

Resultater fra Saltenkarusell 5 - Valnesfjord 17.06.2008

Det var totalt 51 deltagere.

Klasse 6 km

9 påmeldt, 9 startende

1	Håvard Berg		Ukjent		(7,57min/km)		42:47			
	1:46 (2)	7:54 (4)	12:21 (2)	14:20 (2)	16:58 (4)	21:02 (4)	23:23 (4)	28:37 (3)	29:33 (3)	34:02 (3)
	1:46/47	6:08/44	4:27/42	1:59/40	2:38/37	4:04/32	2:21/49	5:14/41	0:56/39	4:29/52
	+0:07 (2)	+0:36 (4)	+0:22 (3)	+0:07 (4)	+0:23 (5)	+0:07 (2)	+0:09 (3)	+0:34 (3)	+0:05 (2)	+0:00 (1)
	35:54 (3)	36:57 (3)	41:06 (1)	42:23 (1)	42:47 (1)					
	1:52/31	1:03/50	4:09/34	1:17/38	0:24/100					
	+0:01 (2)	+0:03 (3)	+0:00 (1)	+0:00 (1)	+0:04 (4)					
2	Petter Jakola		B&OI		(7,65min/km)		43:12		(+0:25)	
	1:50 (3)	7:27 (2)	12:33 (5)	14:25 (3)	16:41 (3)	20:56 (3)	23:08 (3)	27:48 (2)	28:39 (2)	33:20 (1)
	1:50/47	5:37/44	5:06/42	1:52/40	2:16/37	4:15/32	2:12/49	4:40/41	0:51/39	4:41/52
	+0:11 (3)	+0:05 (2)	+1:01 (6)	+0:00 (1)	+0:01 (2)	+0:18 (4)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:12 (2)
	35:17 (1)	36:17 (1)	41:18 (2)	42:52 (2)	43:12 (2)					
	1:57/31	1:00/50	5:01/34	1:34/38	0:20/100					
	+0:06 (3)	+0:00 (1)	+0:52 (3)	+0:17 (4)	+0:00 (1)					
3	Roy Solbakk		Ukjent		(7,87min/km)		44:28		(+1:41)	
	2:03 (4)	8:21 (5)	12:26 (4)	14:25 (3)	16:40 (2)	20:37 (2)	23:06 (2)	29:31 (4)	30:32 (4)	35:20 (4)
	2:03/47	6:18/44	4:05/42	1:59/40	2:15/37	3:57/32	2:29/49	6:25/41	1:01/39	4:48/52
	+0:24 (4)	+0:46 (5)	+0:00 (1)	+0:07 (4)	+0:00 (1)	+0:00 (1)	+0:17 (4)	+1:45 (6)	+0:10 (4)	+0:19 (3)
	37:23 (4)	38:31 (4)	42:48 (3)	44:05 (3)	44:28 (3)					
	2:03/31	1:08/50	4:17/34	1:17/38	0:23/100					
	+0:12 (4)	+0:08 (5)	+0:08 (2)	+0:00 (1)	+0:03 (2)					
4	Lars Reitan		B&OI		(8,02min/km)		45:18		(+2:31)	
	1:39 (1)	7:17 (1)	11:28 (1)	13:24 (1)	15:55 (1)	20:02 (1)	22:16 (1)	27:28 (1)	28:25 (1)	33:29 (2)
	1:39/47	5:38/44	4:11/42	1:56/40	2:31/37	4:07/32	2:14/49	5:12/41	0:57/39	5:04/52
	+0:00 (1)	+0:06 (3)	+0:06 (2)	+0:04 (3)	+0:16 (3)	+0:10 (3)	+0:02 (2)	+0:32 (2)	+0:06 (3)	+0:35 (4)
	35:20 (2)	36:21 (2)	43:03 (4)	44:55 (4)	45:18 (4)					
	1:51/31	1:01/50	6:42/34	1:52/38	0:23/100					
	+0:00 (1)	+0:01 (2)	+2:33 (6)	+0:35 (6)	+0:03 (2)					
5	Bjørn Are Stensland		B&OI		(8,75min/km)		49:26		(+6:39)	
	2:09 (5)	7:41 (3)	12:25 (3)	14:51 (5)	17:27 (5)	22:26 (5)	25:15 (5)	31:14 (5)	32:42 (5)	38:13 (5)
	2:09/47	5:32/44	4:44/42	2:26/40	2:36/37	4:59/32	2:49/49	5:59/41	1:28/39	5:31/52
	+0:30 (5)	+0:00 (1)	+0:39 (5)	+0:34 (7)	+0:21 (4)	+1:02 (5)	+0:37 (6)	+1:19 (5)	+0:37 (6)	+1:02 (5)
	40:47 (5)	41:52 (5)	47:39 (5)	49:01 (5)	49:26 (5)					
	2:34/31	1:05/50	5:47/34	1:22/38	0:25/100					
	+0:43 (5)	+0:05 (4)	+1:38 (4)	+0:05 (3)	+0:05 (5)					
6	Audhild Prytz		B&OI		(9,93min/km)		56:05		(+13:18)	
	3:08 (6)	10:18 (6)	14:53 (6)	16:57 (6)	20:16 (6)	27:22 (6)	30:03 (6)	35:42 (6)	36:48 (6)	43:56 (6)
	3:08/47	7:10/44	4:35/42	2:04/40	3:19/37	7:06/32	2:41/49	5:39/41	1:06/39	7:08/52
	+1:29 (6)	+1:38 (6)	+0:30 (4)	+0:12 (6)	+1:04 (6)	+3:09 (7)	+0:29 (5)	+0:59 (4)	+0:15 (5)	+2:39 (6)
	46:30 (6)	47:44 (6)	53:55 (6)	55:34 (6)	56:05 (6)					
	2:34/31	1:14/50	6:11/34	1:39/38	0:31/100					
	+0:43 (5)	+0:14 (6)	+2:02 (5)	+0:22 (5)	+0:11 (7)					
7	Sander Pettersen		B&OI		(15,74min/km)		1:28:57		(+46:10)	
	4:00 (7)	13:46 (7)	23:15 (7)	25:07 (7)	28:29 (7)	35:06 (7)	38:57 (7)	1:01:09 (7)	1:02:41 (7)	1:13:51 (7)
	4:00/47	9:46/44	9:29/42	1:52/40	3:22/37	6:37/32	3:51/49	22:12/41	1:32/39	11:10/52
	+2:21 (7)	+4:14 (7)	+5:24 (7)	+0:00 (1)	+1:07 (7)	+2:40 (6)	+1:39 (7)	+17:32 (7)	+0:41 (7)	+6:41 (7)
	1:16:54 (7)	1:18:25 (7)	1:26:07 (7)	1:28:31 (7)	1:28:57 (7)					
	3:03/31	1:31/50	7:42/34	2:24/38	0:26/100					
	+1:12 (7)	+0:31 (7)	+3:33 (7)	+1:07 (7)	+0:06 (6)					
	Trond Elde		B&OI		(13,66min/km)		Disk		(+34:25)	
	4:00 (7)	11:34 (7)	17:43 (7)	22:17 (7)	29:36 (8)	36:46 (8)	39:06 (8)	49:29 (7)	51:53 (7)	59:39 (7)
	4:00/47	7:34/44	6:09/42	4:34/40	7:19/37	7:10/35	2:20/49	10:23/41	2:24/39	7:46/52
	+2:21 (7)	+2:02 (7)	+2:04 (7)	+2:42 (8)	+5:04 (8)	+3:13 (8)	+0:08 (3)	+5:43 (7)	+1:33 (8)	+3:17 (7)
	1:03:14 (7)	1:04:54 (7)	1:13:22 (7)	1:16:30 (7)	1:17:12 (7)					

