

Resultater fra Saltenkarusell 8 22.08.2006

Det var totalt 61 deltagere.

Klasse 2km 2,0 km

13 påmeldt, 13 startende

1	Arnold Danielsen		B&OI		(18,78min/km)		37:34	
	6:37 (4)	13:59 (4)	18:55 (2)	29:31 (1)	33:45 (1)	36:12 (1)	37:34 (1)	37:34 (1)
	6:37/31	7:22/125	4:56/40	10:36/47	4:14/54	2:27/55	1:22/100	
	+1:37 (4)	+1:03 (3)	+1:03 (3)	+4:49 (5)	+0:50 (4)	+0:08 (2)	+0:45 (7)	+0:00 (1)
2	Fredrik Kristensen		B&OI		(19,33min/km)		38:40	(+1:06)
	11:59 (10)	20:58 (7)	25:23 (4)	31:10 (2)	34:39 (2)	38:03 (2)	38:40 (2)	38:40 (2)
	11:59/31	8:59/125	4:25/40	5:47/47	3:29/54	3:24/55	0:37/100	
	+6:59 (10)	+2:40 (5)	+0:32 (2)	+0:00 (1)	+0:05 (2)	+1:05 (4)	+0:00 (1)	+0:00 (1)
3	Vibece Hobbestad		Valnesfjord IL		(22,78min/km)		45:33	(+7:59)
	5:55 (3)	12:14 (2)	28:21 (5)	36:10 (3)	39:34 (3)	44:21 (3)	45:33 (3)	45:33 (3)
	5:55/31	6:19/125	16:07/40	7:49/47	3:24/54	4:47/55	1:12/100	
	+0:55 (3)	+0:00 (1)	+12:14 (9)	+2:02 (2)	+0:00 (1)	+2:28 (6)	+0:35 (6)	+0:00 (1)
4	Tobias Johnsen		B&OI		(24,08min/km)		48:09	(+10:35)
	11:06 (9)	20:32 (6)	28:43 (6)	39:11 (4)	44:40 (4)	46:59 (4)	48:09 (4)	48:09 (4)
	11:06/31	9:26/125	8:11/40	10:28/47	5:29/54	2:19/55	1:10/100	
	+6:06 (9)	+3:07 (6)	+4:18 (5)	+4:41 (4)	+2:05 (5)	+0:00 (1)	+0:33 (4)	+0:00 (1)
5	Tine Bergkvist		Valnesfjord IL		(26,56min/km)		53:07	(+15:33)
	5:00 (1)	12:02 (1)	15:55 (1)	43:58 (5)	48:03 (5)	51:48 (5)	52:37 (5)	53:07 (5)
	5:00/31	7:02/125	3:53/40	28:03/47	4:05/54	3:45/55	0:49/100	0:30/250
	+0:00 (1)	+0:43 (2)	+0:00 (1)	+22:16 (9)	+0:41 (3)	+1:26 (5)	+0:12 (2)	+0:00 (1)
6	Tore Wingan Wold		B&OI		(32,80min/km)		1:05:36	(+28:02)
	7:07 (5)	28:26 (10)	36:55 (9)	48:05 (7)	58:20 (7)	1:03:13 (7)	1:05:36 (6)	1:05:36 (6)
	7:07/31	21:19/125	8:29/40	11:10/47	10:15/54	4:53/55	2:23/100	
	+2:07 (5)	+15:00 (10)	+4:36 (7)	+5:23 (6)	+6:51 (9)	+2:34 (9)	+1:46 (9)	+0:00 (1)
7	Anders Wold		B&OI		(32,82min/km)		1:05:38	(+28:04)
	7:09 (6)	28:25 (9)	36:44 (8)	47:55 (6)	58:07 (6)	1:02:57 (6)	1:05:38 (7)	1:05:38 (7)
	7:09/31	21:16/125	8:19/40	11:11/47	10:12/54	4:50/55	2:41/100	
	+2:09 (6)	+14:57 (9)	+4:26 (6)	+5:24 (7)	+6:48 (8)	+2:31 (7)	+2:04 (10)	+0:00 (1)
8	Astrid Aanerød		B&OI		(36,73min/km)		1:13:27	(+35:53)
	10:46 (8)	23:28 (8)	53:09 (10)	1:03:02 (9)	1:09:00 (9)	1:12:16 (8)	1:13:27 (8)	1:13:27 (8)
	10:46/31	12:42/125	29:41/40	9:53/47	5:58/54	3:16/55	1:11/100	
	+5:46 (8)	+6:23 (8)	+25:48 (10)	+4:06 (3)	+2:34 (6)	+0:57 (3)	+0:34 (5)	+0:00 (1)
9	Anders Rød		B&OI		(38,29min/km)		1:16:35	(+39:01)
	9:26 (7)	20:16 (5)	35:02 (7)	54:39 (8)	1:08:58 (8)	1:14:31 (9)	1:16:35 (9)	1:16:35 (9)
	9:26/31	10:50/125	14:46/40	19:37/47	14:19/54	5:33/55	2:04/100	
	+4:26 (7)	+4:31 (7)	+10:53 (8)	+13:50 (8)	+10:55 (10)	+3:14 (10)	+1:27 (8)	+0:00 (1)
10	Mari E Reitan		B&OI		(41,31min/km)		1:22:37	(+45:03)
	5:50 (2)	13:46 (3)	20:57 (3)	1:06:44 (10)	1:16:41 (10)	1:21:31 (10)	1:22:37 (10)	1:22:37 (10)
	5:50/31	7:56/125	7:11/40	45:47/47	9:57/54	4:50/55	1:06/100	
	+0:50 (2)	+1:37 (4)	+3:18 (4)	+40:00 (10)	+6:33 (7)	+2:31 (7)	+0:29 (3)	+0:00 (1)
	Bendik Storvik Nilsen		B&OI		(24,97min/km)		Disk	(+12:22)
	7:55 (7)	26:57 (9)	36:30 (8)	43:50 (5)	48:09 (6)	49:56 (5)	49:56 (5)	49:56 (5)
	7:55/31	19:02/40	9:33/47	7:20/54	4:19/55	1:47/100		
	+2:55 (7)	+12:43 (9)	+5:40 (8)	+1:33 (2)	+0:55 (5)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Brita Bye		B&OI		(0,00min/km)		Brutt	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Vilde Rød		B&OI		(37,01min/km)		Brutt	(+36:27)
	8:51 (7)	19:51 (5)	34:32 (7)	53:32 (8)	1:07:35 (8)	1:14:01 (9)	1:14:01 (9)	1:14:01 (9)
	8:51/31	11:00/125	14:41/40	19:00/47	14:03/54	6:26/100		
	+3:51 (7)	+4:41 (8)	+10:48 (8)	+13:13 (8)	+10:39 (10)	+4:07 (11)	+0:00 (1)	+0:00 (1)

