

Resultater fra Sprint 3 - Tverlandet 10.06.2008

Det var totalt 70 deltagere.

Klasse D

16 påmeldt, 15 startende

| | | | | | | | | | | |
|----------|-------------------------|------------|------------|-----------------|-----------|----------------------|-----------|--------------|----------------|------------|
| 1 | Ariaja Kleist | | | B&OI | | (9,40min/km) | | 20:41 | | |
| | 2:32 (11) | 5:12 (5) | 8:05 (3) | 9:20 (3) | 12:09 (2) | 13:12 (1) | 15:06 (1) | 17:19 (1) | 18:24 (1) | 20:00 (1) |
| | 2:32/91 | 2:40/102 | 2:53/122 | 1:15/121 | 2:49/93 | 1:03/108 | 1:54/120 | 2:13/125 | 1:05/119 | 1:36/105 |
| | +1:07 (11) | +0:29 (2) | +0:00 (1) | +0:00 (1) | +0:00 (1) | +0:00 (1) | +0:18 (6) | +0:00 (1) | +0:00 (1) | +0:00 (1) |
| | 20:32 (1) | 20:41 (1) | | | | | | | | |
| | 0:32/123 | 0:09/100 | | | | | | | | |
| | +0:00 (1) | +0:00 (1) | | | | | | | | |
| 2 | Tove Bergkvist | | | VIL | | (10,46min/km) | | 23:01 | (+2:20) | |
| | 1:30 (3) | 3:41 (1) | 7:13 (1) | 8:43 (1) | 11:46 (1) | 13:33 (2) | 15:19 (2) | 18:01 (2) | 19:28 (2) | 22:12 (2) |
| | 1:30/91 | 2:11/102 | 3:32/122 | 1:30/121 | 3:03/93 | 1:47/108 | 1:46/120 | 2:42/125 | 1:27/119 | 2:44/105 |
| | +0:05 (3) | +0:00 (1) | +0:39 (3) | +0:15 (2) | +0:14 (2) | +0:44 (11) | +0:10 (4) | +0:29 (5) | +0:22 (3) | +1:08 (5) |
| | 22:50 (2) | 23:01 (2) | | | | | | | | |
| | 0:38/123 | 0:11/100 | | | | | | | | |
| | +0:06 (4) | +0:02 (8) | | | | | | | | |
| 3 | Vibece Hobbestad | | | VIL | | (11,08min/km) | | 24:22 | (+3:41) | |
| | 1:25 (1) | 4:06 (2) | 7:17 (2) | 8:57 (2) | 12:46 (3) | 15:04 (3) | 16:47 (3) | 19:02 (3) | 20:38 (3) | 23:27 (3) |
| | 1:25/91 | 2:41/102 | 3:11/122 | 1:40/121 | 3:49/93 | 2:18/108 | 1:43/120 | 2:15/125 | 1:36/119 | 2:49/105 |
| | +0:00 (1) | +0:30 (3) | +0:18 (2) | +0:25 (5) | +1:00 (4) | +1:15 (14) | +0:07 (2) | +0:02 (2) | +0:31 (8) | +1:13 (6) |
| | 24:11 (3) | 24:22 (3) | | | | | | | | |
| | 0:44/123 | 0:11/100 | | | | | | | | |
| | +0:12 (6) | +0:02 (8) | | | | | | | | |
| 4 | Anita Eriksen | | | B&OI | | (11,77min/km) | | 25:54 | (+5:13) | |
| | 2:03 (7) | 5:32 (6) | 9:05 (4) | 10:35 (4) | 14:51 (4) | 16:27 (4) | 18:03 (4) | 20:32 (4) | 21:57 (4) | 25:09 (4) |
| | 2:03/91 | 3:29/102 | 3:33/122 | 1:30/121 | 4:16/93 | 1:36/108 | 1:36/120 | 2:29/125 | 1:25/119 | 3:12/105 |
| | +0:38 (7) | +1:18 (7) | +0:40 (4) | +0:15 (2) | +1:27 (7) | +0:33 (5) | +0:00 (1) | +0:16 (4) | +0:20 (2) | +1:36 (9) |
| | 25:44 (4) | 25:54 (4) | | | | | | | | |
| | 0:35/123 | 0:10/116 | | | | | | | | |
| | +0:03 (3) | +0:01 (2) | | | | | | | | |
| 5 | Wenche Rekkedal | | | B&OI | | (12,80min/km) | | 28:10 | (+7:29) | |
| | 1:40 (5) | 4:31 (3) | 9:55 (9) | 11:42 (7) | 15:54 (7) | 17:18 (6) | 19:14 (5) | 22:07 (6) | 23:40 (6) | 27:11 (5) |
| | 1:40/91 | 2:51/102 | 5:24/122 | 1:47/121 | 4:12/93 | 1:24/108 | 1:56/120 | 2:53/125 | 1:33/119 | 3:31/105 |
| | +0:15 (5) | +0:40 (4) | +2:31 (11) | +0:32 (6) | +1:23 (6) | +0:21 (2) | +0:20 (8) | +0:40 (6) | +0:28 (5) | +1:55 (10) |
| | 27:56 (5) | 28:10 (5) | | | | | | | | |
| | 0:45/123 | 0:14/100 | | | | | | | | |
| | +0:13 (9) | +0:05 (12) | | | | | | | | |
| 6 | Elin Irgens | | | B&OI | | (12,82min/km) | | 28:12 | (+7:31) | |
| | 1:38 (4) | 5:35 (7) | 9:28 (5) | 11:22 (6) | 15:39 (5) | 17:17 (5) | 19:21 (8) | 22:35 (8) | 24:10 (8) | 27:16 (6) |
| | 1:38/91 | 3:57/102 | 3:53/122 | 1:54/121 | 4:17/93 | 1:38/108 | 2:04/120 | 3:14/125 | 1:35/119 | 3:06/105 |
| | +0:13 (4) | +1:46 (10) | +1:00 (7) | +0:39 (7) | +1:28 (8) | +0:35 (6) | +0:28 (9) | +1:01 (8) | +0:30 (6) | +1:30 (8) |
| | 28:02 (6) | 28:12 (6) | | | | | | | | |
| | 0:46/123 | 0:10/100 | | | | | | | | |
| | +0:14 (11) | +0:01 (2) | | | | | | | | |
| 7 | Ida Hegreberg | | | B&OI | | (13,05min/km) | | 28:43 | (+8:02) | |
| | 2:11 (10) | 6:06 (10) | 10:04 (10) | 12:05 (9) | 15:42 (6) | 17:30 (8) | 19:20 (7) | 21:42 (5) | 23:17 (5) | 27:49 (8) |
| | 2:11/91 | 3:55/102 | 3:58/122 | 2:01/121 | 3:37/93 | 1:48/108 | 1:50/120 | 2:22/125 | 1:35/119 | 4:32/105 |
| | +0:46 (10) | +1:44 (8) | +1:05 (8) | +0:46 (9) | +0:48 (3) | +0:45 (12) | +0:14 (5) | +0:09 (3) | +0:30 (6) | +2:56 (14) |
| | 28:33 (7) | 28:43 (7) | | | | | | | | |
| | 0:44/123 | 0:10/100 | | | | | | | | |
| | +0:12 (6) | +0:01 (2) | | | | | | | | |
| 8 | Jannike Person | | | B&OI | | (13,14min/km) | | 28:54 | (+8:13) | |
| | 1:43 (6) | 4:57 (4) | 9:39 (6) | 11:11 (5) | 15:54 (7) | 17:29 (7) | 19:14 (6) | 22:29 (7) | 23:59 (7) | 27:34 (7) |
| | 1:43/91 | 3:14/102 | 4:42/122 | 1:32/121 | 4:43/93 | 1:35/108 | 1:45/120 | 3:15/125 | 1:30/119 | 3:35/105 |
| | +0:18 (6) | +1:03 (5) | +1:49 (9) | +0:17 (4) | +1:54 (9) | +0:32 (4) | +0:09 (3) | +1:02 (9) | +0:25 (4) | +1:59 (11) |
| | 28:42 (8) | 28:54 (8) | | | | | | | | |