3:35/31 1:40/50 8:28/34 3:08/38 0:42/100
 +1:44 (8) +0:40 (8) +4:19 (8) +1:51 (8) +0:22 (8)

Arild Hegreberg		Ukjent			(4,45min/km)		Brutt		
1:44 (2)	7:14 (1)	11:04 (1)	12:46 (1)	14:57 (1)	19:47 (1)	25:07 (5)	25:07 (1)	25:07 (1)	25:07 (1)
1:44/47	5:30/44	3:50/42	1:42/40	2:11/37	4:50/32	5:20/49			
+0:05 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:53 (5)	+3:08 (8)	+0:00 (1)	+0:00 (1)	+0:00 (1)
25:07 (1)	25:07 (1)	25:07 (1)	25:07 (1)	25:07 (1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Klasse 4 km

20 påmeldt, 20 startende

1 Per Rekkedal		B&OI			(8,15min/km)		33:00		
1:47 (1)	4:53 (2)	8:51 (1)	11:20 (1)	16:34 (1)	22:25 (1)	24:45 (1)	25:55 (1)	27:28 (1)	31:21 (1)
1:47/47	3:06/37	3:58/32	2:29/49	5:14/39	5:51/52	2:20/31	1:10/50	1:33/48	3:53/34
+0:00 (1)	+0:32 (3)	+0:00 (1)	+0:00 (1)	+0:13 (2)	+0:41 (8)	+0:16 (4)	+0:01 (3)	+0:00 (1)	+0:05 (4)
32:36 (1)	33:00 (1)								
1:15/38	0:24/100								
+0:00 (1)	+0:04 (3)								