Klasse 3km 3,0 km

21 påmeldt, 21 startende

1	Raymond Trondsen		TIL		(12,06min/km)	36:11			
	5:54 (1)	9:14 (2)	15:11 (1)	19:56 (1)	28:16 (1)	33:08 (2)	35:24 (1)	36:11 (1)	36:11 (1)
	5:54/34	3:20/39	5:57/41	4:45/45	8:20/48	4:52/54	2:16/55	0:47/100	
	+0:00 (1)	+1:16 (8)	+0:00 (1)	+0:12 (2)	+1:08 (3)	+0:41 (2)	+0:31 (9)	+0:11 (6)	+0:00 (1)
2	Joar Henriksen		B&OI		(12,16min/km)	36:28	(+0:17)		
	6:25 (4)	9:42 (4)	16:31 (2)	21:34 (2)	28:46 (2)	32:57 (1)	35:48 (2)	36:28 (2)	36:28 (2)
	6:25/34	3:17/39	6:49/41	5:03/45	7:12/48	4:11/54	2:51/55	0:40/100	
	+0:31 (4)	+1:13 (7)	+0:52 (3)	+0:30 (3)	+0:00 (1)	+0:00 (1)	+1:06 (16)	+0:04 (3)	+0:00 (1)
3	Jacob Kalvig Skogan		B&OI		(13,57min/km)	40:42	(+4:31)		
	6:45 (7)	10:27 (6)	17:46 (5)	22:51 (3)	31:28 (4)	36:47 (3)	38:44 (3)	39:42 (3)	40:42 (3)
	6:45/34	3:42/39	7:19/41	5:05/45	8:37/48	5:19/54	1:57/55	0:58/100	1:00/250
	+0:51 (7)	+1:38 (11)	+1:22 (4)	+0:32 (4)	+1:25 (5)	+1:08 (4)	+0:12 (4)	+0:22 (10)	+0:38 (2)
4	Jens Viggo Limstrand		B&OI		(13,60min/km)	40:48	(+4:37)		
	6:32 (5)	9:15 (3)	17:34 (4)	23:34 (4)	31:05 (3)	37:49 (4)	39:43 (4)	40:48 (4)	40:48 (4)
	6:32/34	2:43/39	8:19/41	6:00/45	7:31/48	6:44/54	1:54/55	1:05/100	
	+0:38 (5)	+0:39 (4)	+2:22 (7)	+1:27 (8)	+0:19 (2)	+2:33 (10)	+0:09 (3)	+0:29 (13)	+0:00 (1)
5	Thomas Daasvatn		B&OI		(15,17min/km)	45:30	(+9:19)		
	6:01 (2)	12:02 (10)	19:29 (8)	24:42 (5)	34:09 (5)	42:32 (6)	44:25 (5)	45:30 (5)	45:30 (5)
	6:01/34	6:01/39	7:27/41	5:13/45	9:27/48	8:23/54	1:53/55	1:05/100	
	+0:07 (2)	+3:57 (14)	+1:30 (5)	+0:40 (5)	+2:15 (6)	+4:12 (14)	+0:08 (2)	+0:29 (13)	+0:00 (1)
6	Katrine Kalvig		B&OI		(15,24min/km)	45:44	(+9:33)		
	7:10 (9)	10:42 (7)	19:33 (9)	24:46 (6)	35:40 (6)	42:06 (5)	44:41 (6)	45:44 (6)	45:44 (6)
	7:10/34	3:32/39	8:51/41	5:13/45	10:54/48	6:26/54	2:35/55	1:03/100	
	+1:16 (9)	+1:28 (9)	+2:54 (10)	+0:40 (5)	+3:42 (7)	+2:15 (8)	+0:50 (15)	+0:27 (12)	+0:00 (1)
7	Heidi Mørkved		Innstranden IL		(15,56min/km)	46:40	(+10:29)		
	6:40 (6)	8:49 (1)	16:55 (3)	25:02 (7)	38:47 (7)	43:45 (7)	46:00 (7)	46:40 (7)	46:40 (7)
	6:40/34	2:09/39	8:06/41	8:07/45	13:45/48	4:58/54	2:15/55	0:40/100	
	+0:46 (6)	+0:05 (2)	+2:09 (6)	+3:34 (10)	+6:33 (14)	+0:47 (3)	+0:30 (8)	+0:04 (3)	+0:00 (1)