1:08/123 0:12/100
+0:36 (15) +0:03 (10)

9 Jeanett Støvset Skjerstad IL (14,45min/km) 31:48 (+11:07)
2:45 (13) 6:02 (8) 9:41 (7) 13:56 (10) 19:03 (9) 20:43 (9) 23:08 (10) 26:18 (10) 28:11 (10) 30:41 (9)
2:45/91 3:17/102 3:39/122 4:15/121 5:07/93 1:40/108 2:25/120 3:10/125 1:53/119 2:30/105
+1:20 (13) +1:06 (6) +0:46 (6) +3:00 (15) +2:18 (10) +0:37 (8) +0:49 (10) +0:57 (7) +0:48 (11) +0:54 (4)
31:25 (9) 31:48 (9)
0:44/123 0:23/100
+0:12 (6) +0:14 (15)

10 Mari Reitan B&OI (14,47min/km) 31:50 (+11:09)
2:04 (8) 6:19 (11) 9:53 (8) 11:47 (8) 19:28 (10) 20:54 (10) 22:49 (9) 26:15 (9) 27:56 (9) 30:55 (10)
2:04/91 4:15/102 3:34/122 1:54/121 7:41/93 1:26/108 1:55/120 3:26/125 1:41/119 2:59/105
+0:39 (8) +2:04 (12) +0:41 (5) +0:39 (7) +4:52 (14) +0:23 (3) +0:19 (7) +1:13 (11) +0:36 (9) +1:23 (7)
31:40 (10) 31:50 (10)
0:45/123 0:10/100
+0:13 (9) +0:01 (2)

11 Marte Pedersen Tverrlandet IL (17,20min/km) 37:50 (+17:09)
1:26 (2) 6:42 (12) 15:03 (12) 18:23 (12) 25:05 (13) 26:44 (13) 29:21 (13) 32:51 (13) 34:54 (13) 37:01 (12)
1:26/91 5:16/102 8:21/122 3:20/121 6:42/93 1:39/108 2:37/120 3:30/125 2:03/119 2:07/105
+0:01 (2) +3:05 (13) +5:28 (15) +2:05 (13) +3:53 (13) +0:36 (7) +1:01 (14) +1:17 (12) +0:58 (13) +0:31 (2)
37:40 (11) 37:50 (11)
0:39/123 0:10/100
+0:07 (5) +0:01 (2)

12 Kaja Skiri B&OI (17,30min/km) 38:04 (+17:23)
2:05 (9) 6:02 (8) 11:54 (11) 15:08 (11) 21:05 (11) 23:52 (11) 26:22 (11) 30:14 (11) 32:43 (11) 36:55 (11)
2:05/91 3:57/102 5:52/122 3:14/121 5:57/93 2:47/108 2:30/120 3:52/125 2:29/119 4:12/105
+0:40 (9) +1:46 (10) +2:59 (12) +1:59 (12) +3:08 (11) +1:44 (15) +0:54 (13) +1:39 (14) +1:24 (14) +2:36 (13)
37:51 (12) 38:04 (12)
0:56/123 0:13/116
+0:24 (13) +0:04 (11)

13 Charlotte Gjerde Tverrlandet IL (17,50min/km) 38:30 (+17:49)
3:36 (15) 7:31 (13) 15:51 (13) 19:11 (13) 25:50 (14) 27:30 (14) 30:14 (14) 33:38 (14) 35:40 (14) 37:48 (14)
3:36/91 3:55/102 8:20/122 3:20/121 6:39/93 1:40/108 2:44/120 3:24/125 2:02/119 2:08/105
+2:11 (15) +1:44 (8) +5:27 (14) +2:05 (13) +3:50 (12) +0:37 (8) +1:08 (15) +1:11 (10) +0:57 (12) +0:32 (3)
38:20 (13) 38:30 (13)
0:32/123 0:10/100
+0:00 (1) +0:01 (2)

14 Regula Høsli B&OI (17,68min/km) 38:54 (+18:13)
2:43 (12) 12:25 (14) 17:29 (14) 19:51 (14) 23:44 (12) 26:01 (12) 28:30 (12) 32:07 (12) 33:58 (12) 37:40 (13)
2:43/91 9:42/102 5:04/122 2:22/121 3:53/93 2:17/108 2:29/120 3:37/125 1:51/119 3:42/105
+1:18 (12) +7:31 (14) +2:11 (10) +1:07 (11) +1:04 (5) +1:14 (13) +0:53 (11) +1:24 (13) +0:46 (10) +2:06 (12)
38:39 (14) 38:54 (14)
0:59/123 0:15/100
+0:27 (14) +0:06 (13)

15 Eva Pedersen SISO (26,13min/km) 57:29 (+36:48)
3:24 (14) 21:59 (15) 27:57 (15) 30:02 (15) 40:21 (15) 42:04 (15) 44:33 (15) 49:04 (15) 51:33 (15) 56:22 (15)
3:24/91 18:35/102 5:58/122 2:05/121 10:19/93 1:43/108 2:29/120 4:31/125 2:29/119 4:49/105
+1:59 (14) +16:24 (15) +3:05 (13) +0:50 (10) +7:30 (15) +0:40 (10) +0:53 (11) +2:18 (15) +1:24 (14) +3:13 (15)
57:11 (15) 57:29 (15)
0:49/123 0:18/100
+0:17 (12) +0:09 (14)

Klasse H

34 påmeldt, 34 startende

1 Lars Reitan B&OI (7,51min/km) 16:31
1:03 (4) 2:31 (1) 5:06 (1) 6:15 (1) 8:27 (1) 9:24 (1) 10:44 (1) 12:57 (1) 14:09 (1) 15:49 (2)
1:03/91 1:28/102 2:35/122 1:09/121 2:12/93 0:57/108 1:20/120 2:13/125 1:12/119 1:40/105
+0:03 (4) +0:00 (1) +0:00 (1) +0:08 (2) +0:00 (1) +0:01 (2) +0:04 (2) +0:11 (3) +0:09 (10) +0:09 (3)
16:23 (1) 16:31 (1)