2 Anders Kure		B&OI			(8,72min/km)		35:20 (+2:20)		
2:04 (4)	5:08 (3)	9:44 (2)	13:00 (3)	18:36 (3)	23:54 (3)	26:28 (4)	27:42 (4)	29:33 (4)	33:23 (3)
2:04/47	3:04/37	4:36/32	3:16/49	5:36/39	5:18/52	2:34/31	1:14/50	1:51/48	3:50/34
+0:17 (4)	+0:30 (2)	+0:38 (3)	+0:47 (8)	+0:35 (3)	+0:08 (3)	+0:30 (7)	+0:05 (6)	+0:18 (4)	+0:02 (2)
34:53 (2)	35:20 (2)								
1:30/38	0:27/100								
+0:15 (4)	+0:07 (8)								

3 Leif Magne Eggestad		B&OI			(8,77min/km)		35:30 (+2:30)		
1:50 (2)	4:24 (1)	9:52 (3)	12:59 (2)	19:00 (4)	24:10 (4)	26:27 (3)	27:39 (3)	29:31 (3)	33:22 (2)
1:50/47	2:34/37	5:28/32	3:07/49	6:01/39	5:10/52	2:17/31	1:12/50	1:52/48	3:51/34
+0:03 (2)	+0:00 (1)	+1:30 (6)	+0:38 (6)	+1:00 (5)	+0:00 (1)	+0:13 (3)	+0:03 (5)	+0:19 (5)	+0:03 (3)
35:01 (3)	35:30 (3)								
1:39/38	0:29/100								
+0:24 (7)	+0:09 (10)								

4 Bjørn Godal		B&OI			(8,85min/km)		35:51 (+2:51)		
2:25 (7)	6:14 (12)	10:32 (4)	13:05 (4)	18:06 (2)	23:26 (2)	25:32 (2)	26:41 (2)	29:11 (2)	33:31 (4)
2:25/47	3:49/37	4:18/32	2:33/49	5:01/39	5:20/52	2:06/31	1:09/50	2:30/48	4:20/34
+0:38 (7)	+1:15 (12)	+0:20 (2)	+0:04 (2)	+0:00 (1)	+0:10 (5)	+0:02 (2)	+0:00 (1)	+0:57 (13)	+0:32 (9)
35:27 (4)	35:51 (4)								
1:56/38	0:24/100								
+0:41 (14)	+0:04 (3)								

5 Aviaja Kleinst		B&OI			(9,19min/km)		37:14 (+4:14)		
2:30 (11)	5:51 (7)	10:48 (5)	13:46 (5)	19:47 (5)	25:01 (5)	27:05 (5)	28:15 (5)	30:53 (5)	35:07 (5)
2:30/47	3:21/37	4:57/32	2:58/49	6:01/39	5:14/52	2:04/31	1:10/50	2:38/48	4:14/34
+0:43 (11)	+0:47 (6)	+0:59 (4)	+0:29 (4)	+1:00 (5)	+0:04 (2)	+0:00 (1)	+0:01 (3)	+1:05 (15)	+0:26 (8)
36:54 (5)	37:14 (5)								
1:47/38	0:20/100								
+0:32 (12)	+0:00 (1)								

6 Erling Pedersen		SISO			(9,47min/km)		38:20 (+5:20)		
2:49 (19)	6:24 (13)	11:33 (6)	14:46 (8)	20:47 (6)	26:35 (6)	29:02 (6)	30:23 (6)	32:05 (6)	36:06 (6)
2:49/47	3:35/37	5:09/32	3:13/49	6:01/39	5:48/52	2:27/31	1:21/50	1:42/48	4:01/34
+1:02 (19)	+1:01 (11)	+1:11 (5)	+0:44 (7)	+1:00 (5)	+0:38 (6)	+0:23 (6)	+0:12 (7)	+0:09 (2)	+0:13 (5)
37:55 (6)	38:20 (6)								
1:49/38	0:25/100								
+0:34 (13)	+0:05 (6)								

7 Jan Prytz		B&OI			(9,63min/km)		38:59 (+5:59)		
1:57 (3)	5:22 (4)	11:41 (8)	14:15 (6)	21:45 (8)	27:03 (7)	29:51 (7)	31:00 (7)	32:44 (7)	37:10 (7)
1:57/47	3:25/37	6:19/32	2:34/49	7:30/39	5:18/52	2:48/31	1:09/50	1:44/48	4:26/34
+0:10 (3)	+0:51 (8)	+2:21 (13)	+0:05 (3)	+2:29 (14)	+0:08 (3)	+0:44 (11)	+0:00 (1)	+0:11 (3)	+0:38 (11)
38:29 (7)	38:59 (7)								

1:19/38 0:30/100
+0:04 (2) +0:10 (13)

