

Resultater fra Saltenkarusell Heia 14.06.2005

Det var totalt 45 deltagere.

Klasse 3 KM 3,0 km

15 påmeldt, 15 startende 0 premiert

1 Petter Jakola	B&OI	<i>(12,12min/km)</i>	36:22	(+0:00)
3:41 (2) 11:58 (2) 15:07 (2) 24:20 (2) 28:51 (2) 31:48 (2) 34:12 (1) 36:22 (1)				
3:41/119 8:17/93 3:09/121 9:13/122 4:31/111 2:57/117 2:24/249 2:10/31				
+0:32 (2) +0:21 (2) +0:00 (1) +2:34 (3) +0:00 (1) +0:00 (1) +0:08 (3) +0:00 (1)				
2 Edvin Berg	B&OI	<i>(14,12min/km)</i>	42:22	(+6:00)
3:09 (1) 11:05 (1) 14:55 (1) 21:34 (1) 27:13 (1) 30:46 (1) 39:47 (2) 42:22 (2)				
3:09/119 7:56/93 3:50/121 6:39/122 5:39/111 3:33/117 9:01/249 2:35/31				
+0:00 (1) +0:00 (1) +0:41 (2) +0:00 (1) +1:08 (2) +0:36 (2) +6:45 (14) +0:25 (3)				
3 Morten Selnes	B&OI	<i>(15,47min/km)</i>	46:24	(+10:02)
4:43 (6) 15:38 (5) 19:54 (3) 29:46 (3) 35:34 (3) 39:31 (3) 43:55 (3) 46:24 (3)				
4:43/119 10:55/93 4:16/121 9:52/122 5:48/111 3:57/117 4:24/249 2:29/31				
+1:34 (6) +2:59 (5) +1:07 (5) +3:13 (5) +1:17 (3) +1:00 (6) +2:08 (9) +0:19 (2)				
4 Karen Kringhaug	Valnesfjord	<i>(15,77min/km)</i>	47:18	(+10:56)
4:02 (4) 15:01 (4) 20:16 (4) 31:00 (4) 38:16 (4) 42:05 (4) 44:28 (4) 47:18 (4)				
4:02/119 10:59/93 5:15/121 10:44/122 7:16/111 3:49/117 2:23/249 2:50/31				
+0:53 (4) +3:03 (6) +2:06 (10) +4:05 (7) +2:45 (9) +0:52 (3) +0:07 (2) +0:40 (9)				
5 Katrine Kalvig	Valnesfjord	<i>(16,37min/km)</i>	49:06	(+12:44)
4:26 (5) 17:32 (8) 22:31 (7) 32:58 (5) 39:01 (5) 43:48 (5) 46:13 (5) 49:06 (5)				
4:26/119 13:06/93 4:59/121 10:27/122 6:03/111 4:47/117 2:25/249 2:53/31				
+1:17 (5) +5:10 (9) +1:50 (6) +3:48 (6) +1:32 (4) +1:50 (11) +0:09 (4) +0:43 (10)				
6 Christian H. Søvik	B&OI	<i>(16,88min/km)</i>	50:39	(+14:17)
5:26 (8) 16:44 (6) 21:43 (5) 34:43 (7) 40:58 (6) 45:22 (6) 47:59 (6) 50:39 (6)				
5:26/119 11:18/93 4:59/121 13:00/122 6:15/111 4:24/117 2:37/249 2:40/31				
+2:17 (8) +3:22 (8) +1:50 (6) +6:21 (10) +1:44 (5) +1:27 (7) +0:21 (5) +0:30 (5)				
7 Jakob K Skogan	Valnesfjord	<i>(18,12min/km)</i>	54:21	(+17:59)
5:48 (9) 16:51 (7) 21:57 (6) 33:55 (6) 43:45 (7) 47:38 (7) 51:32 (7) 54:21 (7)				
5:48/119 11:03/93 5:06/121 11:58/122 9:50/111 3:53/117 3:54/249 2:49/31				
+2:39 (9) +3:07 (7) +1:57 (8) +5:19 (8) +5:19 (14) +0:56 (5) +1:38 (8) +0:39 (8)				
8 Karen Bjørseth	B&OI	<i>(18,79min/km)</i>	56:22	(+20:00)
3:50 (3) 12:33 (3) 28:40 (8) 40:41 (10) 47:39 (10) 51:29 (9) 53:45 (8) 56:22 (8)				
3:50/119 8:43/93 16:07/121 12:01/122 6:58/111 3:50/117 2:16/249 2:37/31				
+0:41 (3) +0:47 (3) +12:58 (14) +5:22 (9) +2:27 (7) +0:53 (4) +0:00 (1) +0:27 (4)				
9 Carl A Boe	B&OI	<i>(19,33min/km)</i>	58:00	(+21:38)
4:56 (7) 26:56 (10) 31:09 (10) 40:34 (9) 47:04 (9) 52:03 (10) 55:12 (9) 58:00 (9)				
4:56/119 22:00/93 4:13/121 9:25/122 6:30/111 4:59/117 3:09/249 2:48/31				
+1:47 (7) +14:04 (10) +1:04 (4) +2:46 (4) +1:59 (6) +2:02 (13) +0:53 (7) +0:38 (7)				
10 Jon Øversås	B&OI	<i>(19,63min/km)</i>	58:53	(+22:31)
5:58 (10) 28:02 (11) 32:08 (11) 39:24 (8) 46:32 (8) 51:13 (8) 56:11 (10) 58:53 (10)				
5:58/119 22:04/93 4:06/121 7:16/122 7:08/111 4:41/117 4:58/249 2:42/31				
+2:49 (10) +14:08 (11) +0:57 (3) +0:37 (2) +2:37 (8) +1:44 (9) +2:42 (12) +0:32 (6)				
11 Regula Høsli	B&OI	<i>(22,61min/km)</i>	1:07:49	(+31:27)
13:31 (13) 23:53 (9) 30:52 (9) 49:24 (11) 56:47 (11) 1:01:19 (11) 1:04:05 (11) 1:07:49 (11)				
13:31/119 10:22/93 6:59/121 18:32/122 7:23/111 4:32/117 2:46/249 3:44/31				
+10:22 (13) +2:26 (4) +3:50 (13) +11:53 (14) +2:52 (10) +1:35 (8) +0:30 (6) +1:34 (14)				
12 Arnold Danielsen	B&OI	<i>(34,98min/km)</i>	1:44:56	(+1:08:34)
6:07 (11) 1:01:45 (13) 1:07:16 (13) 1:24:45 (13) 1:32:30 (13) 1:37:24 (13) 1:41:52 (12) 1:44:56 (12)				
6:07/119 55:38/93 5:31/121 17:29/122 7:45/111 4:54/117 4:28/249 3:04/31				
+2:58 (11) +47:42 (13) +2:22 (11) +10:50 (12) +3:14 (11) +1:57 (12) +2:12 (10) +0:54 (13)				
13 Linda Hoel	B&OI	<i>(35,52min/km)</i>	1:46:34	(+1:10:12)
16:48 (14) 56:21 (12) 1:01:28 (12) 1:18:47 (12) 1:26:45 (12) 1:35:18 (12) 1:43:40 (13) 1:46:34 (13)				