8	Anita Eriksen		B&OI		(16,57min/km)	49:43	(+13:32)		
	8:47 (13)	11:13 (9)	28:18 (13)	32:51 (10)	41:11 (8)	46:58 (8)	49:07 (8)	49:43 (8)	49:43 (8)
	8:47/34	2:26/39	17:05/41	4:33/45	8:20/48	5:47/54	2:09/55	0:36/100	
	+2:53 (13)	+0:22 (3)	+11:08 (16)	+0:00 (1)	+1:08 (3)	+1:36 (6)	+0:24 (7)	+0:00 (1)	+0:00 (1)
9	Jon Øverås		B&OI		(18,02min/km)	54:04	(+17:53)		
	7:37 (10)	10:46 (8)	19:05 (7)	30:04 (9)	42:31 (9)	50:18 (9)	52:51 (9)	54:04 (9)	54:04 (9)
	7:37/34	3:09/39	8:19/41	10:59/45	12:27/48	7:47/54	2:33/55	1:13/100	
	+1:43 (10)	+1:05 (6)	+2:22 (7)	+6:26 (14)	+5:15 (10)	+3:36 (12)	+0:48 (13)	+0:37 (16)	+0:00 (1)
10	Carol Iddles		B&OI		(18,59min/km)	55:46	(+19:35)		
	7:04 (8)	9:47 (5)	18:55 (6)	29:22 (8)	44:05 (10)	52:10 (10)	54:32 (10)	55:24 (10)	55:46 (10)
	7:04/34	2:43/39	9:08/41	10:27/45	14:43/48	8:05/54	2:22/55	0:52/100	0:22/250
	+1:10 (8)	+0:39 (4)	+3:11 (11)	+5:54 (13)	+7:31 (15)	+3:54 (13)	+0:37 (10)	+0:16 (8)	+0:00 (1)
11	Karen Bjørseth		B&OI		(19,37min/km)	58:06	(+21:55)		
	9:41 (14)	13:27 (13)	26:54 (12)	33:51 (11)	46:09 (11)	54:48 (11)	57:15 (11)	58:06 (11)	58:06 (11)
	9:41/34	3:46/39	13:27/41	6:57/45	12:18/48	8:39/54	2:27/55	0:51/100	
	+3:47 (14)	+1:42 (12)	+7:30 (12)	+2:24 (9)	+5:06 (9)	+4:28 (15)	+0:42 (12)	+0:15 (7)	+0:00 (1)
12	Solveig Martinussen		B&OI		(20,01min/km)	1:00:02	(+23:51)		
	9:45 (15)	14:32 (14)	31:49 (15)	37:03 (13)	50:44 (13)	57:17 (13)	59:02 (12)	1:00:02 (12)	1:00:02 (12)
	9:45/34	4:47/39	17:17/41	5:14/45	13:41/48	6:33/54	1:45/55	1:00/100	
	+3:51 (15)	+2:43 (13)	+11:20 (17)	+0:41 (7)	+6:29 (13)	+2:22 (9)	+0:00 (1)	+0:24 (11)	+0:00 (1)
13	Regula Høsli		B&OI		(20,07min/km)	1:00:12	(+24:01)		
	8:24 (12)	12:04 (11)	20:41 (11)	36:19 (12)	49:47 (12)	56:32 (12)	59:05 (13)	1:00:12 (13)	1:00:12 (13)
	8:24/34	3:40/39	8:37/41	15:38/45	13:28/48	6:45/54	2:33/55	1:07/100	
	+2:30 (12)	+1:36 (10)	+2:40 (9)	+11:05 (16)	+6:16 (12)	+2:34 (11)	+0:48 (13)	+0:31 (15)	+0:00 (1)
14	Morten Selnes		B&OI		(20,50min/km)	1:01:30	(+25:19)		
	6:17 (3)	13:11 (12)	19:35 (10)	39:11 (14)	52:29 (14)	58:15 (14)	1:00:38 (14)	1:01:30 (14)	1:01:30 (14)
	6:17/34	6:54/39	6:24/41	19:36/45	13:18/48	5:46/54	2:23/55	0:52/100	
	+0:23 (3)	+4:50 (15)	+0:27 (2)	+15:03 (17)	+6:06 (11)	+1:35 (5)	+0:38 (11)	+0:16 (8)	+0:00 (1)