| | | | | | | | | | | |
|------------|----------------------------|------------|-----------------|------------|---------------------|------------|--------------|------------|----------------|--|
| 0:34/123 | 0:08/100 | | | | | | | | | |
| +0:08 (9) | +0:01 (4) | | | | | | | | | |
| 2 | Petter Jakola | | B&OI | | (7,56min/km) | | 16:38 | | (+0:07) | |
| 1:19 (16) | 2:59 (4) | 5:37 (3) | 6:38 (2) | 8:54 (2) | 9:50 (2) | 11:06 (2) | 13:08 (2) | 14:15 (2) | 15:46 (1) | |
| 1:19/91 | 1:40/102 | 2:38/122 | 1:01/121 | 2:16/93 | 0:56/108 | 1:16/120 | 2:02/125 | 1:07/119 | 1:31/105 | |
| +0:19 (16) | +0:12 (2) | +0:03 (3) | +0:00 (1) | +0:04 (2) | +0:00 (1) | +0:00 (1) | +0:00 (1) | +0:04 (5) | +0:00 (1) | |
| 16:31 (2) | 16:38 (2) | | | | | | | | | |
| 0:45/123 | 0:07/100 | | | | | | | | | |
| +0:19 (25) | +0:00 (1) | | | | | | | | | |
| 3 | Per Rekkedal | | B&OI | | (7,87min/km) | | 17:19 | | (+0:48) | |
| 1:00 (1) | 2:45 (2) | 5:28 (2) | 6:49 (3) | 9:20 (3) | 10:23 (3) | 11:45 (3) | 14:03 (3) | 15:06 (3) | 16:41 (3) | |
| 1:00/91 | 1:45/102 | 2:43/122 | 1:21/121 | 2:31/93 | 1:03/108 | 1:22/120 | 2:18/125 | 1:03/119 | 1:35/105 | |
| +0:00 (1) | +0:17 (3) | +0:08 (4) | +0:20 (11) | +0:19 (4) | +0:07 (4) | +0:06 (3) | +0:16 (5) | +0:00 (1) | +0:04 (2) | |
| 17:12 (3) | 17:19 (3) | | | | | | | | | |
| 0:31/123 | 0:07/100 | | | | | | | | | |
| +0:05 (7) | +0:00 (1) | | | | | | | | | |
| 4 | Bjørn Are Stensland | | B&OI | | (8,68min/km) | | 19:06 | | (+2:35) | |
| 1:01 (3) | 3:41 (13) | 6:16 (6) | 7:43 (5) | 10:05 (4) | 11:13 (4) | 12:38 (4) | 15:26 (4) | 16:34 (4) | 18:24 (4) | |
| 1:01/91 | 2:40/102 | 2:35/122 | 1:27/121 | 2:22/93 | 1:08/108 | 1:25/120 | 2:48/125 | 1:08/119 | 1:50/105 | |
| +0:01 (3) | +1:12 (16) | +0:00 (1) | +0:26 (16) | +0:10 (3) | +0:12 (5) | +0:09 (5) | +0:46 (18) | +0:05 (7) | +0:19 (4) | |
| 18:57 (4) | 19:06 (4) | | | | | | | | | |
| 0:33/123 | 0:09/100 | | | | | | | | | |
| +0:07 (8) | +0:02 (7) | | | | | | | | | |
| 5 | Erlend Fjose | | B&OI | | (8,89min/km) | | 19:34 | | (+3:03) | |
| 1:15 (14) | 3:17 (7) | 6:21 (7) | 7:50 (8) | 10:32 (6) | 11:55 (7) | 13:26 (5) | 15:37 (5) | 16:41 (5) | 18:41 (5) | |
| 1:15/91 | 2:02/102 | 3:04/122 | 1:29/121 | 2:42/93 | 1:23/108 | 1:31/120 | 2:11/125 | 1:04/119 | 2:00/105 | |
| +0:15 (14) | +0:34 (6) | +0:29 (13) | +0:28 (19) | +0:30 (6) | +0:27 (13) | +0:15 (9) | +0:09 (2) | +0:01 (2) | +0:29 (8) | |
| 19:22 (5) | 19:34 (5) | | | | | | | | | |
| 0:41/123 | 0:12/100 | | | | | | | | | |
| +0:15 (20) | +0:05 (20) | | | | | | | | | |
| 6 | Torkil Irgens | | B&OI | | (9,09min/km) | | 20:00 | | (+3:29) | |
| 1:05 (6) | 3:53 (15) | 6:37 (11) | 7:55 (10) | 10:45 (7) | 11:55 (6) | 13:34 (7) | 15:56 (6) | 17:13 (6) | 19:13 (6) | |
| 1:05/91 | 2:48/102 | 2:44/122 | 1:18/121 | 2:50/93 | 1:10/108 | 1:39/120 | 2:22/125 | 1:17/119 | 2:00/105 | |
| +0:05 (6) | +1:20 (18) | +0:09 (5) | +0:17 (6) | +0:38 (7) | +0:14 (6) | +0:23 (15) | +0:20 (6) | +0:14 (11) | +0:29 (8) | |
| 19:51 (6) | 20:00 (6) | | | | | | | | | |
| 0:38/123 | 0:09/100 | | | | | | | | | |
| +0:12 (16) | +0:02 (7) | | | | | | | | | |
| 7 | Anders Kure | | B&OI | | (9,14min/km) | | 20:07 | | (+3:36) | |
| 1:06 (7) | 3:27 (10) | 6:15 (5) | 7:43 (6) | 10:53 (8) | 12:12 (8) | 13:42 (8) | 16:18 (8) | 17:26 (7) | 19:21 (7) | |
| 1:06/91 | 2:21/102 | 2:48/122 | 1:28/121 | 3:10/93 | 1:19/108 | 1:30/120 | 2:36/125 | 1:08/119 | 1:55/105 | |
| +0:06 (7) | +0:53 (11) | +0:13 (7) | +0:27 (17) | +0:58 (11) | +0:23 (12) | +0:14 (8) | +0:34 (12) | +0:05 (7) | +0:24 (5) | |
| 19:57 (7) | 20:07 (7) | | | | | | | | | |
| 0:36/123 | 0:10/100 | | | | | | | | | |
| +0:10 (12) | +0:03 (11) | | | | | | | | | |
| 8 | Leif Magne Eggestad | | B&OI | | (9,39min/km) | | 20:39 | | (+4:08) | |
| 1:06 (7) | 2:56 (3) | 5:40 (4) | 7:08 (4) | 11:14 (9) | 12:29 (9) | 13:56 (9) | 16:24 (9) | 17:49 (9) | 19:52 (8) | |
| 1:06/91 | 1:50/102 | 2:44/122 | 1:28/121 | 4:06/93 | 1:15/108 | 1:27/120 | 2:28/125 | 1:25/119 | 2:03/105 | |
| +0:06 (7) | +0:22 (4) | +0:09 (5) | +0:27 (17) | +1:54 (25) | +0:19 (8) | +0:11 (7) | +0:26 (7) | +0:22 (14) | +0:32 (11) | |
| 20:27 (8) | 20:39 (8) | | | | | | | | | |
| 0:35/123 | 0:12/100 | | | | | | | | | |
| +0:09 (10) | +0:05 (20) | | | | | | | | | |
| 9 | Arne Kr. Nordhei | | B&OI | | (9,58min/km) | | 21:05 | | (+4:34) | |
| 1:12 (12) | 3:40 (12) | 6:51 (12) | 8:30 (14) | 11:28 (10) | 12:45 (10) | 14:34 (11) | 17:02 (10) | 18:11 (10) | 20:21 (9) | |
| 1:12/91 | 2:28/102 | 3:11/122 | 1:39/121 | 2:58/93 | 1:17/108 | 1:49/120 | 2:28/125 | 1:09/119 | 2:10/105 | |
| +0:12 (12) | +1:00 (12) | +0:36 (16) | +0:38 (22) | +0:46 (8) | +0:21 (11) | +0:33 (19) | +0:26 (7) | +0:06 (9) | +0:39 (16) | |
| 20:56 (9) | 21:05 (9) | | | | | | | | | |
| 0:35/123 | 0:09/100 | | | | | | | | | |
| +0:09 (10) | +0:02 (7) | | | | | | | | | |
| 10 | Arild Pettersen | | BKK | | (9,73min/km) | | 21:24 | | (+4:53) | |
| 1:22 (18) | 3:25 (9) | 6:27 (8) | 7:48 (7) | 11:48 (11) | 13:02 (11) | 14:27 (10) | 17:04 (11) | 18:35 (11) | 20:35 (11) | |

| | | | | | | | | | |
|------------|------------|------------|------------|------------|-----------|-----------|------------|------------|-----------|
| 1:22/91 | 2:03/102 | 3:02/122 | 1:21/121 | 4:00/93 | 1:14/108 | 1:25/120 | 2:37/125 | 1:31/119 | 2:00/105 |
| +0:22 (18) | +0:35 (7) | +0:27 (12) | +0:20 (11) | +1:48 (24) | +0:18 (7) | +0:09 (5) | +0:35 (13) | +0:28 (15) | +0:29 (8) |
| 21:13 (10) | 21:24 (10) | | | | | | | | |
| 0:38/123 | 0:11/100 | | | | | | | | |
| +0:12 (16) | +0:04 (13) | | | | | | | | |