16:48/119	39:33/93	5:07/121	17:19/122	7:58/111	8:33/117	8:22/249	2:54/31
+13:39 (14)	+31:37 (12)	+1:58 (9)	+10:40 (11)	+3:27 (13)	+5:36 (14)	+6:06 (13)	+0:44 (11)

14 Eva Lund Pedersen **SISO IL** (37,13min/km) **1:51:24** (+1:15:02)

6:10 (12)	1:07:56 (14)	1:13:50 (14)	1:31:20 (14)	1:39:08 (14)	1:43:50 (14)	1:48:29 (14)	1:51:24 (14)
6:10/119	1:01:46/93	5:54/121	17:30/122	7:48/111	4:42/117	4:39/249	2:55/31
+3:01 (12)	+53:50 (14)	+2:45 (12)	+10:51 (13)	+3:17 (12)	+1:45 (10)	+2:23 (11)	+0:45 (12)

Torbjørn H Olsen **B&OI** (14,97min/km) **Disk**

8:16 (13)	44:54 (12)	44:54 (12)	44:54 (11)	44:54 (8)	44:54 (6)	44:54 (5)	44:54 (3)
8:16/119	36:38/31						
+5:07 (13)	+28:42 (12)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

Klasse 2 KM 2,0 km

4 påmeldt, 4 startende 0 premiørt

1 Espen Henriksen **B&OI** (17,54min/km) **35:05** (+0:00)

4:54 (2)	6:59 (1)	13:33 (1)	21:14 (1)	29:07 (1)	32:30 (1)	35:05 (1)	
4:54/57	2:05/122	6:34/111	7:41/120	7:53/117	3:23/249	2:35/31	
+1:45 (2)	+0:00 (1)	+0:29 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	

2 Mats Tetli **B&OI** (20,63min/km) **41:16** (+6:11)

3:09 (1)	8:24 (2)	14:29 (2)	24:27 (2)	33:18 (2)	38:24 (2)	41:16 (2)	
3:09/57	5:15/122	6:05/111	9:58/120	8:51/117	5:06/249	2:52/31	
+0:00 (1)	+3:10 (2)	+0:00 (1)	+2:17 (2)	+0:58 (2)	+1:43 (2)	+0:17 (2)	

3 Joar K Henriksen **B&OI** (39,07min/km) **1:18:09** (+43:04)

26:34 (3)	33:39 (3)	43:14 (3)	54:21 (3)	1:07:23 (3)	1:14:21 (3)	1:18:09 (3)	
26:34/57	7:05/122	9:35/111	11:07/120	13:02/117	6:58/249	3:48/31	
+23:25 (3)	+5:00 (3)	+3:30 (3)	+3:26 (3)	+5:09 (3)	+3:35 (3)	+1:13 (3)	

Sander Pettersen **B&OI** (35,85min/km) **Disk**

15:55 (3)	19:27 (3)	28:04 (3)	48:39 (3)	1:08:56 (4)	1:11:42 (3)	1:11:42 (3)	
15:55/57	3:32/122	8:37/111	20:35/117	20:17/249	2:46/31		
+12:46 (3)	+1:27 (2)	+2:32 (3)	+12:54 (4)	+12:24 (4)	+0:00 (1)	+0:00 (1)	

Klasse 4 KM 4,0 km

19 påmeldt, 19 startende 0 premiørt

1 Lars Reitan **B&OI** (7,63min/km) **30:30** (+0:00)

2:40 (6)	7:43 (2)	14:35 (1)	17:05 (1)	19:47 (1)	25:08 (1)	27:12 (1)	28:44 (1)	30:30 (1)
2:40/57	5:03/93	6:52/100	2:30/105	2:42/107	5:21/111	2:04/117	1:32/249	1:46/31
+1:02 (6)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:11 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)

2 Per Rekkedal **B&OI** (8,08min/km) **32:19** (+1:49)

1:38 (1)	7:15 (1)	15:01 (2)	17:44 (2)	20:15 (2)	25:38 (2)	28:09 (2)	30:21 (2)	32:19 (2)
1:38/57	5:37/93	7:46/100	2:43/105	2:31/107	5:23/111	2:31/117	2:12/249	1:58/31
+0:00 (1)	+0:34 (2)	+0:54 (2)	+0:13 (2)	+0:00 (1)	+0:02 (2)	+0:27 (2)	+0:40 (12)	+0:12 (4)