15	Torbjørn Høslis Olsen		B&OI			(21,83min/km)		1:05:30 (+29:19)	
	7:51 (11)	14:48 (15)	28:33 (14)	41:58 (15)	53:37 (15)	1:02:56 (15)	1:04:53 (15)	1:05:30 (15)	1:05:30 (15)
	7:51/34	6:57/39	13:45/41	13:25/45	11:39/48	9:19/54	1:57/55	0:37/100	
	+1:57 (11)	+4:53 (16)	+7:48 (13)	+8:52 (15)	+4:27 (8)	+5:08 (16)	+0:12 (4)	+0:01 (2)	+0:00 (1)
16	Sander Pettersen		B&OI			(23,93min/km)		1:11:47 (+35:36)	
	14:59 (16)	17:03 (16)	31:58 (16)	42:06 (16)	1:03:02 (16)	1:09:05 (16)	1:11:03 (16)	1:11:47 (16)	1:11:47 (16)
	14:59/34	2:04/39	14:55/41	10:08/45	20:56/48	6:03/54	1:58/55	0:44/100	
	+9:05 (16)	+0:00 (1)	+8:58 (14)	+5:35 (12)	+13:44 (16)	+1:52 (7)	+0:13 (6)	+0:08 (5)	+0:00 (1)
17	Kaja Opsahl		B&OI			(31,71min/km)		1:35:07 (+58:56)	
	22:35 (17)	29:41 (17)	45:05 (17)	54:59 (17)	1:18:51 (17)	1:29:50 (17)	1:33:09 (17)	1:35:07 (17)	1:35:07 (17)
	22:35/34	7:06/39	15:24/41	9:54/45	23:52/48	10:59/54	3:19/55	1:58/100	
	+16:41 (17)	+5:02 (17)	+9:27 (15)	+5:21 (11)	+16:40 (17)	+6:48 (17)	+1:34 (17)	+1:22 (17)	+0:00 (1)
	Håkon Hegreberg		B&OI			(20,52min/km)		Disk (+25:23)	
	11:22 (16)	15:08 (16)	38:11 (17)	44:17 (17)	57:52 (16)	1:00:59 (15)	1:01:34 (15)	1:01:34 (15)	1:01:34 (15)
	11:22/34	3:46/39	23:03/41	6:06/45	13:35/54	3:07/55	0:35/100		
	+5:28 (16)	+1:42 (12)	+17:06 (18)	+1:33 (9)	+6:23 (13)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Ida Hegreberg		B&OI			(21,96min/km)		Disk (+29:42)	
	7:17 (10)	10:54 (9)	18:44 (6)	31:16 (10)	1:05:53 (17)	1:05:53 (16)	1:05:53 (16)	1:05:53 (16)	1:05:53 (16)
	7:17/34	3:37/39	7:50/41	12:32/45	34:37/100				
	+1:23 (10)	+1:33 (10)	+1:53 (6)	+7:59 (15)	+27:25 (18)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Frode Ikdahl		B&OI			(23,07min/km)		Disk (+33:02)	
	8:04 (12)	11:12 (9)	19:09 (8)	25:49 (8)	1:06:00 (17)	1:08:18 (16)	1:09:13 (16)	1:09:13 (16)	1:09:13 (16)
	8:04/34	3:08/39	7:57/41	6:40/45	40:11/54	2:18/55	0:55/100		
	+2:10 (12)	+1:04 (6)	+2:00 (6)	+2:07 (9)	+32:59 (18)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
	Tove Unosen		Ukjent			(27,98min/km)		Disk (+47:45)	
	9:38 (14)	11:44 (10)	34:33 (17)	54:18 (17)	1:09:38 (17)	1:20:10 (17)	1:22:39 (17)	1:23:56 (17)	1:23:56 (17)
	9:38/36	2:06/39	22:49/40	19:45/45	15:20/48	10:32/54	2:29/55	1:17/100	
	+3:44 (14)	+0:02 (2)	+16:52 (18)	+15:12 (18)	+8:08 (16)	+6:21 (17)	+0:44 (13)	+0:41 (17)	+0:00 (1)