11 Jan Prytz **B&OI** (9,77min/km) **21:29 (+4:58)**

| | | | | | | | | | |
|------------|------------|------------|------------|-----------|------------|------------|------------|------------|------------|
| 1:07 (9) | 3:23 (8) | 6:27 (9) | 7:50 (8) | 10:28 (5) | 11:53 (5) | 13:26 (5) | 16:09 (7) | 17:49 (8) | 20:30 (10) |
| 1:07/91 | 2:16/102 | 3:04/122 | 1:23/121 | 2:38/93 | 1:25/108 | 1:33/120 | 2:43/125 | 1:40/119 | 2:41/105 |
| +0:07 (9) | +0:48 (10) | +0:29 (13) | +0:22 (13) | +0:26 (5) | +0:29 (15) | +0:17 (11) | +0:41 (15) | +0:37 (19) | +1:10 (25) |
| 21:18 (11) | 21:29 (11) | | | | | | | | |
| 0:48/123 | 0:11/100 | | | | | | | | |
| +0:22 (27) | +0:04 (13) | | | | | | | | |

12 Bjørn Godal **B&OI** (9,99min/km) **21:59 (+5:28)**

| | | | | | | | | | |
|------------|------------|------------|-----------|------------|------------|------------|------------|------------|------------|
| 1:04 (5) | 4:18 (16) | 7:15 (14) | 8:29 (13) | 12:24 (12) | 13:25 (12) | 14:49 (12) | 17:34 (12) | 19:11 (12) | 21:18 (12) |
| 1:04/91 | 3:14/102 | 2:57/122 | 1:14/121 | 3:55/93 | 1:01/108 | 1:24/120 | 2:45/125 | 1:37/119 | 2:07/105 |
| +0:04 (5) | +1:46 (21) | +0:22 (10) | +0:13 (3) | +1:43 (22) | +0:05 (3) | +0:08 (4) | +0:43 (16) | +0:34 (18) | +0:36 (15) |
| 21:48 (12) | 21:59 (12) | | | | | | | | |
| 0:30/123 | 0:11/100 | | | | | | | | |
| +0:04 (6) | +0:04 (13) | | | | | | | | |

13 Håvard Irgens **B&OI** (10,52min/km) **23:09 (+6:38)**

| | | | | | | | | | |
|------------|------------|-----------|-----------|------------|------------|------------|------------|------------|------------|
| 2:18 (25) | 5:06 (19) | 7:56 (17) | 9:15 (16) | 12:51 (15) | 14:06 (14) | 15:42 (13) | 18:10 (13) | 20:03 (13) | 22:32 (13) |
| 2:18/91 | 2:48/102 | 2:50/122 | 1:19/121 | 3:36/93 | 1:15/108 | 1:36/120 | 2:28/125 | 1:53/119 | 2:29/105 |
| +1:18 (25) | +1:20 (18) | +0:15 (8) | +0:18 (7) | +1:24 (18) | +0:19 (8) | +0:20 (13) | +0:26 (7) | +0:50 (24) | +0:58 (19) |
| 22:59 (13) | 23:09 (13) | | | | | | | | |
| 0:27/123 | 0:10/100 | | | | | | | | |
| +0:01 (2) | +0:03 (11) | | | | | | | | |

14 Ketil Jordbru **VIL** (10,93min/km) **24:03 (+7:32)**

| | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 1:20 (17) | 4:22 (17) | 7:35 (16) | 9:18 (17) | 12:50 (14) | 14:52 (16) | 16:29 (16) | 19:19 (14) | 20:39 (14) | 23:14 (14) |
| 1:20/91 | 3:02/102 | 3:13/122 | 1:43/121 | 3:32/93 | 2:02/108 | 1:37/120 | 2:50/125 | 1:20/119 | 2:35/105 |
| +0:20 (17) | +1:34 (20) | +0:38 (17) | +0:42 (26) | +1:20 (16) | +1:06 (28) | +0:21 (14) | +0:48 (19) | +0:17 (12) | +1:04 (23) |
| 23:50 (14) | 24:03 (14) | | | | | | | | |
| 0:36/123 | 0:13/100 | | | | | | | | |
| +0:10 (12) | +0:06 (23) | | | | | | | | |

15 Øyvind Bjørkås **B&OI** (11,21min/km) **24:40 (+8:09)**

| | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 1:00 (1) | 3:08 (5) | 7:27 (15) | 9:09 (15) | 12:34 (13) | 14:01 (13) | 15:59 (14) | 19:27 (15) | 20:59 (15) | 23:33 (15) |
| 1:00/91 | 2:08/102 | 4:19/122 | 1:42/121 | 3:25/93 | 1:27/108 | 1:58/120 | 3:28/125 | 1:32/119 | 2:34/105 |
| +0:00 (1) | +0:40 (8) | +1:44 (25) | +0:41 (25) | +1:13 (15) | +0:31 (17) | +0:42 (22) | +1:26 (27) | +0:29 (16) | +1:03 (22) |
| 24:27 (15) | 24:40 (15) | | | | | | | | |
| 0:54/123 | 0:13/100 | | | | | | | | |
| +0:28 (28) | +0:06 (23) | | | | | | | | |

16 Fredrik Kristiansen **B&OI** (11,48min/km) **25:16 (+8:45)**

| | | | | | | | | | |
|------------|------------|-----------|------------|------------|------------|------------|------------|------------|------------|
| 1:26 (20) | 7:03 (28) | 9:55 (21) | 11:19 (20) | 15:12 (23) | 16:42 (22) | 18:15 (21) | 20:29 (17) | 22:42 (17) | 24:40 (16) |
| 1:26/91 | 5:37/102 | 2:52/122 | 1:24/121 | 3:53/93 | 1:30/108 | 1:33/120 | 2:14/125 | 2:13/119 | 1:58/105 |
| +0:26 (20) | +4:09 (28) | +0:17 (9) | +0:23 (15) | +1:41 (21) | +0:34 (18) | +0:17 (11) | +0:12 (4) | +1:10 (28) | +0:27 (6) |
| 25:08 (16) | 25:16 (16) | | | | | | | | |
| 0:28/123 | 0:08/100 | | | | | | | | |
| +0:02 (4) | +0:01 (4) | | | | | | | | |