3 Erling Pedersen **SISO IL** (9,35min/km) **37:24** (+6:54)

2:14 (3)	7:54 (3)	17:14 (3)	20:09 (3)	23:47 (3)	30:47 (4)	33:37 (3)	35:18 (3)	37:24 (3)
2:14/57	5:40/93	9:20/100	2:55/105	3:38/107	7:00/111	2:50/117	1:41/249	2:06/31
+0:36 (3)	+0:37 (3)	+2:28 (8)	+0:25 (8)	+1:07 (10)	+1:39 (8)	+0:46 (6)	+0:09 (2)	+0:20 (7)

4 Ivar Aanerød **B&OI** (9,43min/km) **37:43** (+7:13)

2:49 (9)	10:21 (8)	18:07 (5)	21:04 (6)	23:49 (4)	31:10 (5)	33:59 (6)	35:41 (4)	37:43 (4)
2:49/57	7:32/93	7:46/100	2:57/105	2:45/107	7:21/111	2:49/117	1:42/249	2:02/31
+1:11 (9)	+2:29 (8)	+0:54 (2)	+0:27 (9)	+0:14 (3)	+2:00 (13)	+0:45 (5)	+0:10 (4)	+0:16 (5)

5 Marit Johnsen **B&OI** (9,55min/km) **38:12** (+7:42)

2:10 (2)	8:19 (4)	17:53 (4)	20:54 (4)	23:50 (5)	30:44 (3)	33:49 (4)	35:53 (5)	38:12 (5)
2:10/57	6:09/93	9:34/100	3:01/105	2:56/107	6:54/111	3:05/117	2:04/249	2:19/31
+0:32 (2)	+1:06 (4)	+2:42 (11)	+0:31 (10)	+0:25 (6)	+1:33 (7)	+1:01 (11)	+0:32 (11)	+0:33 (12)

6 Jan Prytz **B&OI** (9,75min/km) **39:00** (+8:30)

2:39 (5)	10:45 (9)	19:41 (9)	22:25 (8)	25:37 (8)	31:33 (7)	34:26 (7)	36:51 (6)	39:00 (6)
2:39/57	8:06/93	8:56/100	2:44/105	3:12/107	5:56/111	2:53/117	2:25/249	2:09/31
+1:01 (5)	+3:03 (10)	+2:04 (6)	+0:14 (4)	+0:41 (8)	+0:35 (3)	+0:49 (7)	+0:53 (13)	+0:23 (10)

