b>		<b>41:16</b>	<b>(+28:19)</b>		
	2:17 (34)	7:20 (35)	10:11 (35)	11:58 (34)	13:49 (34)	18:22 (35)	25:32 (35)	29:17 (35)	31:09 (34)	34:18 (34)
	2:17/39	5:03/40	2:51/41	1:47/42	1:51/43	4:33/44	7:10/45	3:45/47	1:52/48	3:09/49
	+1:41 (34)	+3:44 (35)	+2:03 (35)	+1:05 (33)	+1:20 (27)	+3:17 (34)	+5:24 (34)	+2:43 (36)	+0:59 (26)	+2:07 (32)
	35:50 (34)	37:35 (34)	39:54 (34)	41:16 (34)						
	1:32/51	1:45/52	2:19/53	1:22/249						
	+0:52 (27)	+1:13 (33)	+1:39 (34)	+0:49 (35)						
<b>35</b>	<b>Jon Øverås</b>		<b>Bodø og Omegn IF</b>		<b>(23,89min/km)</b>		<b>47:47</b>	<b>(+34:50)</b>		
	1:21 (27)	4:05 (29)	5:47 (29)	7:16 (30)	9:14 (30)	12:24 (29)	16:55 (27)	19:31 (28)	37:52 (35)	41:21 (35)
	1:21/39	2:44/40	1:42/41	1:29/42	1:58/43	3:10/44	4:31/45	2:36/47	18:21/48	3:29/49
	+0:45 (27)	+1:25 (26)	+0:54 (31)	+0:47 (31)	+1:27 (29)	+1:54 (31)	+2:45 (29)	+1:34 (31)	+17:28 (36)	+2:27 (34)
	43:41 (35)	45:07 (35)	46:48 (35)	47:47 (35)						
	2:20/51	1:26/52	1:41/53	0:59/249						
	+1:40 (35)	+0:54 (31)	+1:01 (32)	+0:26 (25)						
<b>36</b>	<b>Arnold Danielsen</b>		<b>Bodø og Omegn IF</b>		<b>(29,29min/km)</b>		<b>58:35</b>	<b>(+45:38)</b>		
	2:14 (33)	6:32 (34)	9:58 (34)	12:20 (36)	24:18 (36)	29:04 (36)	35:15 (36)	38:51 (36)	41:59 (36)	46:22 (36)
	2:14/39	4:18/40	3:26/41	2:22/42	11:58/43	4:46/44	6:11/45	3:36/47	3:08/48	4:23/49
	+1:38 (33)	+2:59 (34)	+2:38 (36)	+1:40 (36)	+11:27 (36)	+3:30 (35)	+4:25 (32)	+2:34 (35)	+2:15 (32)	+3:21 (36)
	48:50 (36)	50:53 (36)	56:32 (36)	58:35 (36)						
	2:28/51	2:03/52	5:39/53	2:03/249						
	+1:48 (36)	+1:31 (35)	+4:59 (36)	+1:30 (36)						
	<b>Tore Tverraabak</b>		<b>Bodø og Omegn IF</b>		<b>(10,96min/km)</b>		<b>Disk</b>	<b>(+8:58)</b>		
	1:20 (27)	3:53 (25)	5:41 (28)	6:58 (28)	8:01 (25)	9:47 (24)	12:59 (22)	14:41 (21)	15:53 (21)	18:21 (21)
	1:20/39	2:33/40	1:48/41	1:17/42	1:03/43	1:46/44	3:12/45	1:42/47	1:12/32	2:28/49
	+0:44 (27)	+1:14 (23)	+1:00 (32)	+0:35 (30)	+0:32 (21)	+0:30 (14)	+1:26 (25)	+0:40 (18)	+0:19 (13)	+1:26 (31)
	19:26 (21)	20:10 (21)	21:05 (20)	21:55 (20)						
	1:05/51	0:44/52	0:55/53	0:50/249						
	+0:25 (18)	+0:12 (15)	+0:15 (18)	+0:17 (20)						
	<b>Eduardo Cid Cruz</b>		<b>Bodø og Omegn IF</b>		<b>(14,87min/km)</b>		<b>Disk</b>	<b>(+16:47)</b>		
	1:09 (20)	8:06 (36)	9:26 (34)	11:22 (34)	14:59 (36)	18:03 (35)	21:04 (34)	23:12 (34)	24:39 (31)	26:11 (31)
	1:09/39	6:57/41	1:20/40	1:56/42	3:37/43	3:04/44	3:01/45	2:08/47	1:27/48	1:32/49
	+0:33 (20)	+5:38 (36)	+0:32 (23)	+1:14 (34)	+3:06 (35)	+1:48 (31)	+1:15 (24)	+1:06 (27)	+0:34 (19)	+0:30 (15)

27:08 (30)	27:58 (29)	28:51 (28)	29:44 (28)
0:57/51	0:50/52	0:53/53	0:53/249
+0:17 (11)	+0:18 (21)	+0:13 (16)	+0:20 (22)