8 Ivar Aanerød B&OI (10,03min/km) **40:38 (+7:38)**
2:07 (5) 6:12 (11) 13:06 (14) 16:36 (13) 22:32 (10) 28:41 (10) 31:05 (8) 32:28 (8) 34:36 (8) 38:24 (8)
2:07/47 4:05/37 6:54/32 3:30/49 5:56/39 6:09/52 2:24/31 1:23/50 2:08/48 3:48/34
+0:20 (5) +1:31 (15) +2:56 (16) +1:01 (10) +0:55 (4) +0:59 (10) +0:20 (5) +0:14 (8) +0:35 (9) +0:00 (1)
40:09 (8) 40:38 (8)
1:45/38 0:29/100
+0:30 (9) +0:09 (10)

9 Dag Skogan B&OI (10,56min/km) **42:47 (+9:47)**
2:36 (16) 7:05 (17) 12:35 (12) 16:32 (12) 22:46 (11) 28:34 (8) 31:16 (9) 32:51 (9) 35:55 (10) 40:30 (9)
2:36/47 4:29/37 5:30/32 3:57/49 6:14/39 5:48/52 2:42/31 1:35/50 3:04/48 4:35/34
+0:49 (16) +1:55 (18) +1:32 (7) +1:28 (14) +1:13 (9) +0:38 (6) +0:38 (9) +0:26 (13) +1:31 (18) +0:47 (12)
42:15 (9) 42:47 (9)
1:45/38 0:32/100
+0:30 (9) +0:12 (15)

10 Tove Bergkvist VIL (10,77min/km) **43:38 (+10:38)**
2:33 (15) 5:57 (8) 12:11 (10) 15:49 (9) 22:15 (9) 30:05 (12) 32:51 (11) 34:16 (11) 37:25 (13) 41:27 (11)
2:33/47 3:24/37 6:14/32 3:38/49 6:26/39 7:50/52 2:46/31 1:25/50 3:09/48 4:02/34
+0:46 (15) +0:50 (7) +2:16 (12) +1:09 (11) +1:25 (10) +2:40 (16) +0:42 (10) +0:16 (10) +1:36 (19) +0:14 (6)
43:09 (10) 43:38 (10)
1:42/38 0:29/100
+0:27 (8) +0:09 (10)

11 Arne Kr. Nordhei B&OI (10,79min/km) **43:42 (+10:42)**
2:21 (6) 5:27 (5) 13:51 (16) 17:32 (16) 23:41 (13) 30:25 (13) 33:06 (13) 34:29 (12) 36:59 (12) 41:21 (10)
2:21/47 3:06/37 8:24/32 3:41/49 6:09/39 6:44/52 2:41/31 1:23/50 2:30/48 4:22/34
+0:34 (6) +0:32 (3) +4:26 (18) +1:12 (12) +1:08 (8) +1:34 (11) +0:37 (8) +0:14 (8) +0:57 (13) +0:34 (10)
43:18 (11) 43:42 (11)
1:57/38 0:24/100
+0:42 (15) +0:04 (3)

12 Torbjørn Høslø Olsen B&OI (11,31min/km) **45:49 (+12:49)**
2:28 (8) 5:48 (6) 11:58 (9) 16:31 (11) 23:31 (12) 29:37 (11) 32:56 (12) 34:30 (13) 36:25 (11) 42:26 (12)
2:28/47 3:20/37 6:10/32 4:33/49 7:00/39 6:06/52 3:19/31 1:34/50 1:55/48 6:01/34
+0:41 (8) +0:46 (5) +2:12 (10) +2:04 (19) +1:59 (12) +0:56 (9) +1:15 (15) +0:25 (12) +0:22 (6) +2:13 (17)
45:27 (12) 45:49 (12)
3:01/38 0:22/100
+1:46 (19) +0:02 (2)

13 Asbjørn Pedersen SISO (11,58min/km) **46:53 (+13:53)**
2:31 (13) 6:02 (9) 11:33 (6) 14:36 (7) 21:32 (7) 28:39 (9) 31:55 (10) 33:30 (10) 35:34 (9) 44:42 (13)
2:31/47 3:31/37 5:31/32 3:03/49 6:56/39 7:07/52 3:16/31 1:35/50 2:04/48 9:08/34
+0:44 (13) +0:57 (9) +1:33 (8) +0:34 (5) +1:55 (11) +1:57 (13) +1:12 (14) +0:26 (13) +0:31 (7) +5:20 (19)
46:13 (13) 46:53 (13)
1:31/38 0:40/100
+0:16 (5) +0:20 (18)

14 Carl B Bjørseth B&OI (11,93min/km) **48:18 (+15:18)**
2:46 (18) 6:36 (15) 12:36 (13) 17:06 (15) 24:58 (16) 32:07 (14) 35:38 (15) 37:21 (14) 39:32 (14) 45:39 (15)
2:46/47 3:50/37 6:00/32 4:30/49 7:52/39 7:09/52 3:31/31 1:43/50 2:11/48 6:07/34
+0:59 (18) +1:16 (13) +2:02 (9) +2:01 (18) +2:51 (16) +1:59 (14) +1:27 (17) +0:34 (16) +0:38 (10) +2:19 (18)
47:45 (14) 48:18 (14)
2:06/38 0:33/100
+0:51 (16) +0:13 (16)