7 Gunnar Rabben	Valnesfjord								(9,78min/km)	39:07	(+8:37)
2:44 (8)	10:08 (6)	18:14 (6)	20:57 (5)	24:33 (6)	31:18 (6)	33:58 (5)	37:15 (7)	39:07 (7)			
2:44/57	7:24/93	8:06/100	2:43/105	3:36/107	6:45/111	2:40/117	3:17/249	1:52/31			
+1:06 (8)	+2:21 (7)	+1:14 (4)	+0:13 (2)	+1:05 (9)	+1:24 (5)	+0:36 (3)	+1:45 (17)	+0:06 (2)			
8 Pål Lagestad	B&OI								(9,88min/km)	39:32	(+9:02)
2:40 (6)	10:18 (7)	19:36 (8)	22:23 (7)	25:16 (7)	32:36 (8)	35:40 (8)	37:36 (8)	39:32 (8)			
2:40/57	7:38/93	9:18/100	2:47/105	2:53/107	7:20/111	3:04/117	1:56/249	1:56/31			
+1:02 (6)	+2:35 (9)	+2:26 (7)	+0:17 (5)	+0:22 (5)	+1:59 (11)	+1:00 (10)	+0:24 (9)	+0:10 (3)			
9 Jens Viggo Limstand	B&OI								(10,33min/km)	41:19	(+10:49)
3:22 (11)	9:42 (5)	19:23 (7)	22:34 (9)	26:30 (9)	34:02 (9)	37:07 (9)	38:55 (9)	41:19 (9)			
3:22/57	6:20/93	9:41/100	3:11/105	3:56/107	7:32/111	3:05/117	1:48/249	2:24/31			
+1:44 (11)	+1:17 (5)	+2:49 (12)	+0:41 (11)	+1:25 (11)	+2:11 (14)	+1:01 (11)	+0:16 (6)	+0:38 (14)			
10 Vebjørn Rånes	B&OI								(10,52min/km)	42:04	(+11:34)
5:16 (16)	11:59 (10)	21:22 (10)	24:44 (10)	27:34 (10)	34:27 (10)	37:28 (10)	39:29 (10)	42:04 (10)			
5:16/57	6:43/93	9:23/100	3:22/105	2:50/107	6:53/111	3:01/117	2:01/249	2:35/31			
+3:38 (16)	+1:40 (6)	+2:31 (9)	+0:52 (14)	+0:19 (4)	+1:32 (6)	+0:57 (9)	+0:29 (10)	+0:49 (16)			
11 Leif Magne Eggestad	B&OI								(10,81min/km)	43:14	(+12:44)
2:29 (4)	14:51 (14)	23:33 (12)	26:22 (12)	29:22 (11)	36:33 (11)	39:18 (11)	40:59 (11)	43:14 (11)			
2:29/57	12:22/93	8:42/100	2:49/105	3:00/107	7:11/111	2:45/117	1:41/249	2:15/31			
+0:51 (4)	+7:19 (16)	+1:50 (5)	+0:19 (7)	+0:29 (7)	+1:50 (9)	+0:41 (4)	+0:09 (2)	+0:29 (11)			
12 Carl B. Bjørseth	B&OI								(11,10min/km)	44:23	(+13:53)
4:41 (14)	13:00 (11)	22:30 (11)	25:48 (11)	29:48 (12)	37:07 (12)	40:03 (12)	41:54 (12)	44:23 (12)			
4:41/57	8:19/93	9:30/100	3:18/105	4:00/107	7:19/111	2:56/117	1:51/249	2:29/31			
+3:03 (14)	+3:16 (12)	+2:38 (10)	+0:48 (13)	+1:29 (13)	+1:58 (10)	+0:52 (8)	+0:19 (7)	+0:43 (15)			
13 Per Dalhaug	B&OI								(12,66min/km)	50:39	(+20:09)
7:14 (18)	19:15 (16)	29:09 (16)	32:51 (16)	36:48 (16)	43:29 (16)	46:47 (16)	48:32 (14)	50:39 (13)			
7:14/57	12:01/93	9:54/100	3:42/105	3:57/107	6:41/111	3:18/117	1:45/249	2:07/31			