Klasse 4km 4,0 km

19 påmeldt, 19 startende

1	Per Rekkedal		B&OI			(9,18min/km)		36:43	
	4:57 (2)	6:40 (2)	11:11 (2)	13:16 (1)	16:12 (2)	24:26 (1)	28:29 (1)	32:22 (1)	34:39 (1) 35:59 (1)
	4:57/36	1:43/39	4:31/122	2:05/123	2:56/124	8:14/50	4:03/45	3:53/46	2:17/54 1:20/55
	+0:06 (2)	+0:30 (9)	+0:00 (1)	+0:00 (1)	+0:26 (4)	+0:07 (2)	+0:00 (1)	+0:15 (6)	+0:10 (4) +0:03 (2)
	36:43 (1)	36:43 (1)							
	0:44/100								
	+0:12 (6)	+0:00 (1)							
2	Tore Jakola		B&OI			(9,87min/km)		39:29 (+2:46)	
	4:51 (1)	6:10 (1)	11:04 (1)	13:40 (2)	16:10 (1)	26:38 (2)	31:41 (2)	35:25 (2)	37:34 (2) 38:51 (2)
	4:51/36	1:19/39	4:54/122	2:36/123	2:30/124	10:28/50	5:03/45	3:44/46	2:09/54 1:17/55
	+0:00 (1)	+0:06 (2)	+0:23 (3)	+0:31 (4)	+0:00 (1)	+2:21 (13)	+1:00 (3)	+0:06 (2)	+0:02 (2) +0:00 (1)
	39:29 (2)	39:29 (2)							
	0:38/100								
	+0:06 (5)	+0:00 (1)							
3	Marit Johnsen		B&OI			(10,14min/km)		40:34 (+3:51)	
	5:36 (6)	7:09 (5)	12:13 (4)	14:43 (3)	17:45 (3)	26:46 (3)	32:09 (3)	35:55 (3)	38:25 (3) 39:49 (3)
	5:36/36	1:33/39	5:04/122	2:30/123	3:02/124	9:01/50	5:23/45	3:46/46	2:30/54 1:24/55
	+0:45 (6)	+0:20 (6)	+0:33 (5)	+0:25 (2)	+0:32 (7)	+0:54 (5)	+1:20 (5)	+0:08 (3)	+0:23 (6) +0:07 (3)
	40:34 (3)	40:34 (3)							
	0:45/100								
	+0:13 (10)	+0:00 (1)							
4	Gunnar Rabben		Valnesfjord IL			(11,03min/km)		44:08 (+7:25)	
	6:39 (13)	8:05 (9)	13:08 (6)	16:50 (6)	19:51 (5)	29:38 (5)	34:49 (4)	38:58 (4)	41:51 (4) 43:22 (4)
	6:39/36	1:26/39	5:03/122	3:42/123	3:01/124	9:47/50	5:11/45	4:09/46	2:53/54 1:31/55
	+1:48 (13)	+0:13 (4)	+0:32 (4)	+1:37 (13)	+0:31 (6)	+1:40 (10)	+1:08 (4)	+0:31 (9)	+0:46 (13) +0:14 (6)
	44:08 (4)	44:08 (4)							
	0:46/100								
	+0:14 (11)	+0:00 (1)							