15 Vibece Hobbeldstad VIL (11,96min/km) **48:26 (+15:26)**
2:31 (13) 6:03 (10) 12:13 (11) 16:20 (10) 24:12 (14) 32:44 (15) 35:33 (14) 37:59 (15) 41:15 (15) 45:28 (14)
2:31/47 3:32/37 6:10/32 4:07/49 7:52/39 8:32/52 2:49/31 2:26/50 3:16/48 4:13/34
+0:44 (13) +0:58 (10) +2:12 (10) +1:38 (16) +2:51 (16) +3:22 (18) +0:45 (12) +1:17 (19) +1:43 (20) +0:25 (7)
48:01 (15) 48:26 (15)
2:33/38 0:25/100
+1:18 (17) +0:05 (6)

16 Jakob Kalvig Skogan B&OI (12,26min/km) **49:39 (+16:39)**
2:29 (10) 7:33 (18) 14:15 (17) 18:18 (17) 26:45 (17) 33:57 (17) 38:22 (17) 40:03 (17) 42:44 (17) 47:34 (16)

2:29/47	5:04/37	6:42/32	4:03/49	8:27/39	7:12/52	4:25/31	1:41/50	2:41/48	4:50/34
+0:42 (10)	+2:30 (20)	+2:44 (14)	+1:34 (15)	+3:26 (18)	+2:02 (15)	+2:21 (20)	+0:32 (15)	+1:08 (17)	+1:02 (13)
49:11 (16)	49:39 (16)								
1:37/38	0:28/100								
+0:22 (6)	+0:08 (9)								

17 Raymond Trondsen	Tverrlandet IL					(12,40min/km)	50:13	(+17:13)	
2:30 (11)	6:24 (13)	14:53 (18)	19:49 (19)	28:57 (19)	35:52 (18)	38:50 (18)	40:20 (18)	43:00 (18)	47:52 (17)
2:30/47	3:54/37	8:29/32	4:56/49	9:08/39	6:55/52	2:58/31	1:30/50	2:40/48	4:52/34
+0:43 (11)	+1:20 (14)	+4:31 (19)	+2:27 (20)	+4:07 (20)	+1:45 (12)	+0:54 (13)	+0:21 (11)	+1:07 (16)	+1:04 (14)
49:37 (17)	50:13 (17)								
1:45/38	0:36/100								
+0:30 (9)	+0:16 (17)								

18 Odd Ivar Søvik	B&OI					(13,93min/km)	56:26	(+23:26)	
2:28 (8)	6:48 (16)	13:39 (15)	17:03 (14)	24:47 (15)	33:00 (16)	37:18 (16)	39:07 (16)	41:31 (16)	54:15 (18)
2:28/47	4:20/37	6:51/32	3:24/49	7:44/39	8:13/52	4:18/31	1:49/50	2:24/48	12:44/34
+0:41 (8)	+1:46 (17)	+2:53 (15)	+0:55 (9)	+2:43 (15)	+3:03 (17)	+2:14 (19)	+0:40 (17)	+0:51 (12)	+8:56 (20)
55:41 (18)	56:26 (18)								
1:26/38	0:45/100								
+0:11 (3)	+0:25 (20)								

19 Morten Selnes	B&OI					(14,48min/km)	58:38	(+25:38)	
6:05 (20)	10:11 (20)	19:23 (20)	23:07 (20)	30:24 (20)	39:17 (19)	42:49 (19)	47:00 (19)	49:05 (19)	54:44 (19)
6:05/47	4:06/37	9:12/32	3:44/49	7:17/39	8:53/52	3:32/31	4:11/50	2:05/48	5:39/34
+4:18 (20)	+1:32 (16)	+5:14 (20)	+1:15 (13)	+2:16 (13)	+3:43 (19)	+1:28 (18)	+3:02 (20)	+0:32 (8)	+1:51 (15)
57:55 (19)	58:38 (19)								
3:11/38	0:43/100								
+1:56 (20)	+0:23 (19)								

20 Christian Søvik	B&OI					(15,96min/km)	1:04:39	(+31:39)	
2:45 (17)	7:40 (19)	15:13 (19)	19:33 (18)	28:24 (18)	47:58 (20)	51:24 (20)	53:13 (20)	55:27 (20)	1:01:20 (20)
2:45/47	4:55/37	7:33/32	4:20/49	8:51/39	19:34/52	3:26/31	1:49/50	2:14/48	5:53/34
+0:58 (17)	+2:21 (19)	+3:35 (17)	+1:51 (17)	+3:50 (19)	+14:24 (20)	+1:22 (16)	+0:40 (17)	+0:41 (11)	+2:05 (16)
1:04:09 (20)	1:04:39 (20)								
2:49/38	0:30/100								
+1:34 (18)	+0:10 (13)								