+5:36 (18)	+6:58 (15)	+3:02 (13)	+1:12 (16)	+1:26 (12)	+1:20 (4)	+1:14 (13)	+0:13 (5)	+0:21 (8)			
14 Geir Moen	B&OI								(12,69min/km)	50:46	(+20:16)
3:53 (12)	14:47 (13)	26:36 (14)	30:22 (15)	34:24 (14)	41:58 (14)	45:42 (14)	48:24 (13)	50:46 (14)			
3:53/57	10:54/93	11:49/100	3:46/105	4:02/107	7:34/111	3:44/117	2:42/249	2:22/31			
+2:15 (12)	+5:51 (14)	+4:57 (15)	+1:16 (17)	+1:31 (14)	+2:13 (15)	+1:40 (15)	+1:10 (15)	+0:36 (13)			
15 Jon Helge Heitman	B&OI								(12,71min/km)	50:50	(+20:20)
3:56 (13)	14:05 (12)	26:20 (13)	29:31 (13)	33:46 (13)	41:39 (13)	45:32 (13)	48:43 (15)	50:50 (15)			
3:56/57	10:09/93	12:15/100	3:11/105	4:15/107	7:53/111	3:53/117	3:11/249	2:07/31			
+2:18 (13)	+5:06 (13)	+5:23 (16)	+0:41 (11)	+1:44 (15)	+2:32 (17)	+1:49 (16)	+1:39 (16)	+0:21 (8)			
16 Eli Astrid Ryen	B&OI								(13,23min/km)	52:56	(+22:26)
8:10 (19)	16:28 (15)	27:12 (15)	30:00 (14)	34:40 (15)	42:00 (15)	46:18 (15)	50:53 (16)	52:56 (16)			
8:10/57	8:18/93	10:44/100	2:48/105	4:40/107	7:20/111	4:18/117	4:35/249	2:03/31			
+6:32 (19)	+3:15 (11)	+3:52 (14)	+0:18 (6)	+2:09 (17)	+1:59 (11)	+2:14 (18)	+3:03 (19)	+0:17 (6)			
17 Dag Skogan	Valnesfjord								(15,22min/km)	1:00:52	(+30:22)
3:12 (10)	24:27 (18)	37:21 (17)	40:48 (17)	45:07 (17)	52:54 (17)	56:19 (17)	58:13 (17)	1:00:52 (17)			
3:12/57	21:15/93	12:54/100	3:27/105	4:19/107	7:47/111	3:25/117	1:54/249	2:39/31			
+1:34 (10)	+16:12 (18)	+6:02 (17)	+0:57 (15)	+1:48 (16)	+2:26 (16)	+1:21 (14)	+0:22 (8)	+0:53 (17)			
18 Odd-Ivar Søvik	B&OI								(20,50min/km)	1:22:00	(+51:30)
5:57 (17)	27:21 (19)	50:39 (19)	54:30 (19)	1:02:30 (19)	1:12:01 (18)	1:16:08 (18)	1:18:39 (18)	1:22:00 (18)			
5:57/57	21:24/93	23:18/100	3:51/105	8:00/107	9:31/111	4:07/117	2:31/249	3:21/31			
+4:19 (17)	+16:21 (19)	+16:26 (19)	+1:21 (18)	+5:29 (19)	+4:10 (18)	+2:03 (17)	+0:59 (14)	+1:35 (18)			
19 Ragni Stokkland	B&OI								(22,47min/km)	1:29:53	(+59:23)
5:11 (15)	22:30 (17)	39:36 (18)	46:19 (18)	53:05 (18)	1:16:23 (19)	1:22:21 (19)	1:25:44 (19)	1:29:53 (19)			
5:11/57	17:19/93	17:06/100	6:43/105	6:46/107	23:18/111	5:58/117	3:23/249	4:09/31			
+3:33 (15)	+12:16 (17)	+10:14 (18)	+4:13 (19)	+4:15 (18)	+17:57 (19)	+3:54 (19)	+1:51 (18)	+2:23 (19)			