17 Erling Pedersen **SISO** (11,73min/km) **25:49 (+9:18)**

| | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 1:18 (15) | 3:10 (6) | 7:05 (13) | 8:28 (12) | 13:49 (18) | 15:04 (18) | 17:12 (17) | 20:25 (16) | 22:22 (16) | 24:53 (17) |
| 1:18/91 | 1:52/102 | 3:55/122 | 1:23/121 | 5:21/93 | 1:15/108 | 2:08/120 | 3:13/125 | 1:57/119 | 2:31/105 |
| +0:18 (15) | +0:24 (5) | +1:20 (21) | +0:22 (13) | +3:09 (29) | +0:19 (8) | +0:52 (25) | +1:11 (23) | +0:54 (25) | +1:00 (20) |
| 25:37 (17) | 25:49 (17) | | | | | | | | |
| 0:44/123 | 0:12/100 | | | | | | | | |
| +0:18 (23) | +0:05 (20) | | | | | | | | |

18 Torbjørn Høslø Olsen **B&OI** (11,78min/km) **25:55 (+9:24)**

| | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| 1:07 (9) | 7:01 (27) | 10:06 (23) | 11:21 (22) | 15:09 (22) | 16:33 (21) | 18:05 (19) | 22:09 (22) | 23:15 (18) | 25:20 (18) |
| 1:07/91 | 5:54/102 | 3:05/122 | 1:15/121 | 3:48/93 | 1:24/108 | 1:32/120 | 4:04/125 | 1:06/119 | 2:05/105 |
| +0:07 (9) | +4:26 (30) | +0:30 (15) | +0:14 (5) | +1:36 (20) | +0:28 (14) | +0:16 (10) | +2:02 (28) | +0:03 (4) | +0:34 (13) |
| 25:47 (18) | 25:55 (18) | | | | | | | | |
| 0:27/123 | 0:08/100 | | | | | | | | |

| | | | | | | | | | | |
|---------------------------------|------------|------------|-----------------|------------|----------------------|------------|--------------|-----------------|------------|--|
| | +0:01 (2) | +0:01 (4) | | | | | | | | |
| 19 Anders Stensland | | | B&OI | | (12,28min/km) | | 27:01 | (+10:30) | | |
| 1:30 (21) | 3:39 (11) | 6:36 (10) | 7:56 (11) | 12:55 (16) | 14:26 (15) | 16:18 (15) | 22:05 (21) | 24:17 (22) | 26:21 (19) | |
| 1:30/91 | 2:09/102 | 2:57/122 | 1:20/121 | 4:59/93 | 1:31/108 | 1:52/120 | 5:47/125 | 2:12/119 | 2:04/105 | |
| +0:30 (21) | +0:41 (9) | +0:22 (10) | +0:19 (9) | +2:47 (28) | +0:35 (19) | +0:36 (21) | +3:45 (31) | +1:09 (26) | +0:33 (12) | |
| 26:50 (19) | 27:01 (19) | | | | | | | | | |
| 0:29/123 | 0:11/100 | | | | | | | | | |
| +0:03 (5) | +0:04 (13) | | | | | | | | | |
| 20 Sverre Frøyen | | | Ukjent | | (12,63min/km) | | 27:47 | (+11:16) | | |
| 4:32 (32) | 7:00 (26) | 11:02 (24) | 12:31 (24) | 15:45 (24) | 17:24 (24) | 19:25 (23) | 22:34 (23) | 24:16 (21) | 26:48 (20) | |
| 4:32/91 | 2:28/102 | 4:02/122 | 1:29/121 | 3:14/93 | 1:39/108 | 2:01/120 | 3:09/125 | 1:42/119 | 2:32/105 | |
| +3:32 (32) | +1:00 (12) | +1:27 (23) | +0:28 (19) | +1:02 (12) | +0:43 (21) | +0:45 (24) | +1:07 (22) | +0:39 (20) | +1:01 (21) | |
| 27:32 (20) | 27:47 (20) | | | | | | | | | |
| 0:44/123 | 0:15/100 | | | | | | | | | |
| +0:18 (23) | +0:08 (28) | | | | | | | | | |
| 21 Ask K Godal | | | B&OI | | (12,67min/km) | | 27:53 | (+11:22) | | |
| 3:42 (31) | 6:15 (23) | 10:01 (22) | 11:51 (23) | 15:05 (21) | 16:51 (23) | 18:50 (22) | 21:41 (20) | 23:57 (20) | 27:01 (22) | |
| 3:42/91 | 2:33/102 | 3:46/122 | 1:50/121 | 3:14/93 | 1:46/108 | 1:59/120 | 2:51/125 | 2:16/119 | 3:04/105 | |
| +2:42 (31) | +1:05 (14) | +1:11 (20) | +0:49 (28) | +1:02 (12) | +0:50 (24) | +0:43 (23) | +0:49 (20) | +1:13 (29) | +1:33 (27) | |
| 27:39 (21) | 27:53 (21) | | | | | | | | | |
| 0:38/123 | 0:14/100 | | | | | | | | | |
| +0:12 (16) | +0:07 (27) | | | | | | | | | |
| 22 Morten Selnes | | | B&OI | | (12,95min/km) | | 28:29 | (+11:58) | | |
| 1:48 (23) | 4:33 (18) | 8:29 (18) | 10:13 (18) | 13:54 (19) | 15:40 (19) | 17:58 (18) | 21:23 (19) | 23:35 (19) | 27:00 (21) | |
| 1:48/91 | 2:45/102 | 3:56/122 | 1:44/121 | 3:41/93 | 1:46/108 | 2:18/120 | 3:25/125 | 2:12/119 | 3:25/105 | |
| +0:48 (23) | +1:17 (17) | +1:21 (22) | +0:43 (27) | +1:29 (19) | +0:50 (24) | +1:02 (27) | +1:23 (26) | +1:09 (26) | +1:54 (28) | |
| 28:16 (22) | 28:29 (22) | | | | | | | | | |
| 1:16/123 | 0:13/100 | | | | | | | | | |
| +0:50 (32) | +0:06 (23) | | | | | | | | | |
| 23 Jørgen Jakola | | | B&OI | | (13,14min/km) | | 28:54 | (+12:23) | | |
| 1:35 (22) | 6:56 (25) | 11:23 (25) | 12:55 (25) | 17:42 (26) | 19:25 (25) | 21:08 (24) | 23:43 (24) | 25:16 (23) | 28:00 (23) | |
| 1:35/91 | 5:21/102 | 4:27/122 | 1:32/121 | 4:47/93 | 1:43/108 | 1:43/120 | 2:35/125 | 1:33/119 | 2:44/105 | |
| +0:35 (22) | +3:53 (27) | +1:52 (26) | +0:31 (21) | +2:35 (27) | +0:47 (22) | +0:27 (17) | +0:33 (11) | +0:30 (17) | +1:13 (26) | |
| 28:45 (23) | 28:54 (23) | | | | | | | | | |
| 0:45/123 | 0:09/100 | | | | | | | | | |
| +0:19 (25) | +0:02 (7) | | | | | | | | | |
| 24 Carl B Bjørseth | | | B&OI | | (13,47min/km) | | 29:38 | (+13:07) | | |
| 2:27 (27) | 5:58 (22) | 9:39 (20) | 11:19 (20) | 14:39 (20) | 16:23 (20) | 18:08 (20) | 20:37 (18) | 26:31 (24) | 28:42 (24) | |
| 2:27/91 | 3:31/102 | 3:41/122 | 1:40/121 | 3:20/93 | 1:44/108 | 1:45/120 | 2:29/125 | 5:54/119 | 2:11/105 | |
| +1:27 (27) | +2:03 (22) | +1:06 (19) | +0:39 (23) | +1:08 (14) | +0:48 (23) | +0:29 (18) | +0:27 (10) | +4:51 (32) | +0:40 (17) | |
| 29:21 (24) | 29:38 (24) | | | | | | | | | |
| 0:39/123 | 0:17/100 | | | | | | | | | |
| +0:13 (19) | +0:10 (30) | | | | | | | | | |
| 25 Robert Olsvik | | | Kvikne | | (13,78min/km) | | 30:19 | (+13:48) | | |
| 1:11 (11) | 3:50 (14) | 16:00 (30) | 17:20 (30) | 20:22 (28) | 21:54 (27) | 23:33 (25) | 26:20 (25) | 27:25 (25) | 29:31 (25) | |
| 1:11/91 | 2:39/102 | 12:10/122 | 1:20/121 | 3:02/93 | 1:32/108 | 1:39/120 | 2:47/125 | 1:05/119 | 2:06/105 | |
| +0:11 (11) | +1:11 (15) | +9:35 (31) | +0:19 (9) | +0:50 (10) | +0:36 (20) | +0:23 (15) | +0:45 (17) | +0:02 (3) | +0:35 (14) | |
| 30:08 (25) | 30:19 (25) | | | | | | | | | |
| 0:37/123 | 0:11/100 | | | | | | | | | |
| +0:11 (14) | +0:04 (13) | | | | | | | | | |
| 26 Biehtar Eira | | | B&OI | | (14,76min/km) | | 32:28 | (+15:57) | | |
| 1:14 (13) | 7:36 (30) | 11:43 (26) | 13:02 (26) | 20:36 (29) | 23:14 (29) | 25:47 (28) | 28:28 (28) | 29:35 (28) | 31:55 (26) | |
| 1:14/91 | 6:22/102 | 4:07/122 | 1:19/121 | 7:34/93 | 2:38/108 | 2:33/120 | 2:41/125 | 1:07/119 | 2:20/105 | |
| +0:14 (13) | +4:54 (31) | +1:32 (24) | +0:18 (7) | +5:22 (31) | +1:42 (31) | +1:17 (29) | +0:39 (14) | +0:04 (5) | +0:49 (18) | |
| 32:21 (26) | 32:28 (26) | | | | | | | | | |
| 0:26/123 | 0:07/100 | | | | | | | | | |
| +0:00 (1) | +0:00 (1) | | | | | | | | | |
| 27 Bendik Storvik Nilsen | | | B&OI | | (15,15min/km) | | 33:20 | (+16:49) | | |
| 2:47 (29) | 7:24 (29) | 12:51 (28) | 14:49 (29) | 18:48 (27) | 21:12 (26) | 23:38 (26) | 27:00 (26) | 28:42 (26) | 32:27 (27) | |
| 2:47/91 | 4:37/102 | 5:27/122 | 1:58/121 | 3:59/93 | 2:24/108 | 2:26/120 | 3:22/125 | 1:42/119 | 3:45/105 | |