Klasse 3 km

15 påmeldt, 15 startende

1 Per Dalhaug	B&OI					(11,24min/km)	30:28		
2:16 (1)	6:12 (2)	11:50 (1)	13:14 (1)	17:56 (1)	19:31 (1)	23:47 (1)	28:25 (1)	29:59 (1)	30:28 (1)
2:16/47	3:56/37	5:38/35	1:24/32	4:42/31	1:35/50	4:16/48	4:38/34	1:34/38	0:29/100
+0:00 (1)	+0:36 (3)	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:15 (4)	+2:22 (9)	+0:00 (1)	+0:03 (2)	+0:06 (2)

2 Wenche Rekkedal	B&OI					(12,12min/km)	32:50	(+2:22)	
2:32 (3)	6:26 (3)	13:34 (3)	15:27 (3)	20:15 (2)	21:46 (2)	25:35 (3)	30:27 (2)	32:10 (2)	32:50 (2)
2:32/47	3:54/37	7:08/35	1:53/32	4:48/31	1:31/50	3:49/48	4:52/34	1:43/38	0:40/100
+0:16 (3)	+0:34 (2)	+1:30 (3)	+0:32 (4)	+0:06 (2)	+0:11 (2)	+1:55 (8)	+0:14 (2)	+0:12 (3)	+0:17 (9)

3 Jens Viggo Limstrand	B&OI					(12,85min/km)	34:50	(+4:22)	
2:31 (2)	5:51 (1)	12:08 (2)	14:01 (2)	20:43 (3)	22:03 (3)	23:57 (2)	32:47 (3)	34:18 (3)	34:50 (3)
2:31/47	3:20/37	6:17/35	1:53/32	6:42/31	1:20/50	1:54/48	8:50/34	1:31/38	0:32/100
+0:15 (2)	+0:00 (1)	+0:39 (2)	+0:32 (4)	+2:00 (7)	+0:00 (1)	+0:00 (1)	+4:12 (12)	+0:00 (1)	+0:09 (4)

4 Mari Reitan	B&OI					(13,57min/km)	36:47	(+6:19)	
2:50 (4)	7:23 (4)	16:53 (5)	18:29 (4)	23:42 (4)	25:13 (4)	28:58 (4)	34:18 (4)	36:17 (4)	36:47 (4)
2:50/47	4:33/37	9:30/35	1:36/32	5:13/31	1:31/50	3:45/48	5:20/34	1:59/38	0:30/100
+0:34 (4)	+1:13 (6)	+3:52 (8)	+0:15 (3)	+0:31 (3)	+0:11 (2)	+1:51 (7)	+0:42 (3)	+0:28 (4)	+0:07 (3)

5 Ida Hegreberg	B&OI					(14,48min/km)	39:15	(+8:47)	
3:02 (6)	7:34 (5)	16:34 (4)	18:38 (5)	26:34 (5)	28:13 (5)	30:29 (5)	36:37 (5)	38:52 (5)	39:15 (5)
3:02/47	4:32/37	9:00/35	2:04/32	7:56/31	1:39/50	2:16/48	6:08/34	2:15/38	0:23/100
+0:46 (6)	+1:12 (5)	+3:22 (6)	+0:43 (7)	+3:14 (10)	+0:19 (5)	+0:22 (2)	+1:30 (7)	+0:44 (6)	+0:00 (1)

6 Katrine Kalvig	B&OI					(15,25min/km)	41:20	(+10:52)	
2:58 (5)	11:55 (12)	20:36 (9)	22:29 (8)	28:04 (7)	29:47 (7)	32:46 (6)	38:15 (6)	40:42 (6)	41:20 (6)
2:58/47	8:57/37	8:41/35	1:53/32	5:35/31	1:43/50	2:59/48	5:29/34	2:27/38	0:38/100