5	Morten Tjøndal		Avinor		(11,83min/km)	47:20	(+10:37)			
	5:38 (7)	7:14 (6)	18:06 (16)	20:59 (14)	23:29 (10)	32:32 (8)	37:21 (5)	42:54 (6)	45:23 (6)	46:47 (5)
	5:38/36	1:36/39	10:52/122	2:53/123	2:30/124	9:03/50	4:49/45	5:33/46	2:29/54	1:24/55
	+0:47 (7)	+0:23 (8)	+6:21 (17)	+0:48 (8)	+0:00 (1)	+0:56 (6)	+0:46 (2)	+1:55 (16)	+0:22 (5)	+0:07 (3)
	47:20 (5)	47:20 (5)								
	0:33/100									
	+0:01 (2)	+0:00 (1)								
6	Jonny Jakobsen		Valnesfjord IL		(11,98min/km)	47:56	(+11:13)			
	5:40 (9)	7:24 (7)	12:56 (5)	16:48 (5)	21:41 (8)	31:57 (6)	38:43 (6)	42:34 (5)	45:09 (5)	47:12 (6)
	5:40/36	1:44/39	5:32/122	3:52/123	4:53/124	10:16/50	6:46/45	3:51/46	2:35/54	2:03/55
	+0:49 (9)	+0:31 (10)	+1:01 (9)	+1:47 (14)	+2:23 (13)	+2:09 (12)	+2:43 (9)	+0:13 (5)	+0:28 (8)	+0:46 (15)
	47:56 (6)	47:56 (6)								
	0:44/100									
	+0:12 (6)	+0:00 (1)								
7	Petter Jakola		B&OI		(12,64min/km)	50:34	(+13:51)			
	6:41 (14)	10:02 (15)	15:22 (13)	18:11 (11)	26:29 (13)	34:36 (11)	42:21 (11)	45:59 (9)	48:06 (8)	50:02 (8)
	6:41/36	3:21/39	5:20/122	2:49/123	8:18/124	8:07/50	7:45/45	3:38/46	2:07/54	1:56/55
	+1:50 (14)	+2:08 (16)	+0:49 (7)	+0:44 (7)	+5:48 (17)	+0:00 (1)	+3:42 (12)	+0:00 (1)	+0:00 (1)	+0:39 (14)
	50:34 (7)	50:34 (7)								
	0:32/100									
	+0:00 (1)	+0:00 (1)								
8	Leif Magne Eggestad		B&OI		(12,69min/km)	50:46	(+14:03)			
	6:47 (15)	8:21 (12)	13:41 (8)	17:52 (7)	21:20 (6)	32:03 (7)	39:48 (8)	44:03 (7)	46:58 (7)	49:40 (7)
	6:47/36	1:34/39	5:20/122	4:11/123	3:28/124	10:43/50	7:45/45	4:15/46	2:55/54	2:42/55
	+1:56 (15)	+0:21 (7)	+0:49 (7)	+2:06 (15)	+0:58 (10)	+2:36 (14)	+3:42 (12)	+0:37 (10)	+0:48 (14)	+1:25 (18)
	50:46 (8)	50:46 (8)								
	1:06/100									
	+0:34 (17)	+0:00 (1)								
9	Tove P Bergkvist		Valnesfjord IL		(12,97min/km)	51:53	(+15:10)			
	6:24 (10)	8:19 (11)	14:38 (9)	18:06 (10)	25:57 (12)	35:25 (12)	41:22 (10)	46:08 (10)	49:00 (9)	51:05 (9)
	6:24/36	1:55/39	6:19/122	3:28/123	7:51/124	9:28/50	5:57/45	4:46/46	2:52/54	2:05/55
	+1:33 (10)	+0:42 (15)	+1:48 (12)	+1:23 (12)	+5:21 (16)	+1:21 (8)	+1:54 (7)	+1:08 (13)	+0:45 (12)	+0:48 (16)
	51:53 (9)	51:53 (9)								
	0:48/100									
	+0:16 (14)	+0:00 (1)								
10	Arne Kristian Nordhei		B&OI		(13,35min/km)	53:24	(+16:41)			
	6:30 (11)	8:16 (10)	14:51 (11)	17:55 (8)	22:59 (9)	34:11 (10)	43:38 (12)	47:43 (11)	51:04 (10)	52:38 (10)
	6:30/36	1:46/39	6:35/122	3:04/123	5:04/124	11:12/50	9:27/45	4:05/46	3:21/54	1:34/55
	+1:39 (11)	+0:33 (11)	+2:04 (14)	+0:59 (9)	+2:34 (14)	+3:05 (16)	+5:24 (15)	+0:27 (8)	+1:14 (17)	+0:17 (9)
	53:24 (10)	53:24 (10)								
	0:46/100									
	+0:14 (11)	+0:00 (1)								
11	Bjørnar Hegreberg		B&OI		(13,45min/km)	53:48	(+17:05)			
	6:33 (12)	8:25 (13)	14:52 (12)	17:56 (9)	21:34 (7)	32:44 (9)	39:45 (7)	44:33 (8)	51:18 (11)	53:04 (11)
	6:33/36	1:52/39	6:27/122	3:04/123	3:38/124	11:10/50	7:01/45	4:48/46	6:45/54	1:46/55
	+1:42 (12)	+0:39 (13)	+1:56 (13)	+0:59 (9)	+1:08 (11)	+3:03 (15)	+2:58 (11)	+1:10 (14)	+4:38 (18)	+0:29 (11)
	53:48 (11)	53:48 (11)								
	0:44/100									
	+0:12 (6)	+0:00 (1)								
12	Glen Robert Johnsen		B&OI		(13,51min/km)	54:02	(+17:19)			
	5:33 (5)	7:27 (8)	13:09 (7)	16:23 (4)	19:19 (4)	28:16 (4)	40:30 (9)	49:12 (12)	51:55 (12)	53:27 (12)
	5:33/36	1:54/39	5:42/122	3:14/123	2:56/124	8:57/50	12:14/45	8:42/46	2:43/54	1:32/55
	+0:42 (5)	+0:41 (14)	+1:11 (10)	+1:09 (11)	+0:26 (4)	+0:50 (3)	+8:11 (17)	+5:04 (18)	+0:36 (9)	+0:15 (8)
	54:02 (12)	54:02 (12)								
	0:35/100									
	+0:03 (3)	+0:00 (1)								
13	Erling Pedersen		IL Siso		(13,85min/km)	55:25	(+18:42)			
	5:39 (8)	11:57 (16)	17:13 (15)	19:58 (12)	29:41 (17)	38:57 (17)	44:59 (13)	49:57 (13)	53:03 (13)	54:34 (13)
	5:39/36	6:18/39	5:16/122	2:45/123	9:43/124	9:16/50	6:02/45	4:58/46	3:06/54	1:31/55
	+0:48 (8)	+5:05 (18)	+0:45 (6)	+0:40 (6)	+7:13 (18)	+1:09 (7)	+1:59 (8)	+1:20 (15)	+0:59 (15)	+0:14 (6)

55:18 (13) 55:25 (13)
0:44/100 0:07/250
+0:12 (6) +0:00 (1)