+1:47 (29) +3:09 (26) +2:52 (28) +0:57 (29) +1:47 (23) +1:28 (30) +1:10 (28) +1:20 (25) +0:39 (20) +2:14 (30)
 33:09 (27) 33:20 (27)
 0:42/123 0:11/100
 +0:16 (22) +0:04 (13)

28 Espen Skiri **B&OI** **(17,94min/km)** **39:28 (+22:57)**
 2:51 (30) 6:35 (24) 12:12 (27) 14:39 (28) 24:11 (30) 26:24 (30) 28:41 (30) 34:15 (30) 36:02 (30) 38:40 (28)
 2:51/91 3:44/102 5:37/122 2:27/121 9:32/93 2:13/108 2:17/120 5:34/125 1:47/119 2:38/105
 +1:51 (30) +2:16 (24) +3:02 (29) +1:26 (31) +7:20 (32) +1:17 (29) +1:01 (26) +3:32 (30) +0:44 (22) +1:07 (24)
 39:17 (28) 39:28 (28)
 0:37/123 0:11/116
 +0:11 (14) +0:04 (13)

29 Odd Ivar Søvik **B&OI** **(18,17min/km)** **39:59 (+23:28)**
 2:26 (26) 8:11 (31) 12:51 (28) 14:05 (27) 17:37 (25) 22:44 (28) 24:34 (27) 27:39 (27) 29:00 (27) 38:50 (29)
 2:26/91 5:45/102 4:40/122 1:14/121 3:32/93 5:07/108 1:50/120 3:05/125 1:21/119 9:50/105
 +1:26 (26) +4:17 (29) +2:05 (27) +0:13 (3) +1:20 (16) +4:11 (32) +0:34 (20) +1:03 (21) +0:18 (13) +8:19 (32)
 39:46 (29) 39:59 (29)
 0:56/123 0:13/100
 +0:30 (29) +0:06 (23)

30 Per Ole Fosby **B&OI** **(18,42min/km)** **40:32 (+24:01)**
 2:40 (28) 11:19 (32) 17:49 (31) 20:12 (31) 24:32 (31) 26:31 (31) 29:52 (31) 33:06 (29) 35:24 (29) 39:00 (30)
 2:40/91 8:39/102 6:30/122 2:23/121 4:20/93 1:59/108 3:21/120 3:14/125 2:18/119 3:36/105
 +1:40 (28) +7:11 (32) +3:55 (30) +1:22 (30) +2:08 (26) +1:03 (27) +2:05 (31) +1:12 (24) +1:15 (30) +2:05 (29)
 40:13 (30) 40:32 (30)
 1:13/123 0:19/100
 +0:47 (31) +0:12 (31)

31 Asbjørn Pedersen **SISO** **(21,73min/km)** **47:48 (+31:17)**
 1:24 (19) 5:25 (20) 8:48 (19) 10:29 (19) 13:29 (17) 14:55 (17) 25:54 (29) 43:06 (31) 44:53 (31) 46:52 (31)
 1:24/91 4:01/102 3:23/122 1:41/121 3:00/93 1:26/108 10:59/120 17:12/125 1:47/119 1:59/105
 +0:24 (19) +2:33 (25) +0:48 (18) +0:40 (24) +0:48 (9) +0:30 (16) +9:43 (32) +15:10 (32) +0:44 (22) +0:28 (7)
 47:33 (31) 47:48 (31)
 0:41/123 0:15/100
 +0:15 (20) +0:08 (28)

32 Mathias Kristiansen **B&OI** **(26,08min/km)** **57:23 (+40:52)**
 1:54 (24) 5:25 (20) 26:13 (32) 33:10 (32) 38:50 (32) 40:48 (32) 43:42 (32) 48:46 (32) 51:58 (32) 55:44 (32)
 1:54/91 3:31/102 20:48/122 6:57/121 5:40/93 1:58/108 2:54/120 5:04/125 3:12/119 3:46/105
 +0:54 (24) +2:03 (22) +18:13 (32) +5:56 (32) +3:28 (30) +1:02 (26) +1:38 (30) +3:02 (29) +2:09 (31) +2:15 (31)
 56:55 (32) 57:23 (32)
 1:11/123 0:28/116
 +0:45 (30) +0:21 (32)

Roy Solbakk **Ukjent** **(8,31min/km)** **Disk (+1:46)**
 1:00 (1) 2:42 (2) 5:32 (3) 6:36 (2) 8:56 (3) 9:53 (3) 11:40 (3) 14:14 (4) 15:28 (4) 17:40 (4)
 1:00/91 1:42/102 2:50/122 1:04/121 2:20/93 0:57/108 1:47/124 2:34/125 1:14/119 2:12/105
 +0:00 (1) +0:14 (3) +0:15 (8) +0:03 (2) +0:08 (3) +0:01 (2) +0:31 (19) +0:32 (11) +0:11 (11) +0:41 (18)
 18:08 (4) 18:17 (4)
 0:28/123 0:09/100
 +0:02 (4) +0:02 (7)