Klasse 6 KM 6,0 km

5 påmeldt, 5 startende 0 premiert

1 Håvard Berg	B&OI								(7,49min/km)	44:56	(+0:00)
----------------------	-----------------	--	--	--	--	--	--	--	---------------------	--------------	----------------

1:59 (1)	7:05 (1)	16:49 (1)	18:10 (1)	22:02 (1)	27:34 (1)	30:24 (1)	38:00 (1)	39:29 (1)	41:38 (1)
1:59/119	5:06/93	9:44/54	1:21/123	3:52/124	5:32/125	2:50/60	7:36/120	1:29/111	2:09/117
+0:00 (1)	+0:04 (2)	+0:00 (1)	+0:03 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+1:07 (2)	+0:11 (2)	+0:13 (2)
43:07 (1)	44:56 (1)								
1:29/249	1:49/31								
+0:01 (2)	+0:00 (1)								

2 Magnus Wingan Wold				B&OI		<i>(7,84min/km)</i>		47:01	(+2:05)
2:13 (2)	7:59 (3)	18:56 (2)	20:14 (2)	24:09 (2)	30:26 (2)	34:00 (2)	40:29 (2)	41:47 (2)	43:43 (2)
2:13/119	5:46/93	10:57/54	1:18/123	3:55/124	6:17/125	3:34/60	6:29/120	1:18/111	1:56/117
+0:14 (2)	+0:44 (3)	+1:13 (2)	+0:00 (1)	+0:03 (2)	+0:45 (3)	+0:44 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)
45:11 (2)	47:01 (2)								
1:28/249	1:50/31								
+0:00 (1)	+0:01 (2)								