	+0:42 (5)	+5:37 (12)	+3:03 (5)	+0:32 (4)	+0:53 (5)	+0:23 (6)	+1:05 (4)	+0:51 (4)	+0:56 (8)	+0:15 (8)
7	Regula Høslø			B&OI			(15,71min/km)		42:35 (+12:07)	
	5:04 (11)	10:23 (10)	18:24 (6)	20:45 (6)	26:57 (6)	28:45 (6)	33:13 (7)	39:49 (7)	41:58 (7)	42:35 (7)
	5:04/47	5:19/37	8:01/35	2:21/32	6:12/31	1:48/50	4:28/48	6:36/34	2:09/38	0:37/100
	+2:48 (11)	+1:59 (8)	+2:23 (4)	+1:00 (10)	+1:30 (6)	+0:28 (7)	+2:34 (10)	+1:58 (8)	+0:38 (5)	+0:14 (6)
8	Karen Kringhaug			VIL			(17,04min/km)		46:11 (+15:43)	
	3:49 (9)	10:17 (9)	19:27 (7)	22:05 (7)	29:01 (8)	31:07 (8)	34:42 (8)	42:41 (8)	45:21 (8)	46:11 (8)
	3:49/47	6:28/37	9:10/35	2:38/32	6:56/31	2:06/50	3:35/48	7:59/34	2:40/38	0:50/100
	+1:33 (9)	+3:08 (11)	+3:32 (7)	+1:17 (12)	+2:14 (9)	+0:46 (10)	+1:41 (6)	+3:21 (10)	+1:09 (10)	+0:27 (11)
9	Lisbeth Lunde			B&OI			(19,02min/km)		51:32 (+21:04)	
	3:49 (9)	9:03 (8)	26:26 (11)	27:47 (11)	34:39 (10)	36:41 (10)	40:14 (9)	48:15 (9)	50:41 (9)	51:32 (9)
	3:49/47	5:14/37	17:23/35	1:21/32	6:52/31	2:02/50	3:33/48	8:01/34	2:26/38	0:51/100
	+1:33 (9)	+1:54 (7)	+11:45 (11)	+0:00 (1)	+2:10 (8)	+0:42 (9)	+1:39 (5)	+3:23 (11)	+0:55 (7)	+0:28 (12)
10	Bendik Storvik Nilssen			B&OI			(20,66min/km)		56:00 (+25:32)	
	3:09 (7)	8:51 (7)	20:34 (8)	22:46 (9)	34:47 (11)	41:35 (11)	44:20 (10)	51:54 (10)	55:23 (10)	56:00 (10)
	3:09/47	5:42/37	11:43/35	2:12/32	12:01/31	6:48/50	2:45/48	7:34/34	3:29/38	0:37/100
	+0:53 (7)	+2:22 (9)	+6:05 (9)	+0:51 (9)	+7:19 (12)	+5:28 (12)	+0:51 (3)	+2:56 (9)	+1:58 (12)	+0:14 (6)
11	Ingunn Jakola			B&OI			(21,17min/km)		57:22 (+26:54)	
	3:44 (8)	7:53 (6)	24:47 (10)	26:53 (10)	32:16 (9)	34:06 (9)	48:26 (11)	54:09 (11)	56:47 (11)	57:22 (11)
	3:44/47	4:09/37	16:54/35	2:06/32	5:23/31	1:50/50	14:20/48	5:43/34	2:38/38	0:35/100
	+1:28 (8)	+0:49 (4)	+11:16 (10)	+0:45 (8)	+0:41 (4)	+0:30 (8)	+12:26 (12)	+1:05 (5)	+1:07 (9)	+0:12 (5)
12	Eva Pedersen			SISO			(25,95min/km)		1:10:20 (+39:52)	
	5:34 (12)	11:50 (11)	32:20 (12)	34:51 (12)	42:54 (12)	46:53 (12)	1:00:59 (12)	1:06:53 (12)	1:09:36 (12)	1:10:20 (12)
	5:34/47	6:16/37	20:30/35	2:31/32	8:03/31	3:59/50	14:06/48	5:54/34	2:43/38	0:44/100
	+3:18 (12)	+2:56 (10)	+14:52 (12)	+1:10 (11)	+3:21 (11)	+2:39 (11)	+12:12 (11)	+1:16 (6)	+1:12 (11)	+0:21 (10)
	Fredrik Kristiansen			B&OI			(10,91min/km)		Disk	
	2:57 (5)	5:55 (2)	12:31 (3)	15:15 (3)	19:25 (2)	20:49 (2)	23:08 (1)	27:05 (1)	28:46 (1)	29:34 (1)
	2:57/47	2:58/37	6:36/35	2:44/32	4:10/31	1:24/50	2:19/48	3:57/34	1:41/105	0:48/100
	+0:41 (5)	+0:00 (1)	+0:58 (3)	+1:23 (13)	+0:00 (1)	+0:04 (2)	+0:25 (3)	+0:00 (1)	+0:10 (3)	+0:25 (11)
	Anders Stensland			B&OI			(13,59min/km)		Disk (+6:21)	
	4:44 (11)	10:33 (11)	27:52 (12)	29:05 (12)	30:39 (9)	35:10 (10)	36:21 (9)	36:49 (6)	36:49 (5)	36:49 (5)
	4:44/47	5:49/37	17:19/31	1:13/50	1:34/48	4:31/34	1:11/38	0:28/100		
	+2:28 (11)	+2:29 (10)	+11:41 (11)	+0:00 (1)	+0:00 (1)	+3:11 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Marianne Eilertsen			B&OI			(17,66min/km)		Disk (+17:24)	
	2:41 (4)	7:33 (5)	20:37 (10)	21:54 (7)	27:49 (7)	29:22 (7)	31:21 (6)	42:12 (8)	47:04 (9)	47:52 (9)
	2:41/47	4:52/37	13:04/35	1:17/32	5:55/31	1:33/50	1:59/48	10:51/47	4:52/38	0:48/100
	+0:25 (4)	+1:32 (7)	+7:26 (10)	+0:00 (1)	+1:13 (6)	+0:13 (4)	+0:05 (2)	+6:13 (13)	+3:21 (13)	+0:25 (11)