Sander Pettersen **B&OI** **(10,95min/km)** **Disk (+7:35)**
 1:21 (18) 5:12 (20) 8:18 (18) 9:42 (18) 13:34 (18) 15:20 (19) 16:55 (17) 20:05 (16) 21:12 (16) 23:23 (15)
 1:21/91 3:51/102 3:06/122 1:24/121 3:52/93 1:46/108 1:35/124 3:10/125 1:07/119 2:11/105
 +0:21 (18) +2:23 (25) +0:31 (16) +0:23 (15) +1:40 (21) +0:50 (24) +0:19 (13) +1:08 (23) +0:04 (5) +0:40 (17)
 23:57 (15) 24:06 (15)
 0:34/123 0:09/100
 +0:08 (9) +0:02 (7)

Klasse N

20 påmeldt, 20 startende

Hanne Emilie Buvik **Tverrlandet IL** **(21,43min/km)** **34:17**
 4:04 (18) 5:08 (17) 9:16 (18) 13:36 (17) 18:04 (17) 19:57 (17) 25:29 (18) 27:29 (17) 32:14 (17) 34:17 (17)
 4:04/101 1:04/114 4:08/113 4:20/124 4:28/117 1:53/115 5:32/110 2:00/112 4:45/123 2:03/100

+3:08 (18) +0:36 (16) +2:45 (18) +2:42 (16) +3:40 (18) +1:15 (12) +4:51 (17) +1:07 (12) +3:49 (17) +1:52 (18)
34:17 (17)

+0:00 (1)

Sverre Frøyen Ukjent (6,60min/km) **10:34**
0:56 (1) 1:32 (2) 2:58 (2) 4:42 (2) 6:25 (2) 7:03 (1) 8:27 (1) 9:20 (1) 10:21 (1) 10:34 (1)
0:56/101 0:36/114 1:26/113 1:44/124 1:43/117 0:38/115 1:24/110 0:53/112 1:01/123 0:13/100
+0:00 (1) +0:08 (3) +0:03 (2) +0:06 (2) +0:55 (5) +0:00 (1) +0:43 (7) +0:00 (1) +0:05 (2) +0:02 (4)
10:34 (1)

+0:00 (1)

Magnus Gagnum Tverrlandet IL (15,24min/km) **24:23**
2:33 (13) 3:20 (14) 5:58 (13) 9:25 (12) 10:14 (8) 14:12 (14) 14:53 (8) 20:36 (11) 22:37 (11) 24:11 (14)
2:33/101 0:47/114 2:38/113 3:27/120 0:49/124 3:58/117 0:41/115 5:43/110 2:01/112 1:34/123
+1:37 (13) +0:19 (8) +1:15 (12) +1:49 (10) +0:01 (2) +3:20 (18) +0:00 (1) +4:50 (16) +1:05 (12) +1:23 (15)
24:23 (12)
0:12/100
+0:00 (1)

Charlotte Gjerde Tverrlandet IL (6,98min/km) **11:10**
0:58 (2) 1:29 (1) 2:52 (1) 4:30 (1) 6:24 (1) 7:21 (2) 8:40 (2) 9:50 (2) 10:59 (2) 11:10 (2)
0:58/101 0:31/114 1:23/113 1:38/124 1:54/117 0:57/115 1:19/110 1:10/112 1:09/123 0:11/100
+0:02 (2) +0:03 (2) +0:00 (1) +0:00 (1) +1:06 (6) +0:19 (3) +0:38 (6) +0:17 (2) +0:13 (4) +0:00 (1)
11:10 (2)

+0:00 (1)

Amund Kleist Godal B&OI (11,69min/km) **18:42**
1:51 (8) 2:44 (7) 4:52 (7) 8:21 (8) 10:44 (11) 12:53 (8) 15:31 (12) 17:00 (6) 18:24 (6) 18:42 (6)
1:51/101 0:53/114 2:08/113 3:29/124 2:23/117 2:09/115 2:38/110 1:29/112 1:24/123 0:18/100
+0:55 (8) +0:25 (12) +0:45 (6) +1:51 (11) +1:35 (10) +1:31 (14) +1:57 (12) +0:36 (6) +0:28 (5) +0:07 (9)
18:42 (6)

+0:00 (1)

Alexandra Hauge Tverrlandet IL (15,34min/km) **24:33**
2:34 (14) 3:19 (13) 5:58 (13) 9:07 (10) 9:59 (6) 13:29 (9) 14:21 (7) 20:39 (12) 22:41 (12) 24:07 (13)
2:34/101 0:45/114 2:39/113 3:09/120 0:52/124 3:30/117 0:52/115 6:18/110 2:02/112 1:26/123
+1:38 (14) +0:17 (6) +1:16 (13) +1:31 (8) +0:04 (3) +2:52 (15) +0:11 (4) +5:25 (17) +1:06 (13) +1:15 (13)
24:33 (13)
0:26/100
+0:14 (4)

Nora Marie Irgens B&OI (15,83min/km) **25:20**
1:48 (7) 2:36 (6) 4:48 (6) 8:00 (6) 10:36 (10) 11:57 (6) 21:33 (16) 23:13 (16) 25:01 (16) 25:20 (16)
1:48/101 0:48/114 2:12/113 3:12/124 2:36/117 1:21/115 9:36/110 1:40/112 1:48/123 0:19/100
+0:52 (7) +0:20 (9) +0:49 (9) +1:34 (9) +1:48 (12) +0:43 (10) +8:55 (18) +0:47 (8) +0:52 (11) +0:08 (10)
25:20 (16)

+0:00 (1)

Nora Kristiansen B&OI (21,58min/km) **34:32**
3:46 (17) 5:33 (18) 9:06 (17) 14:07 (18) 18:29 (18) 20:10 (18) 25:13 (17) 27:38 (18) 33:47 (18) 34:32 (18)
3:46/101 1:47/114 3:33/113 5:01/124 4:22/117 1:41/115 5:03/110 2:25/112 6:09/123 0:45/100
+2:50 (17) +1:19 (18) +2:10 (17) +3:23 (17) +3:34 (17) +1:03 (11) +4:22 (16) +1:32 (14) +5:13 (18) +0:34 (11)
34:32 (18)

+0:00 (1)

Andreas Moen Tverrlandet IL (8,26min/km) **13:13**
1:14 (4) 1:42 (3) 3:27 (4) 5:34 (3) 7:38 (3) 8:33 (3) 10:30 (4) 12:02 (4) 12:58 (4) 13:13 (4)
1:14/101 0:28/114 1:45/113 2:07/124 2:04/117 0:55/115 1:57/110 1:32/112 0:56/123 0:15/100
+0:18 (4) +0:00 (1) +0:22 (4) +0:29 (3) +1:16 (8) +0:17 (2) +1:16 (11) +0:39 (7) +0:00 (1) +0:04 (7)
13:13 (4)

+0:00 (1)

Lisa Nesheim **B&OI** **(14,69min/km)** **23:30**
 2:32 (12) 3:28 (15) 5:40 (10) 11:40 (16) 15:03 (16) 16:10 (16) 19:04 (15) 21:06 (15) 23:13 (15) 23:30 (11)
 2:32/101 0:56/114 2:12/113 6:00/124 3:23/117 1:07/115 2:54/110 2:02/112 2:07/123 0:17/100
 +1:36 (12) +0:28 (13) +0:49 (9) +4:22 (18) +2:35 (15) +0:29 (6) +2:13 (13) +1:09 (13) +1:11 (16) +0:06 (8)
 23:30 (11)