3 Lena Pedersen				SISO IL		<i>(10,15min/km)</i>		1:00:53	(+15:57)
2:58 (4)	9:01 (4)	21:57 (4)	23:36 (4)	29:02 (4)	39:57 (4)	43:49 (4)	52:25 (4)	54:15 (3)	57:10 (3)
2:58/119	6:03/93	12:56/54	1:39/123	5:26/124	10:55/125	3:52/60	8:36/120	1:50/111	2:55/117
+0:59 (4)	+1:01 (4)	+3:12 (3)	+0:21 (3)	+1:34 (3)	+5:23 (4)	+1:02 (3)	+2:07 (3)	+0:32 (3)	+0:59 (3)
58:43 (3)	1:00:53 (3)								
1:33/249	2:10/31								
+0:05 (3)	+0:21 (4)								

4 Arnfinn Ryen				B&OI		<i>(10,38min/km)</i>		1:02:18	(+17:22)
2:13 (2)	7:15 (2)	20:45 (3)	22:32 (3)	28:55 (3)	35:00 (3)	40:08 (3)	50:55 (3)	54:51 (4)	58:39 (4)
2:13/119	5:02/93	13:30/54	1:47/123	6:23/124	6:05/125	5:08/60	10:47/120	3:56/111	3:48/117
+0:14 (2)	+0:00 (1)	+3:46 (4)	+0:29 (4)	+2:31 (4)	+0:33 (2)	+2:18 (4)	+4:18 (4)	+2:38 (4)	+1:52 (4)
1:00:26 (4)	1:02:18 (4)								
1:47/249	1:52/31								
+0:19 (4)	+0:03 (3)								

Arild Hegreberg				B&OI		<i>(7,64min/km)</i>		Disk	
1:45 (1)	6:22 (1)	15:53 (1)	17:16 (1)	21:19 (1)	26:37 (1)	29:25 (1)	40:47 (3)	42:44 (3)	44:05 (3)
1:45/119	4:37/93	9:31/54	1:23/123	4:03/124	5:18/125	2:48/60	11:22/111	1:57/117	1:21/249
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:05 (3)	+0:11 (3)	+0:00 (1)	+0:00 (1)	+4:53 (5)	+0:39 (4)	+0:00 (1)
45:51 (3)	45:51 (2)								
1:46/31									
+0:18 (4)	+0:00 (1)								

Klasse Nybegynner 1,5 km

2 påmeldt, 2 startende 0 premiert

1 Tobias Johnsen				B&OI		<i>(17,84min/km)</i>		26:46	(+0:00)
1:28 (1)	4:06 (1)	5:41 (1)	8:20 (1)	9:55 (1)	15:22 (1)	20:31 (1)	22:47 (1)	25:16 (1)	26:46 (1)
1:28/40	2:38/55	1:35/56	2:39/58	1:35/59	5:27/249	5:09/52	2:16/61	2:29/62	1:30/31
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+2:18 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
2 Tore Wingan Wold				B&OI		<i>(26,02min/km)</i>		39:02	(+12:16)
1:56 (2)	5:48 (2)	11:01 (2)	16:46 (2)	20:08 (2)	23:17 (2)	28:30 (2)	32:34 (2)	35:24 (2)	39:02 (2)
1:56/40	3:52/55	5:13/56	5:45/58	3:22/59	3:09/249	5:13/52	4:04/61	2:50/62	3:38/31
+0:28 (2)	+1:14 (2)	+3:38 (2)	+3:06 (2)	+1:47 (2)	+0:00 (1)	+0:04 (2)	+1:48 (2)	+0:21 (2)	+2:08 (2)