Klasse 2 km

3 påmeldt, 3 startende

1	Håkon Hegreberg			B&OI			(7,16min/km)		14:19	
	1:17 (1)	3:14 (1)	4:13 (1)	6:00 (1)	7:40 (1)	9:30 (1)	10:58 (1)	12:12 (1)	14:02 (1)	14:19 (1)
	1:17/51	1:57/46	0:59/33	1:47/54	1:40/55	1:50/57	1:28/82	1:14/83	1:50/38	0:17/100
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:04 (2)	+0:00 (1)
2	Ask K Godal			B&OI			(8,94min/km)		17:53 (+3:34)	
	1:42 (2)	4:19 (2)	5:34 (2)	7:52 (2)	9:43 (2)	11:43 (2)	14:20 (2)	15:35 (2)	17:21 (2)	17:53 (2)
	1:42/51	2:37/46	1:15/33	2:18/54	1:51/55	2:00/57	2:37/82	1:15/83	1:46/38	0:32/100
	+0:25 (2)	+0:40 (2)	+0:16 (2)	+0:31 (2)	+0:11 (2)	+0:10 (2)	+1:09 (2)	+0:01 (2)	+0:00 (1)	+0:15 (2)
3	Anne Berit Vikhals			B&OI			(15,63min/km)		31:16 (+16:57)	
	2:50 (3)	9:20 (3)	11:19 (3)	15:11 (3)	18:31 (3)	21:44 (3)	24:40 (3)	27:19 (3)	30:16 (3)	31:16 (3)
	2:50/51	6:30/46	1:59/33	3:52/54	3:20/55	3:13/57	2:56/82	2:39/83	2:57/38	1:00/100
	+1:33 (3)	+4:33 (3)	+1:00 (3)	+2:05 (3)	+1:40 (3)	+1:23 (3)	+1:28 (3)	+1:25 (3)	+1:11 (3)	+0:43 (3)

Klasse Nybegynner

4 påmeldt, 4 startende

Oda Furuholmen			B&OI			(15,03min/km)		22:33	
0:52 (2)	1:55 (1)	4:53 (2)	9:36 (3)	13:36 (3)	17:27 (3)	20:19 (4)	21:46 (4)	22:33 (3)	
0:52/90	1:03/91	2:58/92	4:43/93	4:00/94	3:51/83	2:52/105	1:27/38	0:47/100	

+0:08 (2)	+0:06 (3)	+0:08 (2)	+2:05 (3)	+2:30 (4)	+0:03 (2)	+1:16 (4)	+0:20 (4)	+0:01 (2)
Amund Kleist Godal			B&OI		(12,47min/km)			18:42
1:11 (4)	2:08 (4)	5:06 (4)	7:44 (1)	9:14 (1)	14:27 (1)	16:03 (1)	17:25 (1)	18:42 (1)
1:11/90	0:57/91	2:58/92	2:38/93	1:30/94	5:13/83	1:36/105	1:22/38	1:17/100
+0:27 (4)	+0:00 (1)	+0:08 (2)	+0:00 (1)	+0:00 (1)	+1:25 (4)	+0:00 (1)	+0:15 (2)	+0:31 (4)
Anna Storvik Nilsen			B&OI		(15,03min/km)			22:33
0:44 (1)	1:56 (2)	4:46 (1)	10:05 (4)	13:45 (4)	17:33 (4)	20:13 (3)	21:36 (3)	22:33 (3)
0:44/90	1:12/91	2:50/92	5:19/93	3:40/94	3:48/83	2:40/105	1:23/38	0:57/100
+0:00 (1)	+0:15 (4)	+0:00 (1)	+2:41 (4)	+2:10 (3)	+0:00 (1)	+1:04 (3)	+0:16 (3)	+0:11 (3)
Martha Kalvig Skogan			B&OI		(13,17min/km)			19:45
1:05 (3)	2:04 (3)	5:03 (3)	9:20 (2)	11:25 (2)	15:31 (2)	17:52 (2)	18:59 (2)	19:45 (2)
1:05/90	0:59/91	2:59/92	4:17/93	2:05/94	4:06/83	2:21/105	1:07/38	0:46/100
+0:21 (3)	+0:02 (2)	+0:09 (4)	+1:39 (2)	+0:35 (2)	+0:18 (3)	+0:45 (2)	+0:00 (1)	+0:00 (1)