14 Asbjørn Pedersen IL Siso (13,98min/km) 55:56 (+19:13)
11:14 (18) 12:27 (17) 23:34 (18) 26:05 (17) 28:52 (16) 37:50 (14) 47:18 (15) 51:07 (14) 53:38 (14) 55:07 (14)
11:14/36 1:13/39 11:07/122 2:31/123 2:47/124 8:58/50 9:28/45 3:49/46 2:31/54 1:29/55
+6:23 (18) +0:00 (1) +6:36 (18) +0:26 (3) +0:17 (3) +0:51 (4) +5:25 (16) +0:11 (4) +0:24 (7) +0:12 (5)
55:56 (14) 55:56 (14)
0:49/100
+0:17 (15) +0:00 (1)

15 Jan Prytz B&OI (14,01min/km) 56:03 (+19:20)
5:20 (3) 6:52 (4) 16:00 (14) 20:23 (13) 28:10 (15) 38:22 (15) 47:28 (16) 51:30 (16) 53:39 (15) 55:26 (15)
5:20/36 1:32/39 9:08/122 4:23/123 7:47/124 10:12/50 9:06/45 4:02/46 2:09/54 1:47/55
+0:29 (3) +0:19 (5) +4:37 (16) +2:18 (16) +5:17 (15) +2:05 (11) +5:03 (14) +0:24 (7) +0:02 (2) +0:30 (12)
56:03 (15) 56:03 (15)
0:37/100
+0:05 (4) +0:00 (1)

16 Øyvind Bjørkås B&OI (14,46min/km) 57:50 (+21:07)
6:57 (16) 12:32 (18) 19:31 (17) 22:15 (15) 25:41 (11) 38:28 (16) 45:22 (14) 51:12 (15) 54:29 (16) 56:37 (16)
6:57/36 5:35/39 6:59/122 2:44/123 3:26/124 12:47/50 6:54/45 5:50/46 3:17/54 2:08/55
+2:06 (16) +4:22 (17) +2:28 (15) +0:39 (5) +0:56 (9) +4:40 (17) +2:51 (10) +2:12 (17) +1:10 (16) +0:51 (17)
57:50 (16) 57:50 (16)
1:13/100
+0:41 (18) +0:00 (1)

17 Dag Skogan B&OI (15,17min/km) 1:00:41 (+23:58)
7:03 (17) 8:50 (14) 14:39 (10) 22:51 (16) 26:44 (14) 36:16 (13) 50:31 (17) 55:14 (17) 58:03 (17) 59:44 (17)
7:03/36 1:47/39 5:49/122 8:12/123 3:53/124 9:32/50 14:15/45 4:43/46 2:49/54 1:41/55
+2:12 (17) +0:34 (12) +1:18 (11) +6:07 (17) +1:23 (12) +1:25 (9) +10:12 (18) +1:05 (12) +0:42 (11) +0:24 (10)
1:00:41 (17) 1:00:41 (17)
0:57/100
+0:25 (16) +0:00 (1)

18 Torkel Irgens B&OI (15,44min/km) 1:01:45 (+25:02)
5:28 (4) 6:48 (3) 11:23 (3) 28:50 (18) 31:56 (18) 46:11 (18) 51:54 (18) 56:20 (18) 59:07 (18) 1:00:58 (18)
5:28/36 1:20/39 4:35/122 17:27/123 3:06/124 14:15/50 5:43/45 4:26/46 2:47/54 1:51/55
+0:37 (4) +0:07 (3) +0:04 (2) +15:22 (18) +0:36 (8) +6:08 (18) +1:40 (6) +0:48 (11) +0:40 (10) +0:34 (13)
1:01:45 (18) 1:01:45 (18)
0:47/100
+0:15 (13) +0:00 (1)

Åge Mohus B&OI (0,00min/km) Brutt
(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1)
(1) (1)
+0:00 (1) +0:00 (1)

Klasse 6km 6,0 km

7 påmeldt, 7 startende

1 Magnus Wingan Wold B&OI (6,84min/km) 41:03
3:13 (1) 8:22 (1) 10:46 (1) 12:30 (1) 15:05 (2) 21:06 (2) 25:11 (2) 26:07 (1) 28:37 (1) 31:27 (1)
3:13/33 5:09/119 2:24/122 1:44/123 2:35/124 6:01/50 4:05/63 0:56/64 2:30/65 2:50/45
+0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:38 (3) +0:00 (1) +0:00 (1) +0:00 (1) +0:00 (1) +0:06 (2)
36:47 (2) 39:32 (2) 40:28 (1) 41:03 (1)
5:20/48 2:45/54 0:56/55 0:35/100
+0:37 (2) +0:00 (1) +0:00 (1) +0:05 (3)

2 Arild Hegreberg B&OI (6,85min/km) 41:07 (+0:04)
3:15 (2) 8:29 (2) 10:55 (2) 12:40 (2) 14:37 (1) 20:50 (1) 25:10 (1) 26:09 (2) 29:16 (2) 32:00 (2)
3:15/33 5:14/119 2:26/122 1:45/123 1:57/124 6:13/50 4:20/63 0:59/64 3:07/65 2:44/45
+0:02 (2) +0:05 (2) +0:02 (3) +0:01 (2) +0:00 (1) +0:12 (2) +0:15 (2) +0:03 (2) +0:37 (5) +0:00 (1)