+0:00 (1)

Jonas Kristoffer Nilsen **Tverrlandet IL** **(15,60min/km)** **24:58**
 2:49 (16) 3:32 (16) 6:03 (16) 9:38 (14) 10:26 (9) 14:23 (15) 15:04 (9) 20:44 (14) 22:50 (14) 24:36 (15)
 2:49/101 0:43/114 2:31/113 3:35/120 0:48/124 3:57/117 0:41/115 5:40/110 2:06/112 1:46/123
 +1:53 (16) +0:15 (5) +1:08 (11) +1:57 (12) +0:00 (1) +3:19 (17) +0:00 (1) +4:47 (15) +1:10 (15) +1:35 (16)
 24:58 (15)
 0:22/100
 +0:10 (3)

Christel Osletten **Tverrlandet IL** **(15,44min/km)** **24:42**
 2:34 (14) 3:15 (12) 6:02 (15) 9:09 (11) 10:01 (7) 13:31 (10) 14:19 (6) 20:41 (13) 22:44 (13) 24:03 (12)
 2:34/101 0:41/114 2:47/113 3:07/120 0:52/124 3:30/117 0:48/115 6:22/110 2:03/112 1:19/123
 +1:38 (14) +0:13 (4) +1:24 (14) +1:29 (7) +0:04 (3) +2:52 (15) +0:07 (3) +5:29 (18) +1:07 (14) +1:08 (12)
 24:42 (14)
 0:39/100
 +0:27 (5)

Marte Pedersen **Tverrlandet IL** **(7,96min/km)** **12:44**
 1:00 (3) 1:45 (4) 3:13 (3) 6:12 (4) 8:07 (4) 9:05 (4) 10:22 (3) 11:32 (3) 12:33 (3) 12:44 (3)
 1:00/101 0:45/114 1:28/113 2:59/124 1:55/117 0:58/115 1:17/110 1:10/112 1:01/123 0:11/100
 +0:04 (3) +0:17 (6) +0:05 (3) +1:21 (5) +1:07 (7) +0:20 (5) +0:36 (5) +0:17 (2) +0:05 (2) +0:00 (1)
 12:44 (3)

+0:00 (1)

Therese M Rasmussen **Tverrlandet IL** **(13,01min/km)** **20:49**
 2:00 (10) 2:57 (9) 5:54 (11) 9:36 (13) 12:50 (14) 13:58 (12) 15:23 (10) 17:11 (7) 18:40 (7) 20:31 (10)
 2:00/101 0:57/114 2:57/113 3:42/124 3:14/117 1:08/115 1:25/125 1:48/110 1:29/112 1:51/123
 +1:04 (10) +0:29 (14) +1:34 (16) +2:04 (14) +2:26 (14) +0:30 (8) +0:44 (8) +0:55 (10) +0:33 (7) +1:40 (17)
 20:49 (9)
 0:18/100
 +0:06 (2)

Lotte Reitan **B&OI** **(11,92min/km)** **19:04**
 1:58 (9) 2:47 (8) 4:55 (8) 8:36 (9) 11:07 (12) 12:27 (7) 15:58 (13) 17:12 (8) 18:52 (9) 19:04 (7)
 1:58/101 0:49/114 2:08/113 3:41/124 2:31/117 1:20/115 3:31/110 1:14/112 1:40/123 0:12/100
 +1:02 (9) +0:21 (10) +0:45 (6) +2:03 (13) +1:43 (11) +0:42 (9) +2:50 (15) +0:21 (4) +0:44 (10) +0:01 (3)
 19:04 (7)

+0:00 (1)

Espen Skiri **Skaug** **(9,50min/km)** **15:12**
 1:25 (5) 2:17 (5) 4:16 (5) 7:15 (5) 9:24 (5) 10:21 (5) 12:04 (5) 13:31 (5) 14:58 (5) 15:12 (5)
 1:25/101 0:52/114 1:59/113 2:59/124 2:09/117 0:57/115 1:43/110 1:27/112 1:27/123 0:14/100
 +0:29 (5) +0:24 (11) +0:36 (5) +1:21 (5) +1:21 (9) +0:19 (3) +1:02 (10) +0:34 (5) +0:31 (6) +0:03 (6)
 15:12 (5)

+0:00 (1)

Kaja Skiri **B&OI** **(12,71min/km)** **20:20**
 1:39 (6) 2:58 (10) 5:06 (9) 8:02 (7) 11:41 (13) 13:40 (11) 16:45 (14) 18:35 (10) 20:07 (10) 20:20 (9)
 1:39/101 1:19/114 2:08/113 2:56/124 3:39/117 1:59/115 3:05/110 1:50/112 1:32/123 0:13/100
 +0:43 (6) +0:51 (17) +0:45 (6) +1:18 (4) +2:51 (16) +1:21 (13) +2:24 (14) +0:57 (11) +0:36 (9) +0:02 (4)
 20:20 (8)

+0:00 (1)

Joachim Stendal **Tverrlandet IL** **(8,97min/km)** **Disk**
 1:24 (5) 2:01 (5) 3:52 (5) 6:21 (5) 9:22 (5) 10:04 (5) 11:42 (5) 12:51 (5) 14:07 (5) 14:21 (5)
 1:24/101 0:37/114 1:51/113 2:29/120 3:01/117 0:42/115 1:38/110 1:09/112 1:16/123 0:14/100
 +0:28 (5) +0:09 (4) +0:28 (5) +0:51 (4) +2:13 (13) +0:04 (2) +0:57 (10) +0:16 (2) +0:20 (5) +0:03 (6)

14:21 (5)

+0:00 (1)

| | | | | | | | | | |
|-------------------------|------------|------------|----------------|------------|------------|----------------------|-----------|--------------|------------|
| Tina Marie Larsen Vågan | | | Tverrlandet IL | | | <i>(13,02min/km)</i> | | 20:50 | |
| 2:04 (11) | 3:04 (11) | 5:57 (12) | 9:45 (15) | 12:53 (15) | 14:00 (13) | 15:27 (11) | 17:13 (9) | 18:43 (8) | 20:11 (8) |
| 2:04/101 | 1:00/114 | 2:53/113 | 3:48/124 | 3:08/117 | 1:07/115 | 1:27/125 | 1:46/110 | 1:30/112 | 1:28/123 |
| +1:08 (11) | +0:32 (15) | +1:30 (15) | +2:10 (15) | +2:20 (13) | +0:29 (6) | +0:46 (9) | +0:53 (9) | +0:34 (8) | +1:17 (14) |

20:50 (10)

0:39/100

+0:27 (5)

| | | | | | | | | | |
|-------------|-----------|-----------|----------------|------------|-----------|---------------------|-----------|-------------|-----------|
| Daniel Wiik | | | Tverrlandet IL | | | <i>(8,96min/km)</i> | | Disk | |
| 1:18 (5) | 1:56 (5) | 3:43 (5) | 6:15 (5) | 9:19 (5) | 9:52 (5) | 11:38 (5) | 12:47 (5) | 14:06 (5) | 14:20 (5) |
| 1:18/101 | 0:38/114 | 1:47/113 | 2:32/120 | 3:04/117 | 0:33/115 | 1:46/110 | 1:09/112 | 1:19/123 | 0:14/100 |
| +0:22 (5) | +0:10 (4) | +0:24 (5) | +0:54 (4) | +2:16 (13) | +0:00 (1) | +1:05 (11) | +0:16 (2) | +0:23 (5) | +0:03 (6) |

14:20 (5)

+0:00 (1)