36:43 (1) 39:31 (1) 40:34 (2) 41:07 (2)
 4:43/48 2:48/54 1:03/55 0:33/100
 +0:00 (1) +0:03 (2) +0:07 (3) +0:03 (2)

3 Nils Aamand **B&OI** **(7,62min/km)** **45:44 (+4:41)**
 4:01 (3) 9:28 (3) 11:52 (3) 13:42 (3) 17:08 (3) 24:22 (3) 29:10 (3) 30:18 (3) 32:59 (3) 35:53 (3)
 4:01/33 5:27/119 2:24/122 1:50/123 3:26/124 7:14/50 4:48/63 1:08/64 2:41/65 2:54/45
 +0:48 (3) +0:18 (3) +0:00 (1) +0:06 (3) +1:29 (6) +1:13 (4) +0:43 (3) +0:12 (3) +0:11 (2) +0:10 (3)
 41:21 (3) 44:13 (3) 45:14 (3) 45:44 (3)
 5:28/48 2:52/54 1:01/55 0:30/100
 +0:45 (3) +0:07 (3) +0:05 (2) +0:00 (1)

4 Håvard Berg **B&OI** **(8,16min/km)** **48:58 (+7:55)**
 4:11 (4) 10:31 (4) 13:17 (4) 15:32 (4) 18:04 (4) 25:17 (4) 30:10 (4) 31:20 (4) 34:14 (4) 37:31 (4)
 4:11/33 6:20/119 2:46/122 2:15/123 2:32/124 7:13/50 4:53/63 1:10/64 2:54/65 3:17/45
 +0:58 (4) +1:11 (5) +0:22 (4) +0:31 (5) +0:35 (2) +1:12 (3) +0:48 (4) +0:14 (4) +0:24 (3) +0:33 (4)
 43:25 (4) 46:53 (4) 48:13 (4) 48:58 (4)
 5:54/48 3:28/54 1:20/55 0:45/100
 +1:11 (4) +0:43 (5) +0:24 (4) +0:15 (6)

5 Roy Solbakk **Valnesfjord IL** **(9,14min/km)** **54:50 (+13:47)**
 5:39 (5) 11:47 (5) 14:33 (5) 16:45 (5) 19:23 (5) 27:10 (5) 32:10 (5) 33:52 (5) 37:37 (5) 41:16 (5)
 5:39/33 6:08/119 2:46/122 2:12/123 2:38/124 7:47/50 5:00/63 1:42/64 3:45/65 3:39/45
 +2:26 (5) +0:59 (4) +0:22 (4) +0:28 (4) +0:41 (4) +1:46 (6) +0:55 (5) +0:46 (5) +1:15 (6) +0:55 (5)
 48:30 (5) 52:43 (5) 54:10 (5) 54:50 (5)
 7:14/48 4:13/54 1:27/55 0:40/100
 +2:31 (6) +1:28 (6) +0:31 (5) +0:10 (4)

6 Lars Reitan **B&OI** **(9,57min/km)** **57:25 (+16:22)**
 5:42 (6) 13:49 (6) 16:42 (6) 19:13 (6) 21:54 (6) 29:30 (6) 35:07 (6) 37:12 (6) 40:09 (6) 44:48 (6)
 5:42/33 8:07/119 2:53/122 2:31/123 2:41/124 7:36/50 5:37/63 2:05/64 2:57/65 4:39/45
 +2:29 (6) +2:58 (6) +0:29 (6) +0:47 (6) +0:44 (5) +1:35 (5) +1:32 (6) +1:09 (6) +0:27 (4) +1:55 (6)
 51:56 (6) 55:16 (6) 56:45 (6) 57:25 (6)
 7:08/48 3:20/54 1:29/55 0:40/100
 +2:25 (5) +0:35 (4) +0:33 (6) +0:10 (4)

Erlend Fjose **B&OI** **(10,50min/km)** **Disk (+21:58)**
 5:14 (5) 13:22 (6) 16:50 (7) 19:22 (7) 22:05 (7) 30:53 (7) 36:57 (7) 38:27 (7) 42:34 (7) 48:29 (7)
 5:14/34 8:08/119 3:28/122 2:32/123 2:43/124 8:48/50 6:04/63 1:30/64 4:07/65 5:55/45
 +2:01 (5) +2:59 (7) +1:04 (7) +0:48 (7) +0:46 (6) +2:47 (7) +1:59 (7) +0:34 (5) +1:37 (7) +3:11 (7)
 55:39 (7) 1:00:01 (7) 1:02:25 (7) 1:03:01 (7)
 7:10/48 4:22/54 2:24/55 0:36/100
 +2:27 (6) +1:37 (7) +1:28 (7) +0:06 (4)

Klasse N 1,5 km

1 påmeldt, 1 startende

Heidi Jensen

B&OI